

The Chronicle



CELEBRATING 24 YEARS

January 2024 • Issue 290 yourspanishlife.com

FREE

Happy New Year!



A Life in **SPAIN**.COM

Now includes A Life in Spain magazine from page 43

GET THE BEST OF BOTH WORLDS

Live in Spain and work in the UK as a high quality, live-in carer.

Call Melanie Jay on 0034 711060615
or email m.jay@consultuscare.com for more information
Visit our website www.consultuscare.com




Filbees Insurance

Expat Insurance Spain

CAR - HOME - LIFE - HEALTH

+34 669 075 157



See our advert on page 25 636 050 008




Car Registrations Spain

Do you have a Foreign Registered Vehicle?
If so, we are specialist Importers of all foreign vehicles.
Call us or see our full ad on page 5

Spain: 711 001 721 UK: 02380 200 706

info@car-registrations-spain.com www.car-registrations-spain.com

 **Kevin's Fly Screens & Aluminium Services** 

Bespoke, quality, hand-made, Aluminium Flyscreens.
Aluminium Windows, Doors, Gates, Roofing & Fencing

Telephone or WhatsApp: 650 662 579



Spainindinavia.com

Real Estate Agent / Holiday Rentals

info@spaindinavia.com or +34 643 414 663

DEAR READERS

Happy New Year! Here we are in 2024 and The Chronicle is now 24 years old! We'd like to kick off the year with a few announcements:

1. We'd like to shine a light on our founders, Patti and Bob and collectively wish them a prosperous 2024!

2. News Flash!!! You will see that we have now merged with a new magazine. This move will enable The Chronicle Media Group to grow both in print and online and we're excited about this new development. From page 43 you can now read all about A Life in Spain!

3. Don't forget to re-cycle your Christmas cards (or any other cards you may have saved throughout the year). The recycling points in Mazarrón area are at the Correos and Best Wishes (both at Camposol B), Post Room Sector A Camposol and Noah's

Arc in Pto de Mazarrón. It saves them from going to landfill and are recycled by craft groups and charities.

4. "Following the retirement of Phil and Sue after many years of successfully running Healthy H2O, we're delighted to congratulate the new owners, Tom & Louise, on their new venture and wish them many years of continued success and welcome them to The Chronicle."

5. Finally, our new year's resolution is to be better than last year. What's yours?

That's all for now. Wishing you all the best for the New Year as we look forward to what's in store for 2024!

All the best,
Oz and Laura!

**THANK YOU
TO OUR
CONTRIBUTORS**

**Adrian & Dawn
Leyland Bridge -
History Snippets**

**Shaun Matthews
- Camposol
Explorers**

**Dave A - Dave's
Travels**

**Ashlí Miréla -
Vava Health &
Wellness**



Camposol Property Sales
We hold the key to your future

With us having an exceptional 2023 in sales we are requiring further properties, whether you are new to the market or just wish to add another agent contact us to make 2024 your year to move on!!

Call office on 614 144 719

**info@camposolpropertysales.com
www.camposolpropertysales.com**



Mazarrón, Almeria, Torre Vieja, Albox, Balsicas, Malaga - A Spa for Every budget

EUROSPAS

Find us inside Amber Pools, Camposol
Quality Hot Tubs and Swim Spas

The longest established Spa specialist in this part of Spain
NO DEPOSIT, PAYMENT ON COMPLETION & SATISFACTION

We supply chemicals, filters, and spare parts for all makes of spas.

All our Spas are CE certified We deliver anywhere in Spain



Renew



Relax



Refresh

SPECIAL OFFER ON THESE 3 MODELS - 4950€

**Due to increases in fuel/delivery costs,
please contact us for updated prices**

**Have you considered a reconditioned spa?
We have good quality reconditioned spas available**



**We will buy, move or part
exchange your old Spa**



Call us to find out our "deal of the month"

650 722 905 or 674 694 558

www.eurospas1.com

email: eurospas@gmail.com



CONTENTS PAGE

Charity

Andrea's Animal Rescue & The Henrietta Foundation	16
Cavalli Foundation	20
Cruz Azul Murcia Para Mascotas	75
Forget Me Not	31
Friends of Mazarrón Animals	40
Helping Hands	42
Helping The Perrera Dogs	38
MABS Mazarrón	41
Making a Difference	10
MAMAS	22
Naoh's A.R.C. Animal Rescue	78
P.A.P.S	28
Paws Patas	24
Samaritans in Spain	69

Entertainment

Camposol Country and Western	6
The Harlequin Rock Choir	65

Finance

Financial Advice	6
------------------	---

Food and Drinks

Recipes	68
---------	----

Groups

ADAPT	24
B Clean' Gardening Group	14
Camposol 2025	20
Camposol C Green Fingers Gardening Group	8
Camposol D	38
Ladies' Chatterbox	12
Los Bandidos	74
Puerto de Mazarrón Ladies' Circle	34

Health and Beauty

4 New Year's resolutions	32
Vava Health & Wellness	33

Information

Advertisers' Directory	76-77
Contact Us	4
Contributors	2
Dear Readers	2
Forthcoming Events at the IFEPA	12
History Snippets	16
Price List	4

Leisure

Camposol Explorers	36
Dave's Travels	10
WARM	18

Religion

Did You Know?	75
Living Water Church Mojácar	8
Mass in English	78
Salt Church Mar Menor	26
The Rockin' Vicar	22
Wellspring Victory Church	30

Special pages

A Life in Spain	43-62
Food and Drink	68
Health and Beauty Section	32-33
Sports & Leisure Section	70-74
What's On	64-67

Sports

Camposol Golf Association	72
Drone Seekers International	70
Fuente Old Guard Golf Society	70
Los Amigos de Mazarrón	73
SAMM Sailing Association Mar Menor	71
Straight Down the Middle Golf Society	71

CONTACT US

Sales & Marketing - 619 199 407
Eva - Sales Representative

- 651 659 109
costacalidachronicle@gmail.com

Martine Shindler - Office Manager
& Customer Services

- 680 588 377

costacalidachronicle@gmail.com
www.yourspanishlife.com

Payments can be made:

In our Post Box (**Number 324**) which is located in Best Wishes, Camposol B. Their opening hours are 9am-5.30pm Monday to Friday, 9am-4pm on Saturday and 9.30am-1.30pm on Sundays (times may vary for public and local holidays). Please put your payment in an envelope with your name and the amount included on the front of the envelope. Once we have collected we will send you a receipt.

If you would like to place an advert or write an article to be included in The Chronicle, then please send it to us costacalidachronicle@gmail.com

To our advertisers.

If you have sent an email to The Chronicle and NOT received any acknowledgement then you can assume that we have not received it.

In line with our customer service policy we always reply to every email even if it is just a short note to say "got it".



Find us on Facebook

Your Spanish Life

Price List - All Prices are excluding IVA

	Full Page	Half Page	Quarter Page	Medium	Small	Business Card
Size of advert	19cm wide x 26,5 cm high	19cm wide x 13,1cm high	9,3cm wide x 13,1cm high	12,6cm wide x 8,7cm high or 6,25 wide x 17,5 cm high	6,25cm wide x 8,7cm high	9,3cm wide x 5cm high
Full Colour	250,00€	135,00€	85,00€	75,00€	45,00€	40,00€

To advertise with us contact Sales on 619 199 407 or email us on costacalidachronicle@gmail.com

DISCLAIMER

Whilst the CCC are happy to accept monthly reports from the various organizations in the area, the articles printed are not necessarily the opinions of the editor or publisher and the contents should be viewed as a guideline only. Professional advice should be sought to cover any information printed therein. Advertisements and reports are not formally endorsed by the CCC. We cannot accept responsibility for advertisers' works, service or goods. The publishers endeavour to ensure the contents are correct, but cannot accept responsibility for the effects of errors or omissions.





Need to import your Foreign Registered Vehicle into Spain?

We are specialists in all aspects of vehicle importation and can provide you with a low cost, professional, and quick service

We'll Provide you with:

- Fully Managed Process
- Headlight Realignment
- Spanish Registration Documentation
- Import Tax Paid
- Road Tax / SUMA paid
- New Spanish Registration Plates

Free Quotation Available

Spain: 711 001 721

UK: 02380 200 706

info@car-registrations-spain.com

www.car-registrations-spain.com

HEADLAMP REALIGNMENT SPECIALISTS



We are Europe's Headlight Realignment Specialists

Need new LHD headlights? Call us 868 990 576

Calle Severo Ochoa 21, A - Polígono Los Alcázares, Murcia 30710



ENTERTAINMENT

CAMPOSOL COUNTRY AND WESTERN

Email: tapeb2205@gmail.com



Hello to all our **Country & Western** fans. Hope you all had a great **Christmas** and are looking forward to the **New Year**.

Our December **dance** was a great success with the guest singer Micky Bronson entertaining us and we will try & get him back some time this year.



Also, we must say a welcome back

to our German friends - it's nice to see you back at Camposol again.

Our next **dance** is on January 25th so come along & enjoy the music or even do some **line dancing**.

Here's hoping for a great 2024.

Brian

FINANCE



Financial Advice

Tel: 657 684 094

keith.littlewood@blacktowerfm.com
website: www.blacktowerfm.com

Get your finances up to date in 2024!

If you want to ensure you have a prosperous **New Year**, then read on:

Next year, **Blacktower** will be conducting workshops in the Costa Cálida area on the following subjects:

Finances and Taxes - UK v Spain

Asset Declaration and the Modelo 720 - how to avoid fines and pitfalls

Common Reporting Standards - what information will the Spanish authorities now have on you?

Investing tax efficiently in Spain - what next for people holding ISAs PEPs TESSAs and National Savings in the UK?

Pensions - should you transfer pension funds or not?
Getting the best returns from your



investments

If you wish to get up to date and find out how you could be affected by any of the topics above, contact me today to reserve your place at your local workshop. Alternatively, you can book an individual appointment to have a free initial consultation about your own personal circumstances.

In today's financial climate it is essential you do everything you can to make sure your money is safe and secure so that you can make your future aspirations a

reality.

The local **Blacktower** office address is:

120 Avenida Dr. Artero Guirao 2C, San Pedro Del Pinatar, 30740, Murcia, Spain. Our office suite is easy to find on the main N332 through road of San Pedro del Pinatar with easy parking.

If you want more information or wish to make an appointment to discuss your own situation, then contact us via email, telephone or whatsapp or visit our website

Blacktower Insurance Agents and Advisors Limited is authorised and regulated by the Cyprus Insurance Companies Control Service (ICCS) under Licence number 5101. Blacktower Financial Management (Cyprus) Limited is licensed and regulated by the Cyprus Securities & Exchange Commission ("CySEC") with Licence number 386/20.

JARDINERÍA EL MILAGRO
Tel: 610 949 595
www.jardineriaelmilagro.es

5% discount with this advert

- * Sale of plants and accessories
- * Garden care & maintenance (incl pruning)
- * Building

SEND YOUR ORDERS BY FACEBOOK OR WHATSAPP

-Multiservicios -
COMPLETE ELECTRICAL SERVICE
618 783 709

PROFESSIONAL SERVICES:

- INSTALLATION OF BOSCH AIR-CONDITIONING
- PLUMBER
- ELECTRICIAN



PALSOLICITORS

SOLICITOR & LAWYER RECHTSANWALT INTERPRETERS

Conveyancing

Inheritance and Spanish Wills

Property Taxes: Resident & Non Resident

NIE/Residencia

Contracts, Litigation & Court Matters

Multi Language Office: English
French German Dutch Scandinavian

Open: 9am to 3pm - Monday to Friday

Avenida Doctor Meca No 88,
30860, Puerto de Mazarrón,
Murcia. Latitude 37.56945,
Longitude 1.26283

Dutch, French and German

E-mail: info-mazarron@palsolicitor.com



Avenida Doctor Meca No 107
Local 11, (Mercadona Centre)
Puerto de Mazarrón, Murcia.
Latitude 37.57176,
Longitude: 1.26629

English and Scandinavian

Direct Line (0034) 968 595 826
Direct Fax (0034) 968 595 827

Living in Spain?

Speak to our local adviser who can help you with:

- UK and International pension transfers and switches
- Retirement wealth portfolios
- Invest tax efficiently in Spain

Keith Littlewood | Costa Calida | Almeria
keith.littlewood@blacktowerfm.com | Tel: +34 657 684 094
120, Avenida Dr. Artero Guirao 2C, San Pedro del Pinatar, 3070 Murcia



BLACKTOWER
FINANCIAL MANAGEMENT

Blacktower Insurance Agents and Advisers Limited is authorised and regulated by the Spanish Insurance Companies Control Service (CCS) under License number 5103.
Blacktower Financial Management (Spain) Limited is licensed and regulated by the Spanish Securities & Exchange Commission (CNV) with License number 38620.



GROUPS  **Camposol C Green Fingers Gardening Group** 
www.greenfingersgardenandsocialgroup.com

The cooler weather, and festive celebrations did not deter the **Green Fingers** maintenance team and volunteers from doing their weekly upkeep. The last four weeks has seen them do much pruning along the dual carriage-way as well as weeding some of the larger open spaces.

On Thursday 14th December they had a double celebration at Cat's Bar - a **Christmas Dinner** and an 80th birthday for our President, John Osborne.

John took time out from his celebrations to present 300€ to Lesley Anderson of the Murcian Branch



John Osborne, Green Fingers President, presenting Lesley Anderson of the Royal British Legion with the money donated for the remembrance crosses

of the **Royal British Legion**. This was the money kindly donated for the crosses that were displayed in the Remembrance Memorial Garden.



The **Green Fingers** committee, maintenance team and volunteers would like to thank everyone for their support last year and to wish you all a happy and prosperous 2024.

RELIGION *Living Water Church Mojácar* www.facebook.com/LivingWaterChurchMojacar
www.livingwaterchurchmojacar.com

A personal relationship with Jesus

A personal relationship with **Jesus** is the most important relationship a person can have on earth. A relationship with **Jesus** results in a new life and leads us into a new future. A future with his forgiveness; a place where **Jesus** wraps us up within his protection of forgiveness. We then forever have the presence of the Holy Spirit living within us, as our eternal guide.

Jesus already has a future waiting for us. A perfect body is available and a home with Him in heaven. For this, we need to establish a relationship with **Jesus**. This is not difficult, it is almost too

simple for us to understand, because of its simplicity.

Jesus came to seek and to save the lost. He has issued an invitation – it is here now, ready and waiting for you. In Matthew 11:28 it says *"Come to me, all you who are weary and burdened, and I will give you rest."*

He has called for our trust in Him and in His cross. He has already spoken about us to His father in heaven. **Jesus** wants to speak to us all personally as friends right now. **Jesus** is certainly waiting for our friendship and wants to have a close relationship with us all.

Are we ready and willing to accept Him? Are we ready to accept

Jesus's 'get out of jail' card? He has already done our time behind bars for us, so that we do not have to do this ourselves. His card is a card we can show to anyone, anytime we find ourselves falling short. His 'get out of jail' card does not have a 'best before' date.

In Hebrews 13:8 it talks about **Jesus** being the same today as He was yesterday and He will be the same tomorrow as He is today. He is ahead of us for all our tomorrows with the same forgiveness. He is ready and available to be our eternal, forever ready saviour and friend.

Dave McInerney

One of the longest established Pool Service companies in the area

Köhn

for all your pool requirements **Pool Service**

CLEANING • MAINTENANCE • REPAIRS • CONSTRUCTION

Professional, Reliable, Legal & Insured!

info@koehnpoolservice.com We Speak... 

t: 626 684 979

SPANISH NUMBER PLATES

For re-registration of cars, motorbikes & motor homes. Also the transfer of ownership of Spanish registered vehicles

Contact Leigh Blann

Mobile: 671 608 503

Who, after re-registering over 2000 vehicles, will put you on the right side of the road.

www.spanish-number-plates.com
info@spanish-number-plates.com



SELL YOUR PROPERTY WITH US!



**SELL YOUR PROPERTY FOR
ONLY 1.000€, JOIN THE
LARGEST AGENT!**

**NO SALE
NO FEE!!!**

**LOOKING TO SELL
YOUR PROPERTY
ON
CAMPOSOL OR
MAZARRON
COUNTRY CLUB?
ONLY 1.000€ FOR
ANY PROPERTY
LISTED BEFORE
THE END OF THE
YEAR!**

CONTACT US TODAY ON

TEL: 968 59 56 84 OR 661 551 550

EMAIL: INFO@BLUEMEDINVEST.COM

WWW.BLUEMEDINVEST.COM



CHARITY

Making a Difference

TEL 603 389 006



A new year has begun and with the help from our supporters we anticipate to be able to continue to help people in our area. Last year we were able to make donations to the tune of 23,000€, which has made a real difference to many people less fortunate in our area for the **charities** and schools and it has been a privilege for us to help.

Last month we made the donation of 2,000€ to **ASPADEM**, a Spanish charity for children and young adults with various disabilities and learning difficulties. This took place at their Social Centre in Pto de Mazarrón.

We have been donating to their cause for a number of years now



and in return twice a year the volunteers invite our volunteers for a meal, prepared by them with true Spanish hospitality and it is always a wonderful experience

with beautiful food (see photo). It is their way of thanking us for our support which of course it is our privilege to do.

The shop will re-open on 2nd January after the **Christmas** break and the van will be at Camposol Sector A Commercial Centre that day for any donations of small items you are able to donate to our cause.

If you have any larger items that you would like to donate please call us and we can arrange to collect from your home.

Many thanks for your continued support enabling us to **Make A Difference** to many families in our area.

LEISURE

Dave's Travels

DAVE'S TRAVELS – PART 1

It's four in the morning and the big male lion I've been listening to for the last two hours finally arrives in camp and flops down against the side of our tent, my side! For the next 40 minutes until the lion casually moved on, I couldn't believe how loud a heartbeat sounded.

This was just one of many incredible experiences we encountered during our travels in **Africa**.

Inspired by Sir David Attenborough's nature documentaries, I had dreamed of visiting **Africa**, but on a modest salary and with a safari being expensive it was just that, a dream. Then along came Freddie Laker founder of Airtours in the '80's.

After a couple of years they offered an affordable safari holiday to Kenya. We did the



sums and decided that, despite high mortgage rates, if we worked all available overtime we might be able to afford their cheapest trip, which was in the rainy season.

Ten months later, in 1990 and after 14 hours crammed like sardines in a plane we touched down in **Mombassa** on the Kenyan coast. We were shattered, it was lashing down and extremely humid, the terminal building leaked like a sieve and getting through customs took an age. But by the time we arrived, drenched, at the coach for our onward journey, I was absolutely hooked.

The coastal road to our hotel on

Diani Beach, south of **Mombassa**, consisted of dozens of flooded potholes, giving a very bumpy ride. Ninety minutes later we arrived at the hotel, checked in and turned in for a couple of hours much needed sleep.



We spent another full day here before boarding the "Lunatic Express", appropriately named because of the route it took and the number of people who died building it, including over 400 killed by lions. Our overnight journey ended in Nairobi from where we would travel by road to the **Masai Mara** to begin our safari.

Part 2 next month



POLIGONO INDUSTRIAL LAS MAROMAS, CALLE REINO, UNIDO 19, NAVE 3, ALMORADI 03160 ALICANTE

C & G FABRICATIONS

ESTABLISHED 2004

TOP QUALITY UPVC WINDOWS, DOORS, CONSERVATORIES

ALL BUILT TO EUROPEAN STANDARDS USING QUALITY EUROPEAN PROFILES

WE WILL NOT BE BEATEN ON PRICE OR LEAD TIME FOR LIKE PRODUCTS. CALL US NOW FOR QUOTATIONS ON UPVC WINDOWS, COMPOSITE DOORS, WINDOWS AND CONSERVATORIES. MANUFACTURED HERE IN SPAIN FOR THE UNUSUAL CLIMATE.

Security is a must in this day and age, due to the increase of break-ins through inferior locking points on both windows and doors. Other than conservatories we also manufacture TB & TB, Casement and sliding windows, Operable and french doors, Open in balcony doors, Sliding patio doors, Open in or out Sliding and Swing doors, Persiana blinds, Mallorca shutters and mosquito nets.

CHECK OUT OUR AMAZING OFFERS FOR NEW YEAR INSTALLATIONS

- ✓ Composite doors
- ✓ Make a saving on instant orders
- ✓ High security 7 point locking (shout built top and bottom, 2 x hook bolts, 2 x compression points - dead bolt (lock back) with security longer
- ✓ High security reinforced panels
- ✓ Fully reinforced on all locking points to into steel
- ✓ Internally loaded
- ✓ 70mm DECEUNORCK European profile one of the world's leading UPVC systems
- ✓ Decorative sight lines
- ✓ Discount neutral grey seats (NOT BLACK, black handles and against white)
- ✓ Thermal performance 3 chamber system less than 1.810 value
- ✓ Secure by design door locks
- ✓ Tested in Spanish RENOR test centres for all the elements of the Spanish weather
- ✓ Comprehensive guarantee against discoloration, tracking, warping
- ✓ 100's more designs available

VISIT OUR NEW WEBSITE FOR ALL INFORMATION
www.candgfabricationses.com
To obtain details of our current offers and to arrange your **FREE** estimate and survey telephone

966764730 or 667689587
enquiries@candgfabricationses.com

WE ARE NOW OPEN Monday - Friday 10am-4pm
WE LOOK FORWARD TO SEEING YOU SOON.

FULLY REGISTERED SPANISH COMPANY MANUFACTURING AND INSTALLING ON THE COSTA BLANCA
ALL TRADE ENQUIRIES WELCOME

AirPark Murcia & Alicante Telephone 618 806 989

P

New facility at Elche Alicante
Just 6 minutes from main airport terminal

Short Term and Long Term Parking at RMU Corvera Airport and Alicante Airport
Providing both Internal and External Parking for both short term and long term reservations.

Meet and greet service right outside the main terminal building, situated just 3 kms away from our secure storage areas.

Also providing other main services such as Servicing, Repairs, ITVs and Valets whilst you are away.

Prices start at just 35€ per week or just 285€ per year.
Call us now on 618 806 989 to reserve your place.

Find more information at www.airparkmurcia.com
or call us anytime on **618 806 989.**
Email: sales@airparkmurcia.com
WE LOOK FORWARD TO MEETING YOU !

TJ Electricals est. 2010

euironics Camposol B

14th WOW! Year

Heated Under & Over Blankets in Stock

Portable Gas Heaters NOW IN

"it's all about the service"

f-gas register

tjelectricalscamposol@gmail.com
868 181 121

f



GROUPS

Ladies' Chatterbox

Email: onlyforsue23@gmail.com



WOW it's January 2024,
Happy **New** **Year.**

Now it's time to turn to all things new but just before..... I thought it would be nice to have a quick catch up.

At our final meeting of 2023 we were entertained by the Ukelele Band who were amazing, they had our ladies singing and jigging to lots of easily recognisable songs.

It was then time to sparkle at



our **Christmas Party**, which was a first for us at a new venue - Los Balcones. Well, it was absolutely fabulous, **great food, entertainment** and of course the best company.



So til next time, keep happy, stay healthy and be kind - no cost but such huge rewards.

Sue x

INFORMATION

Forthcoming Events at the IFEPA, Torre Pacheco

In January, **IFEPA** becomes the capital of caravanning and free time in Levante.

With only four years, the **Levante Caravanning and Leisure Show** has positioned itself as one of the sector's unmissable events in Spain, with more than 50 exhibitors and 20,000 metres of exhibition, aimed at professionals and nature lovers.

Between January 18th and 21st, 2024, the **IV Levante Caravanning and Free Time Show** will be held at the Palace of Fairs and Exhibitions of the Region of Murcia - **IFEPA**, in which the main new developments in motorhomes will be shown, as well as caravans and campers. In the same space you can find the main brands of a sector that is booming and which has an increasing number of followers.

Four days in which **IFEPA** (located in the town of Torre Pacheco) becomes a must-see event for professionals and enthusiasts of the sector, where the main brands on the market will bring great offers, both for sale and rental.

"Despite being a young show, this event dedicated to lovers



of travel and life in nature has managed to position itself as one of the most important events nationwide, thanks to the very positive response from the public, which was 16,000 people in the last edition, as well as companies and professionals. Without a doubt, we are very satisfied with the evolution it is having, and this year we are betting that this upward trend will continue," declares Antonio Miras, general director of **IFEPA**.

Among the exhibitors, you can find representatives of different campsites, coming from various parts of the country, who will offer a wide range of accommodation. Added to all this is an important shopping gallery with complements and accessories, along with a 'gastrovaning' area where you can enjoy several food trucks and a wide variety of gastronomic options.

In addition, it highlights a space for presentations that will allow sharing experiences with other travellers and professionals in the sector. And attendees will be able to participate in a raffle for camping accessories courtesy of the Vida Campista company, as well as adventure activities and exhibitions, among other surprises, which will be aimed at both adults and families.

"As it could not be otherwise, we want visitors to feel at home, so **IFEPA** provides parking for visitors who decide to attend the fair and spend the night in their caravan or motorhome. Those who are interested must reserve their place through the website www.ifeпа.es/caravanning," says Miras.

The fair's schedule will be uninterrupted: Thursdays between 10.30am-8pm, Friday and Saturday between 10.30am and 8.30pm and on Sunday between 10.30am and 7pm. Advance entry, which costs 4€ until the day before the start of the event, can be purchased online on the website www.ifeпа.es/caravanning.

More information at www.ifeпа.es





XERXES

TAX AND LAW

YOUR TAX AND LAW FIRM

☎

0034 968 006 087
0034 868 283 993

✉

info@xerxeslaw.com

🌐

www.xerxeslaw.com

**TAX
CONVEYANCING
WILLS & INHERITANCE
LITIGATION
ACCOUNTING & BUSINESS SET-UP
RENTAL REGISTRATION
NIE & RESIDENCIA**

In association with
CUELLO ABOGADOS

CUELLO
ABOGADOS
ABOGADOS DE LEY
COLECCIÓN 1985

cuellobogabogados.es

And in cooperation with
Tiaxfee Consultants Ltd.
Business and Finance Consultants

Av. Rfo Segura, 3. 30860 Puerto de Mazarrón, Murcia.

4th CARAVANING

AND LEISURE TIME FAIR OF LEVANTE

18-21 Jan. 2024

TORRE PACHECO - MURCIA

OPENING HOURS

T. From 10:30am. to 8:00pm.
F./Sat. From 10:30am. to 8:30pm.
S. From 10:30am. to 7:00pm.

TICKETS



**•CAMPINGS &
CAMPER PARKS**
•FOODTRUCKS
•TOURISM ACTIVITIES



ifepa.es



PALACIO DE FERIAS Y EXPOSICIONES
DE LA REGIÓN DE MURCIA
Avda. Gerardo Molina, 117 - 30700 TORRE PACHECO
T. +34 968 33 63 83

sponsored by












GROUPS  **B CLEAN' GARDENING GROUP**
 Facebook: "B Clean" Community Gardening
 bcleangardening@gmail.com

At the time of writing, we're on the approach to **Christmas** and the B Clean volunteers having a much deserved break.

The current project is the improvement of the sector boundary road by the rambla (Sierra de la Torrecilla). This has been in need of attention for a while and the work party has now had the opportunity of getting to grips with the rather unruly vegetation along the roadside. The edges have been cleared and some false pepper trees and yuccas



EL VALLE
 Looking for a replacement part for your car? Need to scrap your car & don't know where to go? El Valle Autodesguace can help you.

We have a large range of spare parts for many brands and models of both cars and motorbikes. All the stock is listed for a quick response over the part you need. We can try to get the part for you if we don't have it in stock.

We can help you with the process for scrapping your car. We can then legally take your car away for you - saving you a lot of stress.

We are authorized by the General Directorate of Traffic to officially deregister your car.

EL VALLE AUTODESGUACE, SL
 Tel: 968 630 600 Whatsapp: 609 651 463
 Carretera RM 2, KM 2,3
 30840 Alhama de Murcia (MURCIA)

are being planted. These have been donated by our treasurer and a local resident so that is much appreciated. The rockery overlooking the roundabout by the bridge approach is also getting a makeover so that area should be a more attractive entrance to the sector for people coming across from C and D.

seeing things like old mattresses and furniture dumped on the ever growing pile, which is expanding daily with contractors' waste being brought on to the urbanisation. We expect to lose much of the greenery that has been planted near the skips which is very disappointing.

Sadly, as usual, we have to contend with problems caused by inconsiderate behaviour and there has been some vandalism with a planter being damaged near Consum. At present, the green garden waste skips are still full and overflowing and we are now

As this is for the January edition, it is time to wish everybody a happy and healthy 2024 and ask that residents and visitors to the sector support **B Clean** by donating to the funds, helping where possible and respecting the efforts of the small band of volunteers who work to improve the sector.

ANCHOR LANDSCAPES 
 (Always on the cutting hedge)

- * Professional Garden Maintenance
- * Trimming / Pruning / Chainsawing
- * Tree Climbing / Felling
- * Mini Digger with professional driver
- * All Building Work Undertaken
- * Legal disposal of garden waste
- * Palm tree removal

Free no obligation quotes



anchor.landscapes@hotmail.com
 Tel: +34 622 648 038 
 Mazarrón and surrounding area

www. WOODWORKSDIRECT.COM

 Pergolas
 Carports
 Gazebos
 Garden Sheds & Benches

 All timber comes fully treated


 FREE Delivery
 Products available in different sizes or made to measure



Tel: 966 195 522 or mobile: 684 410 324 Email: info@woodworksdirect.com



ALL AREAS COVERED

Camposol Heating & Maintenance S.L



We deal with insurance claims

INSTALLATION & MAINTENANCE OF CENTRAL HEATING & AIR CONDITIONING

In our 19th year of trading

- Gas and Electric Water Heaters
- Back up water tanks
- General Plumbing
- Leak source Detection and repair
- Secondary Electricity meters for rental properties.


Legally registered with Dirección General de Industria, Energía y Minas

Visit our website

Feel us on Facebook

Camposol Heating & Maintenance S.L. - CHM

LANDLINE 968 199 184 MOBILE 646 965 082
 www.camposolheating.com Email: camposolheating@gmail.com



A1 PAINTING & DECORATING

INTERIOR - EXTERIOR

Complete Painting & Decorating Service including:-

- Internal & External Walls/Ceilings
- Internal Doors
- Kitchen Units: Neptuno, Rosa or Fortuna
- Rejas
- Restoration of Hand Painted Furniture

Professional & Reliable Service
No Job Too Small

+34 611 299 681
+34 608 632 937
+44 8455 276 940

Fully Insured and Legal

Davidhutchinsonj1@gmail.com



PROPERTY MANAGEMENT KITCHENS & BATHROOMS SWIMMING POOLS DESIGN & BUILD CONSTRUCTION





THE RED SQUARE GROUP S.L.

Calle Sierra de Cazorla, 26, 30860, Puerto de Mazarrón, Murcia

CONTACT US
 ☎ 00 34 868 081 686
 ✉ info@theredsquaregroupspain.com
 🌐 www.theredsquaregroupspain.com

FOLLOW US!



Costa Cálida Property Services S.L.

Property Conveyancing & Legal Work
 Insurances
 Banking & Financial Advice
 Wills, Inheritance
 Fiscal Representation & Advice
 Translations
 NIE Numbers, Residencia
 Driving Licences & Car Paperwork

Our company is dedicated to service and our experience of over 20 years will provide our clients with the care and attention they expect.

Urbanización Camposol, Centro Comercial A, Local 28, 30875 Mazarrón
 www.costacalidaps.com
 Tel. 968 199 251. Fax: 968 199 175

Ken Sherwood

British Car Mechanic

Tel: 679 646 859

Ring us with your best quote and we will do our best to beat it!

WE CAN ALSO DO AUTO/MANUAL GEARBOX REPAIRS



Carretera de Cuevas de Reylo a la Pinilla Cuevas de Reylo Fuente Alamo, Murcia

Opening Times: Monday to Thursday 8.30am till 5pm Friday 8.30am till 4pm. (We don't close for lunch)

Free pick-up and deliver service on Camposol and Hacienda del Alamo

We now take credit card payments

Serviceing • ITV'S • General Repairs
 Small Body Repairs • Air Conditioning Repairs & Re-Gassing
 Computerised Diagnostics • Courtesy Cars Available

Ken Sherwood

British Car Mechanic

Tel: 679 646 859

KEN SHERWOOD WINTER SPECIALS

JANUARY & FEBRUARY DEALS

- EITHER, A FREE OIL FILTER ON A FULL SERVICE OR A FREE HEADLIGHT CLEAN
- 25% OFF BRAKE PADS & BRAKE DISCS (NONE GENUINE PARTS)
- 25% OFF CAMELBELTS & CLUTCHES (NONE GENUINE PARTS)

Serviceing • ITV'S • General Repairs
 Small Body Repairs • Air Conditioning Repairs & Re-Gas
 Computerised Diagnostics • Courtesy Cars Available



INFORMATION

HISTORY SNIPPETS

By Adrian & Dawn Leyland Bridge
dalbridge21@outlook.com

Puerto de Mazarrón's Sagrado Corazon de Jesus - Part 1

The **Most Sacred Heart of Jesus** was one of the best known and most widely practised devotions followed by those who adhered to the catholic religion in Spain. Its origins can be traced back to at least medieval times. The movement focused chiefly on venerating Christ's heart, which was seen as a mystical symbol of God and Christ's capacity for forgiveness and compassion. The imagery of the **'Most Sacred Heart'** was found throughout



Spain and the rest of the catholic world, in stained glass church windows, on Feast Days, and in prayers, hymns and via statues.

Statues of the **Sagrado Corazon de Jesus** have been erected throughout the catholic world, including Central and South America and numerous such images are also found in Spain. The region of Murcia has an ample selection of these Sacred Heart monuments, including the prominent figure of Christ which stands at the top of the Cabezo del Faro, on the highest point of the cliffs which overlook the town of Puerto de Mazarrón. A major **Sacred Heart** monument was also constructed on a hill at Monteogudo, near to Murcia City, in 1925. This particular monument was destroyed during the Spanish Civil War, but later rebuilt in 1951 by the architect and sculptor Anastasio Martinez. The same sculptor also superintended the



construction of another Corazon monument at Abanilla in 1946. Other similar images were erected at Totana (one which overlooks the Sierra Espuña) and at Ulea, near the Ricote Valley. In general, all these monuments had the same appearance - a standing figure of Christ, with outstretched arms, though on occasions, Christ could be depicted with arms and hands inclined inwards towards the chest and heart.

Part 2 next month

(Adrian & Dawn Leyland Bridge)

CHARITY

ANDREA'S ANIMAL RESCUE & THE HENRIETTA FOUNDATION

TEL: 690 906 565

CHARITY No. 9.980/1a

andreasanimalrescuemurcia@hotmail.com

www.andreasanimalrescue.com



Happy New Year

We hope you all had a wonderful **Christmas** however you spent it and we hope 2024 is Healthy and Prosperous for one and all.

Here at **AAR** we have a very exciting year ahead, so stay tuned for updates. We have many fundraising trips and events planned for your enjoyment.

Our trips to Camposol just before **Christmas** went down a treat - a super end to 2023, with **Carol Singing** in Church with Lola 2 and then visiting B Sector the following day, what a treat.

I always say it's a good month if we get through it without any illnesses or new cases and December was exactly that.

Please take a look at our website. **Mitch**, our web genius, is updating it page by page. It's taking a while but will be great when done. **andreas animal rescuemurcia.com**

All the information on our 112 donkeys will be there, along with lots of information about our shops and sponsorships scheme, events and lots of photos. Some will make you sad, lots will make you smile - unfortunately it's the nature of our game.



We also have a Facebook page, search and you will find us. Our 2 little



munchkins are still looking for homes, **Raya** and **Luna**. They are now 1 year old and I call them my book ends for obvious reasons. We will of course be at our usual spot at B sector car park every Monday between 11am and 1pm to collect any unwanted things you may have, or you can pop them into any of our shops.

Until next month, take care everyone.

Andrea and all the team.



ALUMINIUM CAMPOSOL 
 TEL: 635 997 984

MOSQUITO NET,
 ALUMINIUM PATIO
 ENCLOSURES

SUPPLY AND
 INSTALLATION OF
 ALUMINIUM DOORS,
 WINDOWS
 & MUCH MORE

SLIDING GATE
 MOTORIZATION

EVERYTHING
 MADE TO ORDER
 ALL AREAS
 COVERED

CALL US FOR A FREE NO
 OBLIGATION QUOTE 635 997 964

COME FLY WITH US

Join us in the skies above Murcia in our 2 seat aircraft.
 We offer trial flights and full training by
 fully qualified British instructors.
 Be a passenger or take the controls on your first flight

SUNFLIGHT AVIATION
 Alhama Airpark
 Tel: 07775 742582 
 0034 688 705 540 
 Email: flyren12@gmail.com

Gift Vouchers Available

SIGHTSEEING TOURS

For more information go to our website at
WWW.SUNFLIGHT.INFO

MARTINEZ DE LA CASA ARCHITECTS
 MEMBER OF THE COLLEGE OF ARCHITECTS OF MADRID NUM.15158

**ENERGY (EPC)
 PERFORMANCE
 CERTIFICATE**

 **CALL: 665.810.411**

EPC48hrs • REGISTRATION72hrs

ALICANTE • MURCIA • ALMERIA

VALID 10 YRS **121** **€IVA inc**
 ALL INCLUDED GROUP DISCOUNTS (2+)

"Many thanks for undertaking the work on the 2 certificates I needed for my villa (Pool Antiquity Certificate & Energy Certification) within the time schedule agreeded, at an extremely competitive price and without any communication issues. I would definitely recommend your services"
 Mr. A. J. Pyle of Zurgens Area.

NEW ANTIQUITY CERTIFICATES (RETROSPECTIVE LICENCES) **NEW PRICES DUE TO UPSURGE IN DEMAND**
 Pools **190 €+IVA** Extensions **270 €+IVA**

NEW FINAL DE OBRA CERTIF. Only properties over 10 yrs. old **190 €+IVA**

STRUCTURAL SURVEYS Homebuyers Structural Surveys **70 €+IVA**

See 100 + Clients Testimonials in:
www.martinezdelacasa.com



LEISURE

WARM - Walkers Around the Region of Murcia

Email: warm2005@gmail.com



Another year begins and we have four months of walks programmed for the second part of our 2023-24 season.

But first let's look back at the walks since the last edition and we have certainly been around the region. **WARM** walked in **Salmerón** and Los Bebedores, both in the far northwest of the region and finally in a new area, the Barranco de Malvariche in the Sierra Espuña. Meanwhile, the **SWARM** walks have been in Bullas, Casas Nuevas and San Pedro del Pinatar.

It is always hard to decide where to focus, but this month I will highlight the walk on 18th November in **Salmerón**. It is featured in the second edition of our walking book and the walk started at the church in **Salmerón** and was in two parts, like a figure of eight.

For the first part of the walk, we went to see some fascinating history brought to life by our guide Juan Lopez Garcia. As we walked, he talked about the long history of the sulphur mines and the huge demand for sulphur for the manufacture of gunpowder during the First World War (1914-1918).



Salmeron volcano

This increased demand developed the area into a thriving village and there were fifty buildings for about 1,132 inhabitants. The second part of the walk took us over the Segura River to the town of Las Minas (the mines) to see some old photographs of life in the area, where miners and their families lived in caves dug in the same sulphur they extracted. The houses belonged to the mine and people had to leave once their employment was over.

Las Minas lets you relive the harsh atmosphere of an old town, now abandoned, that lived from sulphur exploitation. Extraction wells and ovens, the remains of a railway line and hills dotted with cave houses, inhabited until a

few years ago, transport you to a setting that seems to be from the industrial revolution.



Sulphur ovens

If you would like to join our walks, please email us. Find details of our January walks in **The Chronicle's** What's On guide.

Solar directa

FED UP WITH SPENDING A FORTUNE EVERY YEAR ON ELECTRICITY, GAS OR DIESEL?

10% Price beater promise

Solar electric systems
Solar hot water systems
No middle men - Buy direct
No Subcontractors or Sales people

QUALITY EUROPEAN PRODUCTS

Complete solar systems from only 1500€ including installation

We will beat any other like for like price

CALL KEITH NOW: 659 315 130
E-mail: sales@solardirecta.com
www.solardirecta.com

GA Gestoría Carvajal SOLICITORS

TRANSFER YOUR VEHICLE WITHOUT WAITING

TRANSFER YOUR VEHICLE WITHOUT WAITING WITH GESTORÍA CARVAJAL, PUERTO DE MAZARRÓN

Gestoria Carvajal is a company focused on providing a high quality of traffic services, with maximum speed and satisfaction to the customer.

The transfer of vehicles is one of the steps.

We process the change of name instantly, telematically, without waiting and you can leave with the vehicle in your name on the same day.

In addition, Gestoria Carvajal offers registrations, notifications, vehicle de-registrations, duplication of documentation, importation of vehicles, Spanish plates, etc

For more information and appointments in English and Spanish

TEL: +34 968 154 045 OR +34 619 173 626
www.gestoriacarvajal.com
info@gestoriacarvajal.com
Avenida Dr Meca, nº38, Pto de Mazarrón



Kevin's Fly Screens & Aluminium Services

We supply and fit bespoke Aluminium Flyscreens for Windows and Doors



We can replace your old sliding single glazed aluminium windows with a quality double glazed window at a very competitive price.
(See photo, typically Camposol standard windows)



FLYSCREENED ARCHES



REJA FLYSCREENS



GLAZED ARCHES & ROOFING



FLYSCREEN DOORS



SLIDING FLYSCREENS

Telephone or WhatsApp: 650 662 579

Kevin'sflyscreens@gmail.com

Instagram.com/kevinsflyscreens

www.kevinsflyscreens.com



Quality Without Compromise!



LA HERRADURA

PARRILLA ARGENTINA

ARGENTINIAN GRILL

CARTAGENA

www.laherradurarestaurante.com

SPECIALISING IN ARGENTINIAN MEATS COOKED ON THE BBQ

ALL YOU CAN EAT "MENU DEL DIA"
(SERVED AT YOUR TABLE) INCLUDING SALAD AND CHIPS €17,90 PER PERSON OR €11 FOR CHILDREN UNDER 12 YEARS OLD



Take-away available



OPENING HOURS:
Monday closed
Tuesday to Sunday 1pm - 4pm
Friday and Saturday also from 8:30pm until close

FOR RESERVATIONS CALL 656 264 514

EMAIL: INFO@LAHERRADURARESTAURANTE.COM



CARRETERA DE LA PALMA KM. 2,5 CARTAGENA (JUNCTION 184 / 185 OFF THE A30)

WE HAVE LARGE ROOMS FOR ALL KINDS OF CELEBRATIONS AND A LARGE TERRACE.

GROUPS



Camposol 2025 What do you want it to be?

In memory

We are launching an appeal to fund a memorial bench and plaque in memory of Silvana Buxton, our former Councillor for Camposol.

We hope that many of you will want to donate to this and you can do so by visiting **D Gardening and Community** Facebook page. Please label your donation "Silvana".

Welcome to Camposol

The council has appointed Maria del Carmen Navarro Paredes as the new Councillor for Camposol (and International Relations). We are seeking a meeting to congratulate and welcome her to Camposol. It will continue our relationship building with the Council to work together on small projects for the benefit of Camposol. We're also going to speak to her about



using the commercial centre for sessions for those who wish to practice their Spanish language skills. If you're interested, visit the **Camposol 2025** Facebook page and you will see a post that you can comment on.

Looking Forward in 2024

As previously reported we have agreed with the Council that the fitness area will be completed in 2024, with basketball and pickle ball facilities, as well as 2 petanca courts, followed by padel courts and a clubhouse. This is, of course, subject to funding and may well be split into 2024 and 2025.

So where next? Well, we want you to assist us determine that. We will be asking for your thoughts via a survey to be carried out during January where we will list various projects for you to vote on, covering the period February 2024 to December 2025. This aligns with the Council's budget cycle and decision making. One example is as follows:

Project 1: Children's Play Area

With over 250 children on Camposol, the proposal is to create small play areas on B, C, and D. The equipment would include: swings, a slide(s), soft land surfacing, seating and fencing. They would be delivered in partnership with the Council - the Council providing the land and funding installation, with each sector fundraising the cost of the swing and slide set. 2025 will assist each sector with fundraising.

CHARITY

Charity N°: G73786279

Cavalli Foundation "Helping Horses Help People"

Call 636 172 198 or info@cavallifoundation.org



We hope you all had a fantastic end of the year in 2023 and a better start for 2024! For us it's been a thrilling year of wonderful and not so wonderful events. And we have to say that the animals couldn't look any happier with all the new space to roam and chill together.

Two of our volunteers found this gorgeous and sweet dog tied to the dumpster. I still can't believe how cruel people can be! Her neck had a nasty old scar from being tied and her paws, which are now totally cured, were open and she could hardly take a step. She is a hunting dog, under a year old and we have named her **Olivia**. She is looking for a forever home so to know more about her please contact us or visit our Facebook or Instagram - **Cavalli Foundation**.

As every year we have

conmemorated International Volunteer Day at the square in Alhama de Murcia and we are extremely thankful to all our volunteers. Without you, we wouldn't be able to continue our mission. So, if you have the energy and the time to join our volunteer team please contact us.

Don't forget that you can sponsor one of our horses or farm animals for 5€ a month. With the price rise of our hay, every donation helps! Visit our social media for all the details.



Reina and Olivia, our latest rescue



Reina and Vero commemorating the International Volunteer Day

For information about our day to day activities and how to help or become a volunteer, keep your eyes on our Facebook or Instagram. You can Whatsapp, call or send us an email.

If you like, you can donate to **Cavalli Foundation** via bank transfer ES26 1491 0001 2720 5929 3726 Swift code TRIOESMMXXX. We and all the animals would be very grateful for your help and generosity.





For all your swimming pool needs

Please get in touch to discuss your requirements and receive a free no obligation quotation

Tel: Jon 636 698 501 or Debs 646 705 088

Email on info@watermaid-europe.com Website www.watermaid-europe.com



Specialising in Salt water Systems

A more natural / kinder system for your skin & pool

Pool Heaters



Refurbishments



Pool Pumps

- Cleaning Contracts
- Breakdowns
- Leak Detection
- Pool Accessories.... Handrails, Covers, etc



Tel: 658 302 689

Email: workkingspain@gmail.com

Web: www.workkingspain.es

OPENING HOURS: Mon-Fri: 10am - 7pm

**FULLY LEGAL AND REGISTERED
IN SPAIN FOR 15 YEARS**



All including new plan virtual battery

3kw for 5.000€ + IVA

5kw for 6.400€ + IVA

2kw for small bills including virtual battery for 4.000€ + IVA



5kw with 5kw battery and virtual battery plan for 9.800€ + IVA

All systems are adaptable, i.e. you can add panels, batteries etc in the future



OIL CENTRAL HEATING

Supplied and installed for 5.000€ + IVA

- 30kw oil combi boiler:
- 5 x aluminium radiators
- 5 x thermostatic valves
- Wireless thermostat
- Stainless steel manifold system
- All pipes hidden guarantee
- 750 ltr oil tank

GAS CENTRAL HEATING

Supplied and installed for 3.500€ + IVA

- Ariston condensation combi boiler:
- 5 x aluminium radiators
- 5 x thermostatic valves
- Wireless thermostat
- Stainless steel manifold system
- All pipes hidden guarantee
- Fully licensed



RELIGION

The Rockin' Vicar

Tel: 634 386 179 Email: ahrea2@yahoo.co.uk

Hello and **Happy New Year!**

The Beatles sung in **Let It Be:**
*When I find myself in times of trouble, Mother Mary comes to me
Speaking words of wisdom, let it be
And in my hour of darkness she is standing right in front of me
Speaking words of wisdom, let it be...*

Let it be. Difficult sometimes, to let it be. Depends on our starting point. Some things are almost impossible to just let be, our human nature and past experiences have a lot to say. Minor problems are manageable, bigger problems less so and can seem impossible, the mountain is too high.

For me the test is whether we live in awe and wonder, not in the transience of this all too short life where we learn power and money

are the measure of success. In which case I have failed miserably as I have no power and not much money! But I do have awe and wonder. Babies become kings, yet we celebrate that a King became a baby. The first pages of the Bible and the best thinking of today's scientists are in full agreement: it all began in the beginning, when space and time, energy and matter, gravity and light, burst or bloomed or banged into being.

In light of the Genesis story, we would say that the possibility of this universe overflowed into actuality as God, the Creative Spirit, uttered the original joyful invitation: Let it be! And in



response, what happened? Light. Time. Space. Matter. Motion. Sea. Stone. Fish. Sparrow. You. Me.

Enjoying the unspeakable gift and privilege of being here, being alive; the Creator brought it all into being and now some fourteen billion years later, here we find ourselves: dancers in this beautiful, mysterious choreography that expands and evolves and includes us all.

As a young man I could clear the dance floor with my energetic Twist, now I can just about stumble onto a dance floor! Yet we are all invited to this mysterious expanding and evolving choreography. Amazing. Take His hand and get onto this dance floor!

'Bye for now
Rev Andrew

CHARITY  **MAMAS** - Mazarrón Animal Medi-Aid 

Tel 666 186 037 mazarronanimalmedi_aid@zoho.com
Registered charity No 9537/1a

This will find you in January. We got in a right muddle in November and our ad got completely forgotten. Jean couldn't decide on a week in the Maldives or a weekend in a B and B in Benidorm. Richard put the two names in a hat (both the same btw - Jean doesn't know to this day!) and the decision for Benidorm won. As a consequence all the staff were confused and staged a walk out, all 2 of us.

Anyway, that's shop trivia, we all wish you a Happy, Healthy and Tranquil 2024.

Unfortunately, our pets still get poorly and this was no exception for little **Luna** who had a tumour on her spleen. An emergency operation was carried out and we're awaiting news of her recovery.

As expected **Luna's** bill was high, and the family were panicking. We

gave as much as we could, along with many other requests for assistance. We manage this by selling your donations, all gratefully received. The Spanish



people are starting to drop things off, and even though we maybe haven't helped them yet, they know why we are here and how we work. They were under the impression we're paid workers! Crikey - that would mean Jean and Richard would be earning a kings ransom every week, the hours they put in!!

Anything you have that you no longer need, we can sell (believe me) we were just given an electric

brandy dispenser pump.....the Moroccans were hysterical with laughter when we explained it to them!! Same as me, I didn't have a clue either. It would look smashing on an outdoor bar!!

Clothes, bedding, books, jigsaws, furniture, shoes, rugs, lamps, electric items....only functioning por favor! We can sell....better still come in and buy, buy, buy !

January Sale

We need to clear some of our furniture selection to make way for new stock coming in so now is the time to buy. If you're looking for items such as beds, cabinets, tables and chairs call in and talk us, there are good discounts on offer.

You know where we are.....back of Consum, Pto de Mazarrón, third on the left, Calle San Juan.



excom | telecable

Getting closer. Getting connected.

TREAT YOURSELF TO EXCOM FIBRE

These Fibre and Mobile prices are a real gift!





**FIBRE 600
MOBILE 20GB
FREE TV INCLUDED**

9'90
€/Month
IVA Incl.

FOR 5 MONTHS
THEREAFTER: 32,90€/MONTH

www.excom.es

Excom will donate €2 to Aldeas Infantiles SOS for every fibre subscription made during the month of December.

Offer valid from 01/12/2023 to 31/01/24. Not combinable with other offers. Applicable to selected tariffs and subject to network availability. Only for new customers. TV: promotion applicable exclusively to Fibre + Mobile or Wireless Internet + Mobile tariffs.

excom | telecable

LOS ALCÁZARES
AV. Libertad 257

MAZARRÓN
C. Barcelona, C.C. El Saladillo

966 196 000
www.grupotelecable.es



GROUPS

ADAPT
ASOCIACIÓN DE ANGLOPARLANTES
<https://adapttheatregroup.wordpress.com>



A Great Time Was Had By All

The **Adapt Theatre Group** is very happy to announce that our pantomime **"Ali Baba and the Four and a Half Thieves"** was a great success and performed to four sell-out audiences in Casa de Cultura, San Pedro del Pinatar from 30th November to 3rd December.

As usual there was a great mix of both Spanish and English speaking audiences and we are now experts in appealing to both languages and senses of humour to make sure that everyone has a great time. Both adults and children clapped and sang along to the musical numbers and participated in the obligatory boos and aahhs.



And the best news, 2000€ was raised for the **AFEMAR** charity in San Pedro which works with young people with mental health problems. This **charity** does tremendous work with people from all over the Mar Menor and is always in need of extra help. A big thank you to all readers of



The Chronicle who came along and supported us and if anyone is interested in getting involved next year, please contact Eric on: **656 361 098** or e-mail **ericberg2@hotmail.com**

CHARITY

Web: <https://paws-patas.org>



Dogs: dogs@paws-patas.org
 Cats: cats@paws-patas.org

In 1985 a couple of British ex-pats decided to start doing something about the number of abandoned and mistreated animals roaming wild and decided to build a shelter, attend to their needs and find them loving "forever" homes. In 1996 **PAWS-PATAS** was officially registered as a charity. **PAWS-**

PATAS receives no statutory funding and relies heavily on the financial backbone supplied by their 4 outlets in Mojácar, Turre and Las Buganvillas plus people's generous donations and the aid of fundraising events.

PAWS-PATAS can also help you with paperwork and possible transport if you live outside Spain.

PAWS-PATAS needs voluntary help in so many different areas and even if you can only help for a few hours a week, your time and physical limitations can be used. Dog walking and socialising with the cats, administration (which you can also do from home), fundraising, shelter shopping, driving dogs to the vets or overseas volunteers to Almeria airport or Vera bus station.



The monthly outgoings at the shelter can amount to €14,000+ which includes vet bills, food, water, fuel, maintenance, etc. Thankfully, the recent installment of solar panels has reduced the electricity bill immensely.

The shelter is currently at bursting point with 30 kittens and cats, 137 puppies and dogs and a further 77 being fostered. Although they continue to have local people adopt and arrange several overseas transports to the UK, Holland, Germany, Belgium and Italy, they also desperately need more local fosterers - food, bedding and any necessary medication is supplied. If you wish to adopt, all the animals are vaccinated, neutered, micro chipped and have their passports.

For further information please visit their website: www.paws-patas.org or email: dogs@paws-patas.org or cats@paws-patas.org

Please come and find your new friend! Finally, if you have a motor home or caravan which you no longer want, please email: chrisie@paws-patas.org





WE MAKE OR REPAIR

- * REJAS
- * DOORS
- * GARDEN GATES
- * RAILINGS
- * CARPORTS
- * STAIRCASES ETC







ERIKS METAL WORK
and home security

Established since 1999 in the Murcia Region
Tel Stan: 636 050 008
Email: stan@eriksmetalwork.com
www.eriksmetalwork.com




RUSTY REJAS? LET US:-

- * SANDBLAST
- * POWDERCOAT
- * RE-PAINT
- * GALVANISE



MANUFACTURE OF GARDEN SHEDS AND STORAGE ROOM - ALL SIZES, MAINTENANCE FREE GALVANISED STEEL AND POWDER COATED IN YOUR CHOICE OF COLOUR

MOBILE WELDING SERVICE AVAILABLE



Sending money to or from Spain?

If you need to send money overseas, using a regulated currency provider is a must.

To find out more pop into your local branch and speak to one of our currency specialists.



Bank of Spain registration
No. 6716



Scan here for your customised quote



Mazarrón
Avenida Los Cochinos, Camposol B.
Mazarrón, Murcia, 30875
+34 968 976 383
murcia@currenciesdirect.com

Mojácar
Avenida Mediterráneo 341,
Mojácar, Almería, 04638
+34 950 478 964
mojacar@currenciesdirect.com

MONEY AWARDS  **Trustpilot**  **20+ BRANDS** 



RELIGION



Salt Church Mar Menor @ THE HUB

Email: andy.neale@marmenorchurch.com
Facebook: [@saltchurchmarmenor](https://www.facebook.com/saltchurchmarmenor)
Website: www.marmenorchurch.com

More questions than answers?

The beginning of a new calendar year encourages us to make our resolutions and look forward with optimism for the coming twelve months ahead.

However, as 2024 opens for business might we be excused for assuming we are in for nothing more than the 'same old, same old'? Are we expecting yet more conflicts between nations, concerns about the climate, financial woes and political skulduggery. But...could a seemingly dusty old tome called the Bible be an antidote to such difficult days?

Is it not just an ancient book of legends that has spawned competing religions each systematically knocking seven bells out of each other? Reading its pages can be complicated but the essence of this is a 'Divine Love Story'. It reveals a Holy God who continues to love a world despite how its people disobey, disown or even deny its Creator. And yet He says, "I still love you...and some!"

The world viewed from a worldly perspective is depressing and offers no future. The world viewed through God's perspective offers us a real future, an eternal future beyond the grave where there are no more tears, there is no more disease and death is a long-abolished concept.

You might really like to have that assurance but it all seems too wacky to grasp hold of or don't feel worthy of such a future. You may not be convinced that this divine love story is addressed directly to you.

May I encourage you to view the Bible afresh, not as a dry dusty book containing ancient myths and legend. To see beyond a version of the Christian faith that is nothing more than a mere Victorian moral code or cold institutional religion of 'dos' and 'don't's'...

If you would value some time and space to chat these things through and chew the fat with others just like you who have more questions than answers, then please do get in touch as

we have opportunities to do just that.

Contact me by email: andy.neale@marmenorchurch.com



Facebook: Pastor Andy Neale
Salt Church Mar Menor
Avenida de la Unión,100,
San Javier, Murcia
(next to Yorkshire Linen)

Youtube:
www.marmenorchurch.com

Costa Cálida Chronicle
Contact Sales on
619 199 407
Web: www.costacalidachronicle.com
Email: costacalidachronicle@gmail.com
Remember deadline 15th of the month!!!



BRIAN JONES
Property Maintenance
Replace and install door Locks
Install and repair of Persianas (Window Blinds)
Security Improvements
Plumbing Works
Including Boiler Supply, Repairs & Maintenance
Whole house Water Filter Systems
Windows, Doors & Conservatories
Pergolas
Tel 646 703 021
email bjworks@hotmail.co.uk
www.bjmaintenance.com
All Areas Covered, Monday to Saturday,
Free no obligation quotes and security advice.

F.A.S.T

Camposol in danger of losing FAST completely!!!

Urgently looking for qualified responders!!!
FREE TRAINING PROVIDED

Scan here to find out more:



URGENT **URGENT**

president_fast@outlook.com 613 645 720



LOVELY VILLAS WITH LARGE PLOT



Lorca

2 to 4 bedrooms
2/3 bathrooms

PRICES FROM 186.000€

+34 868 081687
sales@thepropertygroup.info
www.thepropertygroup.info



'Curtain Call'

Reliable and Professional Service since 2002

Curtains, blinds and outdoor upholstery made to measure and fitted at sensible prices

We come to you! Choose from over 2500 fabrics in your own home

We also offer:

- Curtains and Roman blinds
- Outdoor cushions
- Roller, Vertical & Venetian blinds
- Day & Night blinds

For a complete bespoke service

Call us on

616 240 171

Website: www.curtain-call.es

E-mail: sally@curtain-call.es



Curtain Call, Spain

LEGAL view

- Property Conveyancing
- Civil and Business Litigation
- Wills and Inheritance
- Contracts
- Accounting
- Corporation Tax, IVA
- Resident and Non-Resident Tax
- International Tax Advice
- Communities Administration

Professional, qualified English speaking Solicitors and Accountants
Understand your issues in your own language.

Opening Hours:
Monday to Friday: 9am - 2pm



Puerto de Mazarrón,
Centro Comercial Costa Cálida, 1º
Contact us: Tel 968 332 058
info@legalview.es

Healthy H₂O

FILTERED WATER ON TAP

- Premium ceramic drinking water filters
- Whole house 3 filter systems
- Reverse Osmosis

Call or WhatsApp 666 302 987
info@healthyh20.es
www.healthyh20.es



FOR SALE

HONDA CBR600 F2 1997
(ENGLISH IMPORT)
first registered in Spain 2006
14570 miles
(23303 km)
mobile 648865992
€1400



CHARITY

P.A.P.S.

Email: animalesperrosdelsol@hotmail.com



Sadly, beautiful animals will continue to be surrendered or abandoned in 2024. Pets fret dreadfully for their owners after surrender to shelters and suffer in the alien, noisy environment. While price rises over the past year may be biting, those owners who are struggling to care for their pets might want to look at how costs can be reduced:

Prioritise items like food and healthcare instead of toys or treats. Source the best affordable food, including online, choose cheaper alternatives, ensuring that it contains all necessary nutrients. Or make the pet's favourite food go further by mixing it with a cheaper brand.

Make DIY tug toys with old t-shirts, games using toilet roll inners, search and find exercises. Many online websites (including Battersea DH) offer suggestions about making treats and games. Maintaining the dog's healthy weight with sufficient exercise and nutrients will lower the risk of chronic health issues like high blood pressure and arthritis. Set up a regular programme to clip claws, groom and trim the coat, clean teeth and ears, regularly deworm and apply anti-parasite treatments.

Don't delay necessary vet treatment as the condition may



become more acute, expensive and difficult to cure. Provide the appropriate medication prescribed which may be available online at more affordable prices. Trying to self-medicate by replacing prescribed medicines with human versions could lead to more costly and long-term health issues.

Our January pin-up is the ridiculously handsome **Jake**, GSD, b.22/ 03/19, 60 cms. Has a lovely nature with humans, has lived in a home with 2 older children, gets on well with most dogs but better with females. Walks well on a lead, is highly intelligent, obedient, and trainable.

If you'd like to make new friends, get exercise AND meet our great



residents why not volunteer at Casa del Sol? For info, please email: animalesperrosdelsol@hotmail.com FB: Support Abandoned Dogs/ PAPS in Spain.

CLINICA VETERINARIA del SurEste

Calle Pedro Gea 10 (near the church) Pilar De La Horadada
 Tel: 96 535 24 38
 Emergency Mobile: 630 99 47 44
 Email: info@cvdelsureste.com
www.cvdelsureste.com

Providing all types of pet care, including surgery, grooming and quality food.
 Consultation by appointment

Ldo. Arturo Saura Alcaraz (English speaking)
 Open: 10.30am-1.30pm and 5.30pm-8.30pm (closed Saturday evenings)

Professional Chimney Sweep

Established family business for over 60 years

Inspection of Chimneys by CCTV Available

Sooty and Son

660 478 881 
 665 303 458 





nuevo modelo
Austral



AUTOMOCIONES UREÑA

Agencia Oficial Renault-Dacia

Puerto de Mazarrón · Tlf. 968 15 38 38 · comercial@automocionesurena.com



THE BIGGEST
ADVENTURE
GOLF IN EUROPE
OPEN EVERY DAY
FROM 10AM



Tel: 968 584 221

Address:

Calle Séneca 1, POL. IND. Los Alcázares,
30710 Los Alcázares, Spain
GPS: 37.73735,-0891820



golfdelux_los_alcazares
info@golfdelux.com
www.golfdelux.com



RELIGION

www.wellspringvictorychurch.es

WELLSPRING
VICTORY CHURCH



Welcome to 2024 as we bring in a new year, a new season, and a new beginning we would like to wish you all a very **Happy and Prosperous New Year.**

The old has gone and the new has begun and for many of us that starts off with the year-round tradition of New Year's resolutions. Most of us start with good intentions but by mid-January it becomes an impossible ask on ourselves and we give up. When we change our thought pattern and begin to look to our

saviour instead of looking at our reflection, we can start to make and maintain those changes to our life and begin a forward journey to our salvation. *(Ephesians 2:8 NIV For it is by grace you have been saved, through faith and this is not from yourselves, it is the gift of God).*

We as humans are made with a purpose, and that purpose is to have a relationship with the one who created us. When we make the all-important decision to share our lives with Jesus the meaning of life takes on a whole new **beginning.** We change in the way we deal with situations and circumstances because we are no longer doing it alone and in our own strength, we have Jesus as our constant companion to share the load. *(Matthew 11:28-30 NIV "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.")*

With that freedom and knowledge, we can once again experience the excitement and brightness of the world that we knew as children.

You see there are miracles all around us every day, but we just stop seeing them! The world has a way of distorting our vision. Only when we stop seeing the world through its eyes can we then open our godly eyes to a wonderful world of beauty and goodness. When we are confident knowing that we can share our burdens and share our troubles with Him we experience a new **hope.** The fact that you open your eyes and wake up every morning itself is a **miracle.** Only when we learn to be thankful for every situation and circumstance, we will see true goodness. Every cloud as they say has a silver lining and we know that **God** uses everything for **good** and for His **glory.**

We were truly blessed to see so many people come along and share in our **Christmas Carol Concerts** and outreach events. We worked together with The English Funeral Director and **St Nicolas Church** bringing a variety of different outreaches into the local communities.

Our prayer is to continue the spirit of joy and unity into this next season.

Come and join us!



WELLSPRING VICTORY CHURCH

A community Church, Serving God, Serving People.

Our Sunday service is at 11am above Trevi Bar Camposol B

Find us on Facebook or check out our website
www.wellspringvictorychurch.es
 contact us for more information
 Tele: +34 711073419
 info@wvces.es



OwnersAway
 Rental & Property Services

TEL: (+34) 691 977 107
 info@ownersaway.com
 www.ownersaway.com

Contact US for all your Rental & Property Management needs

Holiday rentals
 Short & long term rentals
 Property Management Packages
 Keyholding
 Laundry Service
 Registered with Tourist Board
 Full range of rental management support services

Kwik Fix Auto Services



Fully Legal English Mechanic Hablamos Español

Tel: 968 972 006 / 634 317 310
www.kwikfix.es
 kwik-fix@hotmail.co.uk

Service & Repairs for ALL makes
 Pre-ITV Checks, ITVs
 Computer Diagnostics
 Tyres & Puncture Repair
 Headlight Refurbishment
 Batteries & wipers
 Air conditioning regassing
 Storage for vehicles available

Free Courtesy Car

Open 9am - 5pm Mon-Fri

COLLECTION AND DELIVERY SERVICE AVAILABLE

Cañadas Del Romero near El Pareton **fb** Just 5 mins from Camposol & Condado

PINTURAS **ACOSTA** DECORACION

DESDE 1960

PAINTING, DECORATING

ACRYLIC ENAMEL LACQUER EXPERTS

WATERPROOFING
 SATISFACTION GUARANTEED

ASK FOR YOUR FREE, NO OBLIGATION QUOTE TODAY

0034 626 960 354 Lisa

Pedro Acosta Pinturas



CHARITY



FORGET ME NOT

Community Respite Care for the Mazarrón Area

Dee: 603 121 416

Wishing you a **Happy New Year.**

On December 21st we held a very special celebration at The Social Centre for **Doll**, one of our wonderful **Forget Me Not** clients to celebrate her 100th birthday. What a milestone, so we celebrated in style with **entertainment** provided by the wonderful Alun Jay, had a lovely **buffet lunch** and sang happy birthday as **Doll** blew out the candles on her birthday cake. A truly memorable day for all involved to celebrate such a milestone.

So let me tell you a little bit about our wonderful centenarian **Doll**. Christina (who likes to be known as Doll or Doris), was born in Killester, Dublin on December 22nd 1923, to William and Julia Mcgrane. **Doll** had five sisters and one brother, from eldest they were: Annie, Sheila, Margaret, then Christina (**Doll**), Eileen, Billy and Claire. All of which remained in Ireland but have all now sadly passed away.

Doll met her future husband Frederick whilst he was in the army and stationed in Ireland. They married in 1956 at St Bridget's in Killester, Dublin. Frederick left the army and the couple moved to the United Kingdom. Frederick worked for the Police Force for several years, then in later year's Frederick and **Doll** both worked for Taylor's and prior to retirement Frederick worked for Ford.

Doll and Frederick were blessed

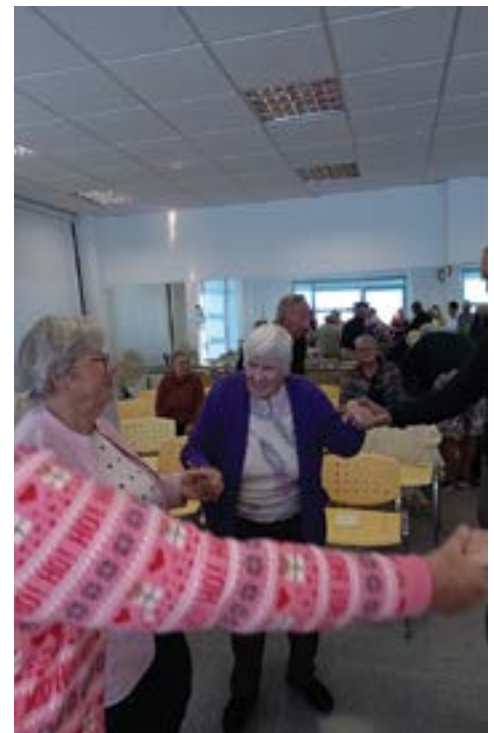


with a daughter Gemma, who has four children Ash, Melisha, Zara and Yvonne (who lives in Spain). There are seven great grandchildren Bobby, Harry, Teddy, Travis and Frazer who live in the UK and Macie and Heidi who live in Spain.

Doll and Frederick moved to Spain in September 2020 but Frederick sadly passed away in March 2021. **Doll** still resides in Spain and lives with her daughter Gemma and is a very popular client at **Forget Me Not**, keeping us entertained with her wonderful Irish wit and banter.

Throughout the month of January we have lots of events planned for our clients including visiting **entertainers** and **rock and roll bingo**.

A date for your diary - our next



fundraiser quiz is at The Diner on Wednesday January 31st.

ADVERTISE HERE!

IF YOU ARE READING THIS SO ARE YOUR POTENTIAL CUSTOMERS!

For only 40€ plus IVA

For a colour advert this size 93mm X 50mm

Your business details will be seen by over 20,000 readers every month

CONTACT SALES - 619 199 407

Email: costacalidachronicle@gmail.com

Bryan White Insurance S.L

Providing your insurance needs

Motor, Home, Travel, Pet, Private Medical, Funeral, Golf, Commercial, Community

Tel:- 950 472 098

Email:- info@bwispain.com



Health and Beauty Section



HEALTH AND BEAUTY

4 New Year's resolutions

A **New Year** often signifies a fresh start for many people. For some, this means setting health goals, such as losing weight, following a healthier diet and starting an exercise routine.

However, more often than not, the health and wellness resolutions chosen are highly restrictive and unsustainable, leading most people to break their resolutions within a few weeks. This is why many people make the same resolutions year after year.

To break that cycle, it's important to make resolutions that can not only improve health but also be followed for life.

Here are 4 **New Year's** resolutions you can actually keep.

1. Eat more whole foods



One of the easiest and most sustainable ways to improve overall health is to eat more **whole foods**.

Whole foods, including vegetables, fruits, nuts, seeds, whole grains and fish contain a plethora of nutrients that your body needs to function at an optimal level. Research shows that following a whole-foods-based diet may significantly reduce heart disease risk factors, body weight

and blood sugar levels, as well as decrease your risk of certain diseases, such as type 2 diabetes.

Also adding more **whole foods** to your diet can be done slowly and consistently. For example, if you're not used to eating vegetables, start by adding one serving of your favourite veggie to your diet every day.

2. Sit less and move more



Whether it's due to having a sedentary job or simply being inactive, many people sit more than they should. Sitting too much can have negative effects on health. In fact, it may be linked to an increased risk of overall mortality.

Making a resolution to **sit less** is an easy and attainable resolution that can be tailored to fit your lifestyle. For example, if you have a desk job that requires long periods of sitting, make a resolution to go for a 15-minute walk at lunch or to get up and walk for 5 minutes every hour.

3. Get more quality sleep

Sleep is an essential part of overall health and **sleep** deprivation can lead to serious consequences. For instance, lack of **sleep** may

increase your risk of weight gain, heart disease and depression.

There are many reasons why people don't get enough **sleep**, so it's important to focus on your schedule and lifestyle to determine the best ways to improve **sleep** quantity and quality.

Decreasing screen time before bed, reducing light pollution in your bedroom, cutting back on caffeine and getting to bed at a reasonable hour are some simple ways to improve **sleep** hygiene.

4. Find a physical activity that you enjoy

Every **New Year**, people purchase expensive memberships to gyms, workout studios and online fitness programmes in hopes of shedding excess body fat in the year to come. Though most people start strong, the majority don't make their new routine into a lasting habit.

Still, you can increase the chances of making your fitness resolutions stick. To get started, choose an activity based on enjoyment and whether it fits into your schedule.

For example, taking a **half-hour walk, jog or bike ride** before work, or **swimming** at a gym that's on your way home, are simple and sustainable exercise resolutions. Then, set an attainable goal, such as planning to walk a few specific days per week instead of aiming for every day.

Making a more realistic goal can enhance the chances of making your new routine last, especially if you're new to working out.



HEALTH AND BEAUTY

VAVA HEALTH & WELLNESS

ashli@vavayoga.com www.vavayoga.com



Shed the weight of 2023!

5 tips on how to stick to your **New Year's** resolutions.

Are you one of those rare people that actually achieve your **New Year's** resolutions? WELL DONE! You're in a tiny percentile of people who stay the course.

So, where's the problem? Obviously there's nothing wrong with us, rather the tradition itself. We tend to set unrealistic goals, thinking we can make immediate wholesale changes, then fail spectacularly! Then most of us put the resolutions aside and our behaviour remains the same as pre-resolution.

Contrary to popular belief, there are ways to achieve your **News Years** Resolutions.

Let's look at the word RESOLUTION. It's a demanding word, screaming "I MUST!" with no room for failure, yet it's probable that we will fail. We don't really respond well to imperatives.

We are simply being unrealistic about our resolutions.

Think about some of your possible past resolutions e.g. "I'm going to lose 25 kilos in 6 weeks" or "I'm going to stop smoking and drinking alcohol". Are you seeing a pattern here? These are quite frankly unrealistic, which is why we fail.

Successful behavioural change

comes only in stages. Understanding your own behavioural change is critical to the success of your mission. If you are someone who is an 'all or nothing' person, determination will see you through, but if you're like most of us, then we need to do this one step at a time.

Here are 5 tips to keep you on track.

Be **realistic** – set achievable goals, e.g. don't deny or deprive yourself by saying "I'm never going to eat chocolate again", rather say "I'm only going to eat chocolate once a week". That's do-able.

Forward planning – I always say to my clients, if a weight loss programme is required, the key to success lies in the planning of menus, and planning the shopping. Also mentally preparing for the changes ahead and making sure you are ready for this.

Reward yourself – e.g. if you're stopping smoking then set milestones such as first day, first week, first month etc. A good idea would be to save every cent you would otherwise have spent on cigarettes. Do this for a minimum of a year and you'll be amazed at how much you will have saved.

Monitor your progress. Little short term goals are waaaaaaay easier to achieve than HUGE unattainable goals. e.g. weight loss; instead of focusing on losing



25 kilos in total, instead focus on losing 1 kilo at a time, using a journal to keep on track.

Perseverance – you're implementing a HUGE behavioural change and persistence pays off. Experts say about 21 days are required to make a new behaviour to become a habit and about 6 months to make it stick and become a normal part of the NEW you.

You've made it through 2023, so let raise a toast to New Intentions 2024. *You've got this!* And when you're ready, we at VaVa Yoga, Health & Wellness are ready and waiting for you, supporting you on your new journey to a healthier happier you.

Namaste
Ashlí Miréla
BCompMed. ocnFENACO/
Naturopath. S.E.N (SANC).
DipNut. DipAdv DTM.
DipAdv MFR. DipAdv WBM. DipAdv
THAI. DipAdv ART. YTTC 500.

Consultus Care & Nursing
Exceptional People. Extraordinary Care.

We are looking for exceptional carers to join our team - it's extremely rewarding.
Earn up to £120 per week. Urgent bookings available.

Melanie Jay, Recruitment Manager - Spain
0034 711060615
m.jay@consultuscare.com

Help people stay at home with Live-In Care
www.consultuscare.com

Shed the weight of 2023

VaVa Yoga Health & Wellness can help you lose weight, get back in shape and feel better with heat therapies and nutritional consultations.

*Special January offer for readers of The Chronical, 10% discount on the above mentioned. Dont delay, scan the QR code for all our therapies.
www.vavayoga.com



GROUPS



Puerto de Mazarrón Ladies' Circle

Puerto de Mazarrón Ladies Circle

Hello Ladies

A very **Happy New Year** to you all. I hope you all had a lovely **Christmas** enjoying the festivities and welcomed in the **New Year** in style. We look forward to seeing everyone in February at our welcome back meeting.

On 19th November we welcomed Sue and Sarah Fashions from Zoco market. There was a great variety of clothing and lots of sparkly dresses and tops. They donated to our raffle and the afternoon was thoroughly enjoyed by us all, and we hope they return in the **New Year** with their Spring Fashions.

We had a talk from Christine from the local children's charity, who came along to collect the gifts and sweets the ladies had kindly donated. She has 70 needy children on her books and the **charity** try to make sure that each child has a good **Christmas**.

Our trip this month is to **Mojácar**. We visited **Carboneras** market



and then drive to **Mojácar** where many of us went shopping to Oasis Fashions. Following our spell of retail therapy we went our separate ways to one of the many restaurants for lunch. It was a very enjoyable day and hopefully will be repeated in the **New Year**.

On 7th December we had our Christmas **Fayre** at Playa Grande Hotel, where numerous people,

some from **charities** and some individuals came along to sell a various array of items.

Take care all and see you all on 8th February 2024 with the **AGM**, drinks and nibbles. On the 15th payment of membership monies is due.

Facebook Puerto de Mazarrón Ladies Circle.

ibex
INSURANCE
Health insurance

Protect what matters the most!
Let us find the right health insurance for you and for your family.

968 595 945
689 157 126

mazarron@ibexinsure.com
Camposol Business Centre
Camposol Sector A, Calle Madrid 19
30875 Mazarrón
www.ibexinsure.com

Lynn and Sharn
Wishing you all a
Happy and Healthy
New Year

Top2Toe
Unisex Hair & Beauty
191 Calle Tarragona
Sector A
Camposol

Tel/Whatsapp: 711 025 016





ECOCORP SOLAR
Established 2007

CLEAN GREEN ENERGY WITH A VIRTUAL BATTERY BACKUP



Almeria's N° 1
family run solar installation company is now covering **Camposol and Mazarrón.**

Government grants available (Murcia province only). We will do the paperwork & submit the application on your behalf.

www.ecocorp.solar Tel 950 096 166 / 671 716 597

FREE NO OBLIGATION HOME ASSESSMENT & QUOTATION SERVICE

QR code: 

Showroom
Parque 'El Real' Antas
Mon - Fri 9am - 6pm

Information can be subject to change at any time without prior notice.

Filbees Insurances & Expat Services Plus Private Health Insurance



Car & Bike Insurance **Pet Insurance** **Life Insurance** **Home Insurance** **Boat Insurance**

Natalia Camara Filbee
Mobile: +34 669 075 157
Email: filbeesinsurance@gmail.com
Now in Megarsa on Camposol B



Your professional property consultant for **BUYING & SELLING**

Tel: +34 868 058 750
info@filbees.com

We can also assist with NIE's, Driving Licences, Translations and all types of building work etc.

We speak 

Puerto de Mazarrón



www.filbees.com



TEL/WHATSAPP 691 916 717
NEW BIGGER & MORE SPACIOUS PREMISES
CALLE BARCELONA SHOP NO 22 & 23
In-between the vets & The Tech shop



THE SALON 2

UNISEX HAIR SALON INC BARBER SHOP
2 BEAUTY ROOMS & 3 NAIL BARS
SECTOR A COMMERCIAL CENTRE, CAMPOSOL

 The Salon Camposol Unisex Hair & Beauty Salon

Unisex Hair Salon

Hair by Melissa, Tonya, Elo, Maricarmen, Tegan, Wendy, Shauna, Lynsey and Domini

Dry Cut from 11.50€
Blowdry from 10€
Cut & Blowdry from 19€
Gents Cuts from 5€
Regrowth Colour Inc Blowdry from 19€
Foil Half Head Inc Blowdry from 26€
Foil Full Head Inc Blowdry 36€
Perm Inc Blowdry from 28€

Nail Bar

Nails By Elo, Maricarmen, Tegan, Lynsey, and Fallon

Normal Polish/Shellac/Gel Polish
Hands or Toes inc soak off 15€
Manicure Normal Polish/
Shellac/ Gel Polish Inc Soak Off 18€
Pedicure Normal Polish
Shellac/Gel Polish Inc Soak Off 22€
Gel/Anylic Extensions 28€
Inc Polish 35€
Infile 18€ Inc Polish 26€
Overlays 20€ Inc Polish 28€
Nail art extra

*****OFFERS OFFERS*****

Offer No 1
Non Surgical Face Lift 45 Mins & Hands Or
Toes Shellac/ Gel Polish 30€

Offer No 2
Luxury Fodol 45 Mins Hands Or Toes
Shellac/Gel Polish 30€

Offer No 3
Eyelash, Brow Tint & Brow Shape 13€

Offer No 4
Pedicure Inc Polish & Manicure Inc Polish 30€

Offer No 5
Shape and Polish Hands & Toes 27€

Teeth whitening- smile white
(non peroxide & non bleach gel)
Full treatment 60€ or Express treatment 30€

Beauty Room

Beauty by Wendy, Lynsey and Fallon

Non Surgical Face Lift Bio Or RF 1 Hr 22€
Diamond Tip Microdermabrasion &
Steam Fodol 1 Hr 25€
Luxury Fodol 1 Hr 22€
Detoxifying Fodol 1 Hr 25€
Waxing from 4€
Brow Tint 6€
Eyelash Tint 7€
Henna Brows 12€
Hopi Ear Candles 15€
Eyelash Individual Extensions 30€
Eyelash Lift & Tint 30€

****** MASSAGES ******

Swedish full body massage 1 hour 30€
Back & shoulder massage 30 min 20€
Indian Head massage 30 min 17€
Deep tissue massage 20 mins 20€
Hot stone massage 1hr 30€
lymphatic drainage massage inc reflex point
foot massage 1 hr 25€ or 1 hr 15: 30€



LEISURE

f Expat in Mazarron

Camposol Explorers



On our December outing there were 20 of us with 3 dogs and 7 cars. This time we went to the north of Murcia to visit the towns of **Blanca, Abarán and Cieza**. Our first location was just under an hours drive from Camposol to the observation deck at **Blanca**, built in 2004 and overlooking the River Segura. It has been said, one of the most beautiful view points in the Murcia region. There was plenty of free parking. We had a group photograph and then moved on to our next location, the water wheels of Abarán which was about a 10 minute drive away.



Noria Grande (water wheel) is located in the Parque de las Norias (the park), near the centre of Abarán. It dates from 1805, was rebuilt in 1951 and is reputed to be Europe's largest working waterwheel. It draws water from

the main acequia, on the left bank of the Segura. Interesting to see how it lifts the water up to a higher level. We then walked along the bank of the River Segura to see two further water wheels, a lot smaller but interesting to see still working. Some of us brought our dogs with us and they too enjoyed the walk.

Our third and last location was a view point that looks over the town of **Cieza**. There is a small chapel that has the 'Virgen del Buen Suceso' behind locked doors. There is also a 14th century ruined castle high on the mountain but too steep for us to view. Huge wooden cross with amazing views.

Plenty of parking and a lot of steps to reach the view point, but so worth the climb to see the views. Also a good picnic area with tables and seating. We then all had our picnic before returning home. Next month **Camposol Explorers** are going to explore another working water wheel, a view point looking over the city of Murcia and a Monastery.

For more information about **Camposol Explorers**, please check out my YouTube channel **Camposol Explorers** or join my Facebook group Expat in Mazarron for information and places to explore.

PROPERTY OF THE MONTH



You can find more information at: www.spaindinavia.com

Plaza del Tono 1, 30860 Pto de Mazarrón
 info@spaindinavia.com
 www.spaindinavia.com

Lisa (Swedish, Norwegian and English): +34 643 414 663
 Aimee (English and Spanish): +34 624 260 608
 Olympe (French and Dutch): +34 643 846 984

2-bed Penthouse in El Alamillo, Puerto de Mazarrón

Discover the charm of coastal living in this delightful penthouse nestled in the sought-after El Alamillo neighborhood. Situated in an elevated location, this residence offers a panoramic sea view that will take your breath away, whether you're on the balcony or your very own private roof terrace.

The apartment boasts two generously sized bedrooms, ensuring ample space for your comfort and relaxation. The bathroom features a convenient shower and has been tastefully renovated, reflecting the high-quality condition of the entire property.

One of the standout features of this penthouse is the private roof terrace accessible via stairs from the balcony. On the roof terrace, you'll discover a charming pergola and an outdoor kitchen, making it an ideal space for al fresco dining, entertaining, or simply unwinding while taking in the stunning vistas. The sea views from this vantage point are nothing short of spectacular, adding to the allure of this "must-see" property.



Reference: DE014732



Price: €129,900



CORRAL

ABOGADOS Y
ASESORES TRIBUTARIOS
LEGAL & TAX

Lawyers, Barristers, Accountants and Tax Advisors



+34 968 078754 | info@corralassociates.com | www.corralassociates.com

YOUR EXPERTS IN PROPERTY LAW AND TAXES

CONVEYANCING

CORPORATE LAW

INHERITANCE

LITIGATION

PROPERTY LAW

BUSINESS SET UP

NIE

TAXES - ACCOUNTANCY

Office in Mazarrón:

Avda. Doctor Meca 34

30.860 Puerto de Mazarrón

Office in Murcia:

Calle González Adalid 9, 3F

30.001 Murcia



Spainindinavia

Your Scandinavian Agent in the Mazarrón area

If you want to sell or buy a property, contact us for an informal chat.

No hidden fees for the buyer or the vendor - Full transparency assured!

We speak "Scandinavian", English, Spanish, French & Dutch!

Spainindinavia Real Estate S.L.

Plaza del Tono 1, 30860 Puerto de Mazarrón

info@spaindinavia.com or +34 624 250 608

www.spaindinavia.com



CHARITY

Helping The Perrera Dogs



**EXTRA WALKERS
DESPERATELY REQUIRED TO
HELP WALK OVER 100 DOGS
IN MAZARRÓN PERRERA.**

CAN ANYONE PLEASE OFFER THEIR SERVICES TO HELP THE EXSISTING WALKERS. 9AM - 11AM , ON TUESDAY AND/OR FRIDAY OR AS MUCH TIME AS YOU CAN SPEND GIVING WALKIES AND CUDDLES. THANK YOU.

Sensible shoes please. Hats & Water

If you need directions or further information please contact by Facebook <https://www.facebook.com/profile.php?id=100064778914028>

Thank you from the doggies



HELPING THE PERRERA DOGS

Please come and walk the perrera dogs.

We are **DESPERATE** for more walkers. There are so many dogs. The more walkers, the more dogs can get out of their kennels, and for longer. There are only 2 x 2 hour sessions per week.

Walking is on Tuesday and Friday mornings... 9am until 11am.

Photo identification on first visit.

Sorry no one under 18 years of age.

You can help make a difference for the dogs.

PIC-COLLAGES



Welcome to 2024

Happy New Year to residents on sector D. Typically at this time of year we look back at the previous year and look forward to 2024. So here goes.

2023 AGM

The **D group Annual General Meeting** was held on 11th December at the Golf Club. Minutes of the meeting are available on request but a summary of the outcomes are as follows. Carol Tanton-Pike was appointed as Secretary and Alan Fleming, Vice President; The Treasurer presented the positive financial position for the Group with a healthy bank balance, despite the impact on residents from the poor economic climate. Events ran in 2023 proved very successful, so much so that the **Summer Ball** will be repeated. The Gardening Team go from strength to strength with 3 operational teams. A fourth team is being considered to litter pick once a month. **Camposol**



Free Community Sports has again had a successful year with over 100 sports users each week.

The President and committee are to be congratulated on another successful year despite all the obstacles.

Thank you - gracias

The Committee wishes to thank the following people and organisations that made 2023 so successful. So a big thanks to:

Santa and his snowmen family for visiting sector D just before **Christmas**. Thank you.

Mark from CM Construction for sponsoring the concrete plinth for the bin storage area refurbishment on Calle Babinas. Thank you.

Night Hawk Couriers for transporting various items from the UK to sector D. Thank you

All of the hard working volunteers who give their time and effort to make sector D a better place.

Laurie and the events team who run so many quality events. Thank you.

Finally all residents on D who support us financially and through events. Without you D Group could not carry out the improvement works or run events such as the annual Carol Service.

2024 Events

Put the following events and dates in your diary: A **Spanish Night** on 11th April and **Street Party** on 5th July.



Enjoy the Sun's Energy And save money

Are you still thinking about it?

Call now for a free consultation!

654 59 62 47

90% of people are over spending on their solar energy systems.

We will explain all your options.

For good, honest, professional advice, call now and book a site viewing totally free with no obligation.



- ✓ *Slash costs with a VIRTUAL BATTERY*
- ✓ *25 years Guarantee on Solar panels**
- ✓ *We ensure your installation complies with all government regulations*

Best advanced solar technology

We are installers with more than 18 years of experience. Our main purpose is to make your installation in the shortest possible time and with full guarantee.



Very professional company that kept me informed of the procedures from start to finish. Quick and easy installation and instant electrical savings.

S. B.

GO SOLAR

C. Alondra, 4, 04638 Mojácar, Almería
infogosolar.com



<https://www.facebook.com/thebestgosolar>

Information subject to terms and conditions and can be modified at any time.
* 25 years guarantee on solar panels standard TIER 1



CHARITY

FRIENDS OF MAZARRÓN ANIMALS

fma.murcia@gmail.com
+34 711 032 574



www.facebook.com/Friends-of-Mazarrón-Animals-504985486541402/

Everyone at **FMA** hopes you had a fabulous **Christmas** and we'd like to wish you all a very **Happy New Year**.

As we enter 2024 our hope is that the number of animals needing help might diminish but unfortunately the outlook is not good. We have a number of dogs in paid accommodation which are still looking for homes and a number in the Perrera prepared, but with no kennel spaces or fosterers available.

Foster homes are our lifeline and so important in the homing process, getting our dogs and cats ready for their new lives. Please consider being foster parents. Help and assistance is always available and we are

here to answer any questions you may have. By fostering one of our animals, short or long term, means that another dog or cat can be helped and so the cycle continues. It really is such a rewarding thing to do.

Fund Raising:

We have a few dates for your diaries in January which we hope you will enjoy. On Saturday January 13th we have the very popular **All Skas** appearing at Buenavista in El Alamillo. This band always sells out quickly so be sure to reserve your tickets asap.

On Saturday 27th at Camposol Golf Club we have the fabulously entertaining **Bella Luna**. This is another act that sells quickly so

book early! We will also be having our usual **pop up markets** on Camposol and in Isla Plana so keep following our page for information on these activities and any others that may get added.

Finally we would like to thank everyone for their support in 2023 and we hope you will continue to show your kindness and generosity towards us in 2024. Without you we couldn't do what we do. Thank you.

Please contact the team at **FMA** for more information.

Private message our Facebook page at Friends of Mazarrón Animals <https://www.facebook.com/Friends-of-Mazarrón-Animals-504985486541402/>

Events and Reservations **+34 711 036 388** (WhatsApp)
Animal Enquiries **+34 711 032 574** (WhatsApp or Message) Spanish and English

Join our teaming group. Donate just 1€ per month. <https://www.teaming.net/friendsofmazarronanimals>

Donations can be made using Bank Account ES39 3058 0206 9227 2050 7854 (BIC CCRIES2AXXX)

PAYPAL fma.murcia@gmail.com

The Volunteers of FMA present

BELLA LUNA

Saturday January 27th
Camposol Golf Club

Tickets 30 euros payable in advance

Sponsored by

The Volunteers of FMA present

ALL-SKAS

Saturday January 13th
Buenavista Bar/ Restaurant, El Alamillo

Tickets 10 euros payable in advance

Sponsored by

Alex Woods

24H TRANSLATION SERVICES

MEDICAL
LEGAL
DAILY SERVICES

COMPUTER TECHNICIAN HOME SERVICE

SALE & REPAIRS
INSTALLATIONS
TUITION

Transfer of videos to DVD

696 667 182 | alex.woods@hotmail.es

Prime Property Murcia SL

Inmobiliaria – Estate Agents

+34 868 053 149 / +34 666 819 697

www.primepropertymurcia.com
info@primepropertymurcia.com

Avda Antonio Segado del Olmo 2-1, Bolnuevo, 30877 Murcia



CHARITY

MABS Mazarrón

Tel: 634 362 954

mazvolunteers@mabscancerfoundation.com www.mabscancerfoundation.com



MABS Cancer Support Fundación

Providing practical help and support to those that need us most

Happy New Year! ¡Feliz Año Nuevo!

Recent Fundraising

Decklid Auto Services donated 3,260€ from their **Race for Life** sponsorship. A massive thanks to them and all who sponsored.

A huge thank you to **The Mazarrón Bowls Club** who have sadly decided to close, but have donated 2,041.71€ from their funds to **MABS**.

The recent **Sparkle Fayre** at Mariano's raised an awesome 641€, plus a further 223.54€ from the craft stall.

On 23rd November **The Harlequin Rock Choir** raised 157€ at the Condado Club. A big thanks to all who took part.

How you can help Volunteer!

If you can spare a few hours a week we always need volunteers in various roles. From helping in our shop, working on our van, manning reception. Plus we are in desperate need of more 'patient drivers' to drive patients to their appointments.

If you think you can help or would like to find out more call us, email mazvolunteers@mabscancerfoundation.org or call into our Respite Home on



Avenida de Los Covachos 278 on Camposol B2.

Camposol Sector C, The Respite Home, Alley Palais on Sector B and **ASSSA** office at La Pirámide, Pto de Mazarrón.



For more information:

<http://www.mabscancerfoundation.com>

Helpline

The most important bit. With your help we can provide:

- Transport with driver to take patients to and from hospital
- Translators to ensure the diagnosis is fully understood
- Home carers to provide additional care when needed
- Respite and Hospice care in our Respite Home
- Medical equipment on loan to patients
- 1-2-1 counsellors

So, if you need our help please phone our Helpline **620 42 24 10**

Donate

We are always in need of furniture, clothes, bedding, bric-a-brac and books for our Charity shop in Totana in Avenida Juan Carlos I (books are on the bookcases in Alley Palais, Camposol Sector B). If you can help please message **MABS** Charity Shop Totana (Facebook) or phone **634 313 478** to arrange collection. Our drop off points for smaller items are at The Clubhouse on



****DON'T MISS THIS ONE****

***LOS BALCONES EL PARETON * 2pm 4 February 2024**

Guaranteed you
WILL....



**BENIDORM'S VERY OWN
COMEDY HYPNOTIST
&
FULL CABARET SHOW!**



TICKETS: 14€
Los Balcones
Or call 634 456 701

****12.30****
PRE SHOW DINNER
available to order in advance
695 120 902



****Host/DJ
CARL THOMAS**

*A charity fundraiser, cash
only please to save costs.
Thank You*



A Life in

MAGAZINE • PORTAL • WEBTV

SPAIN.COM

Lifestyle magazine and property portal

ISSUE 86
JAN 2024
FREE

inside...

**South
Town**

Granada

**New Towns
In Spain**

Alcudia, Mallorca

FIND YOUR DREAM PROPERTY AT
WWW.ALIFEINSPAIN.COM

 **VNBenny**
PAGE 09

insureSpain
PAGE 20

The Spa Superstore

by Piscinas Escribano

Wellis®

Wellness
at home

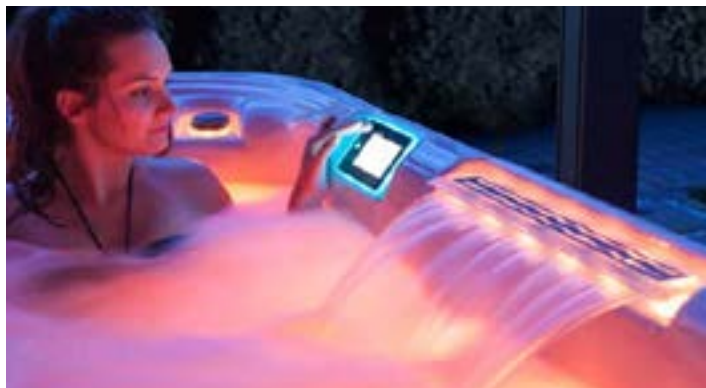
40
YEARS
experience

from
4.995€



965 711 136 · Avda. Cortes Valencianas, 11 · TORREVIEJA · wellis-spain.com

NOW is the perfect time to start to enjoy the benefits that we offer you through Hydrotherapy, recommended not just for fun but also for improving flexibility, arthritis, diabetes, sport injuries, blood pressure and much more. We at "The Spa Superstore" are here to guide you with your new health investment, finding the Spa which is right for you with the best warranties given from the largest Spa and Wellness manufacturer in Europe— WELLIS. As the official distributor for them—we offer **Wellness at Home** throughout Spain with next day delivery on models in stock. At our Showroom with easy access and parking open from 09.30hrs—18.30hrs Monday—Friday and 10.00hrs—13.30hrs Saturdays or by appointment, you can see and try the wide selection of the latest models available or we can come and give you a free home inspection without obligation. We also offer Part Exchange and Technical Service.



We also offer Made to Measure Thermal Covers for your Spa, Free Maintenance Steps, Hand Rails, Cover Lifters, Spa Trays, Towel Rails, Spa Parasols, Cartridge Filters, Spa Sanitizers, Spare Parts and Technical Service on ALL SPAS.

Before you buy—give us a try! info@wellisonline.com

Wellis®

Let's Learn Spanish



8

A Life in SPAIN

Welcome to the January edition of ALIS.

As you can now see, there has been a merger between A Life In Spain and the Costa Calida Chronicle.

The joining of these 2 great magazines not only makes great economic sense, but it adds fantastic magazine content to all the readers. It's also great news to our advertisers who help to make the production of both magazines possible.

This merger does not mean that anyone is leaving or retiring. It just means that we are all working closer together and helping to support each other

Enjoy!

Remember – all of our articles and over 10,000 properties for sale and rent are available online at:

www.alifeinspain.com

ALIS is not responsible for the accuracy or content of any articles published in the magazine or online and professional advice is recommended. ALIS does not endorse any company advert or article herein. We try to make sure the content is accurate but cannot be held responsible for inaccuracy.

T.V. News

14

4 Great Weekend Trips
11

New Towns In Spain

By José Sanchez 06-07

Spain's Events Calendar
04

EMERGENCY TEL. NUMBERS

ALL EMERGENCIES	112
GUARDIA CIVIL	062
POLICIA NACIONAL	091
POLICIA LOCAL	092
FIRE BRIGADE	080
MEDICAL EMERGENCY	061
POLICE (IN ENGLISH)	902 102 112
COASTGUARD	900 202 202
RED CROSS	902 222 292

contact SPAIN :
enquiries@alifeinspain.com
peter.clarke@alifeinspain.com
TEL: 660 170 355
deposito legal: MU 1390-2016

ESTATE AGENTS!! FOR ONLY
List unlimited properties on
www.alifeinspain.com **€50**
Contact ask@alifeinspain.com PER MONTH



Spain's Events Calendar



In Spain, February is another quieter month. However things are starting to hot up a little with the 14th February becoming a more important day with young lovers across the country.

Carnival (Carnaval): Celebrated throughout Spain, Carnival is a lively and colourful festival featuring parades, costumes, music, and dance. The dates can vary, as it is often tied to the Christian calendar and the timing of Easter.

Valentine's Day, celebrated on February 14th, is an annual occasion dedicated to expressing love and affection between romantic partners. Originating from the commemoration of Saint Valentine, a Christian martyr, the day has evolved into a global celebration of love. Typically marked by the exchange of cards, flowers, and gifts, it is an opportunity for couples to express their feelings and strengthen their bonds. While some choose to celebrate with romantic dinners, others may opt for more personalized gestures, making it a day that transcends cultural boundaries and celebrates the universal theme of love in its various forms

Dia de Andalucia: Celebrated on February 28th, this is the regional day for the autonomous community of Andalusia. It commemorates the approval of the Andalusian Statute

in 1980.

Fiesta de la Candelaria: Celebrated on February 2nd, this festival is dedicated to the Virgin of Candelaria and is particularly significant in Tenerife, Canary Islands.

Festival de Jerez: This flamenco festival usually takes place in late February or early March in Jerez de la Frontera. It's a major event for flamenco enthusiasts, featuring performances, workshops, and exhibitions.

Madrid Carnival: Madrid hosts a vibrant carnival celebration with parades, street performances, and parties. The dates can vary, so it's advisable to check the specific year's schedule.

Keep in mind that specific events and dates can change from year to year, so it's recommended to check local event calendars or official tourism websites for the most up-to-date information on events happening in Spain during February 2024.



ANGELS

Andalucian Nursing Care SL

Nursing & Homecare from 1 hr daily

Tailor made Care Packages

Respite/Live - in Care

Rehabilitation/Palliative Care

Hospital Support

Free initial assesment

www.angelsnursingcare.com

info@angelsnursingcare.com

0034 711 08 04 62

0034 711 06 79 59

0034 850 99 38 49

Available
24hrs
a day



Calle Los Arcos 7, QUESADA 03170
Cycle Sales, Repairs, Hires, Accessories & Clothing

e-bike centre

LARGE SELECTION OF E-BIKES IN STOCK
OVER 250 CYCLES IN STOCK
NEW AND USED

The Costa Blanca's No.1 Pinarello Road Bike Hire Centre
www.roadbikehirespain.com

COMPLETE RANGE NOW AVAILABLE

PINARELLO
ROAD BIKES

Opening Hours:

Monday to Friday 09.30 - 17.30 - Saturday 10.00 - 14.00

FOR MORE INFORMATION CALL
GARY OR LYNN on : 637 487 377



FIND US ON
FACEBOOK

WWW.CYCLOGICALCOSTABLANCA.COM

UK:
(0044) 7709 557109



Murcia Camposol:
(0034) 608 061 872

SPECIALISTS IN UK AND SPANISH REMOVALS & STORAGE
Removals at affordable prices with over 20 years combined experience.

**YOU WON'T FIND A BETTER PRICE OFFERING
THE SAME COVER AND INCLUSIONS**

From single items to full loads,
delivered throughout Europe and the UK
Full and part packaging service available.
Storage facilities including free storage period
Goods in transit insurance included in all deliveries



LET US TAKE THE STRESS OUT OF YOUR MOVE.
The price we quote is the price you pay.
CONTACT US FOR NO OBLIGATION QUOTE

lordsremovals@hotmail.com

www.lordsremovals.com

Ask about special UK-Spain discounts.

Trips to and from Spain every week.



**Many Cars
in stock**

AUTOHOUSE LA MANGA



New & Used car sales, we can also source a car to your requirements

Visit our showroom just off the RM12 Exit 7 - Los Belones

Call (+34) 654 013 833

www.autohouselamanga.com

12 new 'most beautiful' towns in Spain

Alcudia, Mallorca

There is nothing better than finding a hidden gem that transports you to 'the real Spain.'

From hilltop pueblos to unreported foodie hotspots, there's still huge parts of this country which have yet to be saturated by hordes of tourists. In a bid to recognise the rural wonder of Spain, the Association of Beautiful Villages was created to celebrate some of the country's most unsung wonders. Each year, 12 pueblos are added to the list.

Situated in the north of Mallorca, Alcudia has a rich history, having been inhabited by the Phoenicians, Greeks and Romans, which all left behind clues of their civilisations, some of which remain on view in the stunning old town.

The town has been praised for its period homes, ancient walls and two huge historic gates at the entrance of the city.

The area where Alcúdia is located has been inhabited since the Bronze Age, but it is with the arrival of the Romans that the city makes its entry in the history books. The Romans used the beaches of Alcúdia bay when they captured the island in 123 B.C. Shortly after this the capital Palma was founded and then the city of Pollentia. From Pollentia it was possible to view both the bay of Pollenca and the bay of Alcúdia. Pollentia served as a guard for other invaders. The city was also mentioned in Rome since they here produced excellent fabrics that were used in the most exclusive togas.

After Rome lost its position as the dominant power in the western Mediterranean, Pollentia was attacked by pirates and several times by the Vandals. Finally, the city was abandoned, and the remaining population left to create a new town at a more protected location. This town became Pollenca and the area where Pollentia stood was left to ruins.

During the rule of the Moors, a farmstead was created very close to where the ancient village of Pollentia had been. The farm was called Alcúdia, which is Arabic for "on the hill". In 1229, the Moors were attacked by the bloody

King James I of Aragon, who occupied the area. In 1298, King James II of Aragon bought the farmstead Alcúdia and founded the new town. A church, a graveyard, a house for priests, and a square were created in the same year. The construction of the walls was also initiated at the same time and finished in 1362.

The city plan that was made at the time remains the same for Alcúdia today. During the Renaissance, walls were reconstructed, and a second wall was constructed outside the first one. This wall has since been torn down and only details show where it once was.

During the 16th century pirates attacked the city several times. The population shrank, and there was from time to time a risk that the city would be abandoned totally. In 1779 a decision was taken to support the city by constructing a harbour. This really improved the economy of Alcúdia and the village was saved. But it remained a rather small and poor village.

Taking place every three years is the Triennial of Sant Crist, a religious procession where the population slowly walks barefoot through the town in silence, for several hours. The origin of this procession dates back to 1507. According to tradition, the image of Sant Crist sweated blood and water, thus putting an end to a drought. Alcúdia is home to UD Alcúdia who play at Els Arcs, which has a capacity of 1,750.

Alcúdia is home to one of Europe's largest hotel complexes, Bellevue. With 8 swimming pools and 17 apartment blocks the complex is set in 150,000 square meters of gardens.



In the 1920s the first tourists began to visit Mallorca and also Alcúdia. This was in a very limited scale and the economy of the village stayed weak. In the early '70s it started to be clear that the future of Alcúdia would be in tourism. 15 years later the old harbour of Puerto de Alcúdia had developed into a major resort for European tourism. In the '90s the construction boom calmed down and several regulations were put in place to secure the quality of the resort. The focus is on visitors searching for both relaxation and activity. A golf course has been constructed and both bicycle and hiking trips are commonplace. The old town has been preserved and pedestrianised. It has now become one of the most visited villages in Majorca.

The old town has a 14th-century wall and it is possible to step up on the wall and follow it almost all around the village. There are remains of a Roman town just outside the medieval town walls, in front of the Church of St. Jaume, belonging to the ancient city of Pollentia (see also the Italian Pollentia). There is also a small Roman theatre. North of the town is a bull ring from the 19th century.

The old town also hosts a market both on Sundays and Tuesdays all year round. Inside the walls there are several popular restaurants and bistros famous for good home-cooked food in small settings. In Port d'Alcúdia most of the restaurants are located around the marina. Most of these restaurants are only open in the tourist season. Further north and west are some coves and

beaches ideal for sunbathing, swimming or snorkelling. The beach at Alcúdia is 14 km long and stretches as far as C'an Picafort. Alcúdia joins onto Playa de Muro which is home to S'Albufera; a natural park that is very popular with birders.

Alcúdia celebrates the festival of St. Jaume every summer. It goes on for nine days at the beginning of July. Before the festival starts the town is decorated and each street picks out a theme for that year's look. During the festival several traditional evening festivities are arranged in the old town such as the Night of the Romans where the streets are full of locals dressed in traditional ancient Roman dresses. There are also outdoor theatres, sport tournaments, exhibitions and the traditional bullfight. The fiesta is finished with La Noche de Sant Jaume, a fireworks display and philharmonic concert by the old walls.

Alcúdia hosts also many other fairs and festivals throughout the year. During the summer, there are plenty of al fresco events, with dramatised tours of the old town, and theatre productions in the old Roman amphitheatre. The Alcúdia Jazz Festival starts at the end of August and runs for a month. International sporting events are held down the road at the port, with an Ironman Triathlon twice a year, beach volleyball and beach rugby... There is an agricultural fair in the Autumn at the beginning of October and a nautical fair in April, which features the cuttlefish.



Bolnuevo.ref. 2058. 2bed 3bath, Semi Detached Villa, 100m2 build, Private Roof Terrace and Communal pool **174,950€**



Puerto de Mazarron. ref. 2056. 2 bed,1 bath, 1st floor apartment, south facing, sea views and communal swimming pool. **124,000€**



Mazarron Country Club. ref. 1988. 3 bed, 2 bath, detached villa, 120m2 build, 400m2 plot, off road parking and private swimming pool **239,000€**

SPAIN idealista.com

Prime Property Murcia
The key to real estate in southern Murcia

kyero.com A Place in Sun

Office: +34 868 053 149
Mobile: +34 666 819 697
Mobile: +34 646 692 471
info@primepropertymurcia.com
www.primerepropertymurcia.com

Please visit our website to find 360° virtual walkthrough tours with interactive floorplans for most of our properties



Mazarron Country Club. ref. 2065. 3 bed, 2 bath, detached villa, 111m2 build, 300m2 plot and private swimming pool **197,000€**



Puerto de Mazarron ref. 2066. Immaculate 3 bed, 2 bath terraced villa, 93m2 build, off road parking and sea views **159,500€**

Let's Learn Spanish

Weather

Phrases

What is the weather like today?

¿Qué tiempo hace hoy?

Kay tea **em**poathehoy

What was the weather like yesterday?

¿Qué tiempo hizo ayer?

Kay tea **em**po eetho eye **air**

When is the weather forecast?

¿Cuándo sale la previsión de tiempo?

Kwan doh sally lah pray viz **eon** day tea **em** po

It's sunny today

Hoy hace sol

Oyatheh **sol**

It rained yesterday

Ayer llovió

Eye **airyoveeoh**

It's not cloudy

No está nublado

No es**stahnoublah** doh

Is it snowing?

¿Está nevando?

Es**stahnevan** doh

It will be cold tomorrow

Mañana hará frío

Manyah nah ah **rafree** oh

Vocab

The forecast

La previsión

Lah pray viz **eon**

The weather

El tiempo

El tea**em**po

It's hot

Hace calor

Atheh**calor**

It's cold

Hace frío

Atheh**free** oh

It's raining

Está lloviendo

Es**stahyoveeendoh**

It's snowing

Está nevando

Es**stahnevan** doh

It's sunny

Hace sol

Atheh**sol**

It's cloudy

Está nublado

Es**stahnoublah** doh

It's windy

Hace viento

Atheh bee **yen** toe

It's foggy

Hace niebla

Atheh knee **ebblah**

It's frosty

Hay escarcha

Eye ess**car** cha

It's stormy

Hace tormenta

Atheh tore **mentah**



Now try our wordsearch:

Esquiar

Trineo

Patinar

Snowboard

Nieve

Hockey

Hielo

Copo

Muneco

Carambano

D J T I C T R I N E O W F H S A
P L K D R A N I T A P D N X E E
E G M E E U R F S N B I H J S E
W M K O E Z I A P X H H L Q G H
E I O L O V U N M O B O U S T W
S H P E P S E H A B L I C G M G
G N O I W J Q I M A A X L K P R
U V C H Y H I E N R W N K T E R
O C E N U M D R A O B W O N S Y
C Y Y Y A P N Z F H E N C P S M



MARKS OFF

CLEANING AND MAINTENANCE

Small family business offering quality of service to all our property owners

Window cleaning

Terrace and apartment cleaning

Key holding

General Property Maintenance

Flat pack assembly

Baby/toddler equipment to hire at affordable rates



Based in **Condado de Alhama**
Tel/whatsapp **655 160 098**
Facebook **MarksOff cleaning & Property Maintenance**
Email **MarksOff@aol.com**



VNBenny.com

WEB & VIDEO
DESIGN

GRAPHIC
DESIGN

ONLINE
MARKETING

info@vnbenny.com



**Fully licenced kennels registered as a zoological nucleus
The best pet care in the whole of Murcia!**

+34 676 394 431
Mountain View
Boarding Kennels
and Cattery.

- Individual care for your pets.
- Pet collection and drop off service.
- Spacious kennels.
- Secure enclosed exercise areas.
- Doggy day care.
- Bathing.
- Daily walks.



Dog obedience classes

From basic training to all types of behaviour

We offer our exclusive 5 star pet villa for holidays



www.mountainviewboardingkennelscattery.services



Villa Care & Rentals / Long & short term Rentals
Holiday Rentals / Pool cleaning



WE REQUIRE ALL TYPES OF PROPERTIES FOR LONG OR SHORT TERM RENTALS

HOLIDAY RENTALS REQUIRED

- Property management
 - Key Holding
 - Pool Cleaning
 - Holiday Rentals
- Long short term rentals
 - Short term rentals



CONTACT US AT

Website: www.mazarronproperty.com

Call **0034 682912097**

Email: info@mazarronproperty.com

Facebook: <https://www.facebook.com/mazarron-property>

For more info
Scan here!



4 Great weekend trips in Spain

Girona and Dali Museum

Part 2



The city of Girona is just 100 km (60 miles) from Barcelona, Girona is filled with medieval architecture. A few miles further away is Figueres, home to the iconic painted Salvador Dali.

As you approach the banks of the Onyar River, you'll see the medieval walled city of Girona ahead.

As you follow your guide along cobblestone streets, don't forget to snap plenty of pictures of the Jewish Quarter, which has been in place since the Middle Ages, the incredible facade of the 11th century Girona Cathedral or the panoramic views over the colourful houses on the Onyar.

Why not drive to Figueres. Once you arrive, prepare to see the breathtaking collection of modern works at the Dali Theatre Museum. As you browse through the countless pieces by Dali, you'll gain insight into his creative genius and cultural influences. End the day with a walk through Figueres, and admire the charming city and take some photos to remember the trip.

History

The first historical inhabitants in the region were Iberians; Girona is the ancient Gerunda, a city of the Ausetani. Later, the Romans built a citadel there, which was given the name of Gerunda. The Visigoths ruled in Girona until it was conquered by the Moors in 715. Finally, Charlemagne reconquered it in 785 and made it one of the fourteen original counties of Catalonia. It was taken temporarily from the Moors, who recaptured it in 793. From this time until the Moors were finally driven out in 1015, the city repeatedly changed hands. It was sacked by the Moors in 827, 842, 845, 935, and 982. Wilfred the Hairy incorporated Girona into the County of Barcelona in 878.

In the 11th century, Alfonso I of Aragon declared Girona a city. The ancient county became a duchy in 1351 when

King Peter III of Aragon gave the title of Duke to his first-born son, John. In 1414, King Ferdinand I in turn gave the title of Prince of Girona to his first-born son, Alfonso. The title is currently carried by Princess Leonor of Asturias, the second since the 16th century to do so.

A lane in the Jewish Quarter. Girona's Jewish community was lost as a result of the Expulsion.

The 12th century saw the Jewish community of Girona flourish, having one of the most important Kabbalistic schools in Europe. The Rabbi of Girona, Moshe ben Nahman Gerondi (better known as Nahmanides or Ramban) was appointed Great Rabbi of Catalonia. The presence of the Jewish community of Girona came to an end in 1492, when the Catholic Monarchs outlawed Judaism throughout Spain and Jews were given the choice of conversion or exile. Today, the Jewish quarter or Call is one of the best preserved in Europe and is a major tourist attraction. Just north of the old city is Montjuïc, or hill of the Jews in medieval Catalan, where the Jewish cemetery was located.

Girona has undergone twenty five sieges and been captured seven times. It was besieged by the French royal armies under Charles de Monchy d'Hocquincourt in 1653, under Bernardin Gigault de Bellefonds in 1684, and twice in 1694 under Anne Jules de Noailles. In May 1809, it was besieged by 35,000 French Napoleonic troops under Vergier, Augereau and St. Cyr, and held out obstinately under the leadership of Alvarez until disease and famine compelled it to capitulate on 12 December. Finally, the French conquered the city in 1809, after seven months of siege. Girona was the centre of the Ter department during the French rule, which lasted from 1809 to 1813. The defensive city walls of the western side were demolished at the end of the 19th century to allow for the expansion of the city, while the walls of the eastern side remained untouched but abandoned.

10 Top Destinations in Southern Spain



GRANADA

Andalusia is an autonomous community that covers most of southern Spain. It has a diverse landscape, with a long Mediterranean coastline and its own mountain chain, and is known to have the hottest average temperatures in Europe. Andalusia is a rough translation of an Arabic word meaning “vandals”, due to the fact that it was raided and claimed by many different cultures and nations because of its prime location. This has created a series of cities and towns with a very multicultural architecture, cuisine, and history. They are home to a celebratory culture full of festivals and flamenco dancing, tapas and sherry. Here is a look at some of the must-see destinations in southern Spain:

This city at the base of the Sierra Nevada Mountains was founded as a Celtic settlement and has been inhabited for over 2500 years. Its breathtaking location near mountains is one of the loveliest in Andalusia. Granada's most famous attraction is the fortress/palace complex known as Alhambra, which was a Moorish palace for the emirs when the city was under Islamic rule. The adjacent Muslim neighborhood and many other cathedrals and castles are also worth the trip while here. Tapas and flamenco lovers will find that both are easy to find and quite excellent.

At the foot of the Sierra Nevada mountains, between the rivers Darro and Genil, lies one of the most interesting cities in eastern Andalusia. As well as its impressive Al-Andalus heritage, there are Renaissance architectural gems and the most modern facilities, fit for the 21st century.

Granada has an unmistakably Moorish flavour, as it was the last city to be reconquered by the Catholic Monarchs in 1492. The gastronomy, craftwork and urban planning are influenced by its glorious past.

Fountains, viewpoints and "Cármenes", houses surrounded by typical gardens of this city, create unforgettable corners in the city. It is no surprise that one of its historic districts, Albaicín, is a World Heritage Site, together with the Alhambra and Generalife. It was an important cultural centre for many centuries, under both Islamic and Christian rulers, and still boasts an admirable array of culture and leisure activities. Film, music or theatre festivals are complemented with permanent or travelling exhibitions on all fields of knowledge. Renaissance palaces are home to seminars, conferences and lectures, while the most innovative infrastructure is ready for larger-scale events.

The main attraction has to be the Alhambra Palace

The splendour of the Nasrid era, The Alhambra is a beautiful complex of buildings and gardens. Its leafy tree-lined walkways provide pleasant shade and coolness, enhanced by the abundance of water that flows in its streams.

It was the largest political and aristocratic centre of the Moslem West. The Palace premises comprise beautiful rectangular courtyards and numerous fountains, as well as the Nasrid buildings that served as living quarters for the monarchs and their servants. The oldest building is the Alcazaba citadel. One of the most important structures is the La Vela tower, which offers one of the loveliest views of the Alhambra. The courtyard of the Lions with its fountains is one of the most beautiful in the compound.

What to visit:

The Alhambra Museum
 The Alhambra
 Granada Science Park Museum
 The Generalife
 Granada Cathedral
 La Cartuja Monastery



PLANE
PARKING SL

P
24hr

LONG AND SHORT TERM PARKING
ALICANTE & MURCIA AIRPORT

Our family-run business open for over 15 years is a professional and secure 24hr Airport Parking company based at Alicante & Murcia Airports, catering for both Short & Long Term clients.

SHORT TERM PARKING & CONTRACTS 1 - 12 MONTHS INCLUDE:

- Meet & Greet service at the airport
- Complimentary external clean on return
- Vehicle is parked in our very secure & insured compound only 2 minutes away from either Alicante or Murcia airport with Full CCTV & Alarm system
- Vehicle can be transferred between sites (small fee applies unless you have a Dual Contract)
- For your peace of mind, on arrival, the damage and kilometres are recorded
- To and from the airport and between sites your vehicle is only driven by insured, experienced and legally contracted Plane Parking drivers

CONTRACTS 1 - 12 MONTHS ALSO INCLUDE:

- Unlimited Pick-ups and Drop-offs
- Dual airport contracts include unlimited transfers between sites (Alicante & Murcia) at no extra cost. Park your car at Alicante and then next fly into Murcia, or vice versa, as many times as you like.

We also provide a complete Car Care Service as we work with a wide range of qualified engineers and mechanics. Services include ITVs, mechanical & body work, valets, tyres and lots more.

12 MONTH MURCIA AIRPORT CONTRACT.....	335€
12 MONTH ALICANTE AIRPORT CONTRACT.....	355€
12 MONTH DUAL AIRPORT CONTRACT.....	455€

Reservations/Enquiries: (0034) 966 840 289
www.planeparking.com info@planeparking.es

Do you need health insurance?

- Accepted for residencia
- No co payments
- No limits
- Policy in English
- Paperwork in English

insureSpain

Get a quote TODAY...

tel: 660 170 355

info@insurespain.com

Rainbow Satellites

“Well here we are in 2024! Writing this in December 2023 the temperature is 28C and we have had almost no rain since winter 2022/3 – the weather really is “mad” but is it a natural “blip” or climate change? I think probably a combination of both but I suspect the next 12 months will confirm that – or not. Rainbow’s garden has not needed winter watering for many years – mostly natural succulents – but this winter a weekly watering has been necessary. For regular readers the animals, the garden and our supported charity – Friends of Mazarrón Animals – are all doing well.”

TV NEWS – Probably a bit controversial to some but we are going to talk about Firesticks and Android type boxes for watching live TV. We at **Rainbow** get daily calls from individuals asking us to sort these devices out for them which we refuse telling them they need to contact the provider which often we are told is now unavailable / contactable. Apart from the technical issues, everyone must be aware that to deal with an unregistered trader in Spain is illegal for both the provider AND the client. If an individual trades (money passing hands) with another unregistered individual then BOTH are at risk of prosecution. This applies to painters, handymen, pet sitters or TV service providers. So before you engage in that “mega deal” from a “Facebook page” or the “market stall” please really consider the legality of the “deal”- this really is not sour grapes but the law of the land. **Rainbow Satellites** and our fair competitors are legal Spanish traders often established for years. Please don’t use illegal traders, ask for business registration papers before you trade.

Unfortunately when that TV device stops working and that trader is not answering the phone number you have we can’t really help as only they know how they’ve programmed the device and APP’s used.

If you use Spanish services: healthcare, roads, schools, etc then they have to be paid for. We and our clients contribute to that – illegal traders do not. This is how they can be much cheaper than legally registered businesses. This also means that there is very little that can be done in the event of any issues you experience with their products or service.

Back to TV – We at **Rainbow Satellites** offer professional and managed TV services – we have been here some 25 years and fully intend to be here the next 25. Try our IPTV (internet TV service) for a week with no obligation – yes, it costs more than the Facebook trader but it works and we will be available on the end of the phone if you do have issues – give us a call.

That’s all the space gone for this month – more TV news in February.

This article is sponsored by **RAINBOW SATELLITES SL** - the company for all your TV needs in the Murcia region of Spain.

Contact us for free friendly advice on any TV issue – call or email or visit our website. You can also find us (and like us!) on Facebook.




rainbow
SATELLITES

For All Your TV Needs

686 358 475

rainbowsats@gmail.com



www.rainbowsats.org

Lex Drew

INTERPRETER

For all your appointments -
Medical, Business, Personal or Legal
Documentation Matters

+34 685 041 628

facebook.com/LexicoAB

lexicoalex@gmail.com



SELLING FEES 2.5%
WITH A MINIMUM FEE

**MORE PROPERTIES
NEEDED URGENTLY**

Our sales success means we urgently
need more properties in & around
Camposol to sell

**Struggling to sell your property?
contact us today!**

Calle Jara,
Camposol B,
30875 Mazarrón
Tel: 968 979 876

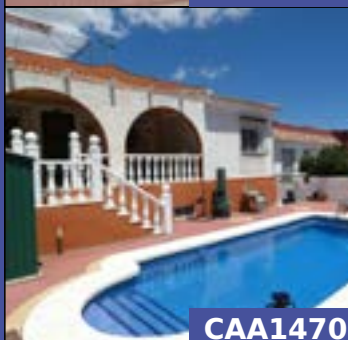
Opening Hours:
Mon-Fri: 9am till 6pm
Sat: 9am till 2pm
Sun: Closed

www.2let2sell2buy.com



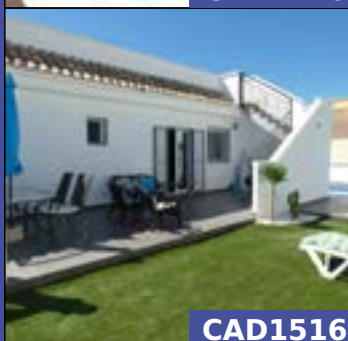
CAD1283

Situated on a quiet residential street on D sector of Camposol, just a short walk to the surrounding countryside. Entrance to the property at street level is via an ornamental metal gate, opening into a small patio area, to the left are marble stairs with decorative balustrade and handrail, leading to the front terrace.



CAA1470

A well-presented Fortuna Style Villa, 2 bed, 3 bath, 431m2plot, gated entrances, raised walls, off-road parking, private 8x4 pool, ceiling fans, dual A.C, self-contained annex, great views. Being sold fully furnished.



CAD1516

A beautifully presented, Reformed Fortuna Deluxe Style Villa, 2 bed, 1 bath, 350m2 plot, gated entrance, off-road parking, private pool 3x7, low maintenance gardens, under build, dual A.C, ceiling fans, roof-top solarium, fantastic views. Being sold fully furnished.

Why Spain! BY

“My contribution to A Life In Spain aims to share my personal experiences in deciding, planning, moving and now living in Spain. My hope is that someone finds it useful, helpful, insightful or helps anyone considering moving to Spain (or another country), the courage to follow that dream.”

Welcome to the Happy (Lecrin) Valley!

Months before arriving in Spain, I became more and more captivated by the Granada province, specifically the Sierra Nevada Mountain range, the villages surrounding it, and, in particular, the Moorish history from the 8th to the 15th century of Granada city, the Lecrin Valley, and the Alpujarra.

The Lecrin Valley is an area of outstanding natural beauty. Agricultural activities underpin the region economically, as has been the case since the 8th Century. It was once the food bowl of the Alhambra. It's mostly about the almonds and olives but also, grapes, pomegranates, oranges, lemons, patatas, and more. It's where the Moors initially retreated to in 1492 after surrendering Granada and effectively ending their 711 years of rule. After the Lecrin Valley, the Moors retreated to the Alpujarra and after that, most were eventually forced to return to Morocco.

You will find lots of quintessentially Spanish villages dotted every couple of kilometers around the Valley. Walking from village to village is a very cool experience. Each village has something slightly different on offer. Some villages are perched high on hills and mountains while others can be found deep in the valleys. There are no traffic lights. No traffic jams. The freeway to Granada and Malaga is excellent.

It's on the cusp of the Sierra Nevada Mountain range, just 25 minutes south of Granada and only thirty minutes to Costa Tropical. A one-hour drive to the Sierra Nevada ski resort, important given my penchant for the snow and skiing. The acequia (irrigation system designed and built during Moorish rule) keeps the valleys and orchards lush and green all year round with its delicious clean, cold Sierra Nevada Mountain water. Mondujar and Talara villages combined are considered the center hub of the Lecrin Valley and are often referred to as Lecrin.

Only two and a bit weeks into my planned Andalucian-wide traveling roadshow to find, buy and establish a guesthouse business I am quickly learning that (a) I've bitten off way more than I am comfortable chewing in terms of traveling and living in a classic camper and (b) the availability, suitability, and affordability of properties appears far more robust from afar on social media and the internet than it does on the ground. A harsh realisation for me and my plans. I have no doubt now that I won't have my guesthouse business up and running this year. At best, I can hope to open around February or March 2024.

I have four nights left in the valley. I love it. I've already met some awesome people. People here are kind, welcoming and helpful. I've only seen one of the eight properties I shortlisted. It's taking much longer to organise property viewings, each of





them with a different agent of course.

I am not ready to leave the Valley on Friday. There's more for me to do and see here.

And suddenly it struck me like a lightning bolt. Why am I so beholden to this plan I conceived on paper from far away? I don't have to leave the Valley on Friday. Even the best well-thought-out plans need to evolve as circumstances on the ground do.

So that's that, we're staying in the Lecrin Valley for the next couple of months or so. Why not. Let's throw the plan out and see what happens. Vex (my dog) and I are done with trying to find joy in traveling and living in Vera, our classic camper. It's not for us. Time to accept this and move on. We need a place we can call home, even if it's only for the short

term. Much respect for all the solo ladies out there who do have the courage, tenacity, and persistence to embrace the challenges inherent to enjoying this kind of lifestyle. Too scary for me. It's also much easier to navigate all the bureaucratic steps necessary when moving countries to have fixed place of residence.

Time to find affordable pet-friendly accommodation in the Lecrin Valley. Establishing my life legally in Spain and here in the beautiful Lecrin Valley, even for the short term, is my next priority. I only have 67 days left to complete my EU Registration in Spain and a host of other bureaucratic requirements.

This decision feels right on all levels.

Onwards and upwards. H

Happy to be staying in the Happy Valley, for now anyway.



Car Registrations Spain

Need to import your UK registered vehicle into Spain?

We are specialists in all aspects of vehicle importation and can provide you with a low cost, professional and quick service

Free Quotation Available

Spain: 711 001 721
info@car-registrations-spain.com

We'll provide you with:

- Spanish Registration Document
- ITV card (similar to UK MOT cert)
- ITV Window Sticker
- Receipt for Import Tax
- Receipt for Road Tax
- New Spanish Registration Plates

UK: 02380 200 706
www.car-registrations-spain.com

3C Care Agency
664 266 991

**Personalised Nursing
Care & Home Care.**

Here when you need us.

We need qualified staff

- Nursing Care
- Home Care
- Home Help
- Cleaning
- Shopping
- Live in Care
- Respite Care
- Emergency Visits
- After Care Plan
- Holiday Care


24 hour Emergency
664 266 991 - Sue Reula

LA CAVERNA


RESTAURANTE BRASERIA

Cave-themed restaurant serving
traditional Spanish food



722300495 

lacavernarp22@gmail.com 

Carretera de la Costera
Los Ventorrillos km.22
30849 Alhama de Murcia 

OPEN

Mon | Tue | Wed
09:00-16:00

Thu | Fri | Sat
09:30-16:00 | 19:00-23:00

Sun
09:30-17:00



Taquilla



Your one stop ticket shop

FOR ALL YOUR ADVENTURES while staying in the area

DAY TRIPS - Such as.... Murcia City inc Water Park & Zoo* / Concerts / Local Attractions / Benidorm (inc water parks*) / Markets / Alicante / Mojacar / Valencia / Algar Waterfalls / Wine Tasting / Estrella Brewery / Guadalest & Polop / Lorca inc Castle tour / Benidorm Palace / Cartagena & Liquor 43 tour / Archena Spa / Cieza Blossoms / Local Fiestas & LOTS MORE....

3 DAY MINI BREAKS - Granada & Alhambra Palace / Toledo / Cordoba / Gibraltar & Benalmadena / Formula 1 Barcelona / Tarragona / Salamanca & La Alberca / Valencia & MORE

DISCOUNTED WATER PARK TICKETS - Murcia & Benidorm Parks*

* during summer season when open

ACTIVITIES - Quad Biking / Rafting / Kayaking / Rifle Shooting / Archery / Karting



www.taquillaticketscondado.com

CALL: 0034 657346445 OR 0034 624993566

AVAILABLE ON WHATSAPP

EMAIL: taquillaticketscondado@gmail.com

Follow us on FACEBOOK

Megarsa

ES/FR 602 10 30 80

EN/ES 643 27 47 35

Email megarsapiscinas@gmail.com

Fb [Megarsa swimming pool specialists](https://www.facebook.com/megarsa.swimming.pool.specialists)

Web megarsapools.com



FREE
no obligation
QUOTE

Megarsa Specialists is a business with over 30 years experience in pool construction. Gradually through the years we have done bathrooms, kitchens, outdoor bbqs etc. Making us a fully qualified and legal company to do all your jobs!

Location
Calle Jara 23, Comercial Center
Sector B, Camposol.

insureSpain

**CAR
ACCIDENT
BUSINESS
TRAVEL
HOUSE
MEDICAL
DENTAL
LIFE**

Part of the group:

EXPAT INSURANCE S.L.

**Service centres
now open in:**

Condado de Alhama
Camposol
Murcia
Fuente Álamo
Mallorca

Call for details



**Special health insurance for
residencia now available**

Get a quote TODAY...

tel: 660 170 355

info@insurespain.com

ENTORNO GRÁFICO

SIGLO XXI, S.L

www.entornograf.com

**OFFSET PRINTING
MULTICOLOR AND DIGITAL**

.BOOKS

.CATALOGUES

.FLYERS

.SCHOOL AGENDAS

.LOCAL NEWSPAPERS

.COMMERCIAL STATIONERY

Polígono Industrial "Marimingo" - 30180 BULLAS (Murcia)
Tfno. y Fax: 968 653 424 - E-mail: entornograf@entornograf.com

www.agendasescolares.net



What's On

What To Do, Where To Go

RED - Entertainment
ORANGE - Special menus
PURPLE - Market, exhibitions, leisure & meetings

GREEN - Charity & non-profit making events
BLACK - Fiestas & important events

Please refer to the relevant advert or editorial for more details of events

Every Day **Murcia Ice Rink Open** (5.15-9.15pm, 12-9.15pm at weekends)
El Tiempo de la Crisálida Exhibition @ Museo Ciudad de Mula
 (Weds-Mon 10am-2pm & Fri/Sat 4.30-7.30pm)

Breakfast @ The Old Market Tavern, Pto de Mazarrón (closed Mon)

Menu del Dia @ The Old Market Tavern, Pto de Mazarrón

14€ inc drink/14.50€ incl btl wine for 2 (closed Mon)

Menu del Dia @ Viggos, Pto de Mazarrón 14€ Mon/Wed/Thur/Fri 15€
 Sat all inc a drink

Menu del Dia @ La Herradura Argentinian Grill, Cartagena 17.90€/11€ under 12's (Tues-Fri)



Mon **Market** @ Alhama, San Pedro del Pinatar, Caravaca & Huerca Overa
Camposol Free Community Sports Walking Football Training @ D7 9.30am
Camposol Free Community Sports Walking Football Game @ D7 10am

Friends of Mazarrón Animals Collection @ Camposol B Car Park
 10.30am-11am

Andrea's Animal Rescue Collection @ Camposol B Car Park 11.30am-1.30pm



Tues **Market** @ Alhama, La Union, Los Alcazares, Bullas, Jumilla, Los Gallardos
Los Bandidos Cycle Ride from Mojácar Playa Tourist Office 9.25am
Camposol Free Community Sports Cards/Games/Dominoes @ Camposol A 1pm
San Javier Squalos Rugby @ San Javier (12-18 yrs 7.30pm/Men 8.30pm/Women 10pm)

Helping the Perrera Dogs Volunteering @ The Perrera
 (between Camposol & Mazarrón) 9am

FAST Responder Training @ The Social Centre, Camposol B 10am-12pm

GoMad available for collections @ Camposol A Car Park 10.30am-12pm



Wed **Market** @ Totana, Cartagena, San Javier, Santiago de Ribera, Cehegín, Yecla, Mojácar

Los Bandidos Run/Walk/Jog from Best Indalo Hotel, Mojácar Playa 8.55am

Camposol C Gardening Group Clean Up 9am/D Gardening Team Work 9am

Camposol Free Community Sports Table Tennis @ Mazarrón Pavilion 10am

Los Bandidos Sea Swimming Club @ Boracay Beach, Garrucha 1.15pm

Camposol Free Community Sports Walking Netball @ Condado de Alhama 4pm

Women's Choir Rehearsals @ Mojácar 8pm



viggos
 restaurante - alcazara
 Freiduría
 Tel: 968 154 544

Beautiful location overlooking the New Marina
 Paseo de la Sal Bloque I Local I
 Puerto de Mazarrón

Opening Hours
 Sun Mon Wed Thurs until 11pm
 Fri & Sat until 1:30pm

www.restauranteviggos.es

Market Tavern
 The Old Tavern

Calle Sierra del Carche 6, 30864
 Puerto de Mazarrón, Murcia
 Near the Centro Salud
 Tel: 968 154 330

Opening Hours
 Monday- CLOSED
 Tue-Fri 10am - 4pm & 6pm - 9pm
 Sat- 10am - 4pm
 Sun- 10am - 8pm

- Fish & Chips 3 courses
 (no drink) 14€p.p
 - Menu del Dia 3 courses
 + drink 14€p.p
 With bottle of wine between two
 14,50€p.p



Pilarmonics Rehearsals @ Centro Civico, Dolores de Pacheco 6.45pm

Thurs Market @ San Javier, Lo Pagan, Lorca
Los Bandidos Cycle Ride from Mojácar Playa Tourist Office 9.25am
Camposol Free Community Sports Walking Football Training @
 D7 9.30am
Camposol Free Community Sports Walking Football Game @ D7 10am
Guided Tour of Lorca Castle in English 4€ 10.30am
Los Amigos de Mazarrón FC Meeting @ Camposol A 4pm
Free Memory Workshop @ Centro de Usos Multiples, Mojácar Pueblo 5pm
 (over 60` s)
San Javier Squalos Rugby @ San Javier (6-10 years 6pm/12-18 years
 7.30pm/Mens 8.30pm/Women 10pm)

Spangles Ladies A Capella Chorus Rehearsals @
 Centro Municipal las Claras, Los Narejos 10.30am

Friends of Mazarrón Animals available for donations @ Pto de Mazarrón 10-10.30am
Mazarrón AA Group Meeting @ Cañadas de Gallego 5.30pm
 (call first 646 290 420)

Fri Market @ El Pareton, Calasparra, Garrucha, Puerto Lumbreras
Camposol D Bucket Collection @ The Hut, 9.30am-12pm
Camposol Free Community Sports Walking Football @ D7 10.15am
Camposol Free Community Sports Petanque @ D26 1pm

Fish & Chips @ Viggos, Pto de Mazarrón

Helping the Perrera Dogs Volunteering @ The Perrera
 (between Camposol & Mazarrón) 9am
FAST Desk @ Camposol B 10.30am-12.30pm
Friends of Mazarrón Animals Collection @ Isla Plana Social Centre
 1-1.30pm

Sat Market @ Fuente Alamo, Mazarrón, Los Narejos, Torre Pacheco,
 Moratalla, Mula, Aguilas, Vera
Los Bandidos Run/Walk/Jog from Best Indalo Hotel, Mojácar Playa 8.55am
Camposol Free Community Sports Walking Netball @
 Condado de Alhama 10am
Eco Park 'Coto de las Maravillas' open @ Cehegín 10am-5pm
Antique & Collectable Market @ Aguilas 10am
San Javier Squalos Rugby @ San Javier (6-10 yrs 10am)
Guided Visit @ La Bastida, Totana 10am/12pm from 2.50€
 (book at Tourist Office)
Guided Visit Museum of the Tower of Santiago @ Totana 10am 2€
 (children free)
Archaeological See of Begastri @ Cehegín 10am-2pm
Mass in English @ St Joseph's Roman Catholic Church, El Saladillo 4.30pm

Harlequin Rock Choir Rehearsals @ The Social Centre, Camposol B 1.30pm

Sun Market @ Cabo de Palos
Antique and Second Hand Market @ Cañadas del Romero 8am-1pm
Dog Club Meeting @ Bolnuevo Beach 9am




Car Boot Sale @ Camposol A
Rastro Market @ Mojácar Pueblo
Los Bandidos Cycle Ride from Mojácar Playa Tourist Office 9.25am
Eco Park 'Coto de las Maravillas' open @ Cehegín 10am-5pm
Guided Visit @ La Bastida, Totana 10am/12pm from 2.50€
 (book at Tourist Office)
Archaeological See of Begastri @ Cehegín 10am-2pm
Free Guided Tour of Murcia City 11am
Open Door Worship Service @ Los Almagros 11am
Wellspring Victory Church Service @ Camposol B 11am

Sunday Lunch @ The Old Market Tavern, Pto de Mazarrón

JANUARY

2nd Monthly 'B' Clean Meeting @ Camposol B 4pm

Royal Household of The Three Kings visit various districts in Lorca from 10am. More info at Tourist Info Office (until 4th)
Music/Fireworks over River Segura @ Murcia City 7pm

3rd Childrens Theatre @ Plaza de España, Lorca 5.30pm
Music/Fireworks over River Segura @ Murcia City 7pm

4th Face Painting for Children @ Alhama (various places/times – check with Tourist Info)
Children's Workshop @ Caravaca 11am
Painting/Games for Children @ Aguilas 5-9pm

Christmas Jazz @ Murcia City 8.15pm

5th Children's Games with Snowmen/Snowballs @ Los Alcazares 12pm

Three Kings meet and greet children @ Plaza de España, Lorca/Plaza del Belluga, Murcia 12pm
Three Kings Parade @ Mazarrón/Pto de Mazarrón 4.30pm
Three Kings Parade @ Balsicas/Murcia City/Los Alcazares/Jumilla 5pm
Three Kings Parade @ Santiago de Ribera 5.30pm to San Javier
Three Kings Parade @ Lorca, Caravaca and Torre Pacheco 6pm
Three Kings Parade @ Roldan, El Jimenado, Cartagena 6.30pm
Three Kings Parade @ Aguilas/Alhama 7pm
Three Kings Parade @ Dolores de Pacheco 8.30pm
Three Kings Party @ Balsicas 11.30pm

6th Three Kings Day Cycle Ride @ Plaza de España, Aguilas 10.30am
Three Kings Day Party @ Roldan 3.30pm/Balsicas 4.30pm
DJ Cano @ Plaza de España, Lorca 6pm
Concert @ La Glorieta Market, Murcia City 9.30pm

7th Artisan Market @ Bullas 9am-2pm & Santiago de la Ribera 10am-2pm
St Nicholas Church Songs of Praise @ Camposol D20 11am
Mazarrón FC v Calasparra (Away)

9th Paws y Patas Book Sale @ Mojácar Playa 10.30am-1pm

10th St Nicholas Church Community Coffee Morning @ Camposol D20 9.30am-12.30pm

13th Friends of Mazarrón Animals 'All Skas' @ Pto de Mazarrón

14th Artisan Market @ Mula & Santiago de la Ribera 10am-2pm
St Nicholas Church Holy Communion @ Camposol D20 11am
Mazarrón FC v Algezares (Home)

15th Mini Market @ La Zona Bar, Los Narejos 10am-1pm

17th SWARM Walk – Isla Plana



- 18th** Caravan/Motorhome/Camping Exhibition @ **IFEPA**, Torre Pacheco 10.30am-8pm
- 19th** Caravan/Motorhome/Camping Exhibition @ **IFEPA**, Torre Pacheco 10.30am-8.30pm
- 20th** Artisan Market @ Paseo de las Comunidades, Pto de Mazarrón 10am-2pm
WARM Walk – Cehegín
 Caravan/Motorhome/Camping Exhibition @ **IFEPA**, Torre Pacheco 10.30am-8.30pm
- PAWS-PATAS Variety Show @** Los Gallardos 7.30pm
- 21st** Artisan Market @ Caravaca & Santuario de la Esperanza, Calasparra 10am-6pm
St Nicholas Church Morning Prayer @ Camposol D20 11am
Mazarrón FC v Churra (Away)
- 24th** St Nicholas Church **Community Coffee Morning @** Camposol D20 9.30am-12.30pm
- 25th** Cloud Nine Drama **“Jack & The Beanstalk” @** La Molata Social Centre 7€ 7pm
Fuente Old Guards Golf Society Competition
- Country & Western Night @** Camposol A
- 26th** Cloud Nine Drama **“Jack & The Beanstalk” @** La Molata Social Centre 7€ 7pm
- 27th** **WARM Walk – Los Grandicos**
 Cloud Nine Drama **“Jack & The Beanstalk” @** La Molata Social Centre 7€ 7pm
- Friends of Mazarrón Animals ‘Bella Luna’ @** Camposol C
- 28th** Artisan Market @ Cehegín
15km Cross Country Run/11km Hike – starts at Bolnuevo 10am/10.15am 20€
St Nicholas Church Holy Communion @ Camposol D20 11am
Mazarrón FC v El Raal (Home)
 Cloud Nine Drama **“Jack & The Beanstalk” @** La Molata Social Centre 7€ 3pm
- 31st** **Forget me not Fundraiser Quiz @** The Diner



Tourist offices details:

Aguilas
www.aguilas.org
 Tel **968 493 285**

Alhama de Murcia
<https://turismo.alhamademurcia.es>
 Tel **968 633 512**

Bullas
<https://bullas.es>
 Tel **968 652 244**

Calasparra
<https://www.turismocalasparra.es>
 Tel **968 745 325**

Caravaca
www.turismocaravaca.org
 Tel **968 702 424**

Cartagena Tourist office
https://turismo.cartagena.es/oficinas_turismo.asp?idioma=2
 Tel **968 128 800**

Cehegín
<https://turismocehegin.es>
 Tel **968 723 550**

Calasparra
www.jumilla.org
 Tel **968 780 237**

Lorca
<https://lorcaturismo.es>
 Tel **968 441 914**

Mazarrón
www.mazarron.es
 Tel **968 594 426**

Mojácar
<https://www.mojacar.es>

Tel **950 615 025**

San Javier
www.murciaturistica.es/en/san_javier/
 Tel **968 172 041**

San Pedro del Pinatar
<https://www.sanpedrodelpinatar.es/turismo/>
 Tel **968 182 301**

Totana
<https://www.totana.es>
 Tel **968 418 153**

Turre
<https://www.mojacar.es>
 Tel **950 615 025**

Torre Pacheco
 Tel **968 57 99 37**
<https://www.torrepacheco.es>



Food and Drink Recipes



Comforting Food Recipes For January

Chickpea & Roasted Parsnip Curry

4 large parsnips, cut into batons (about 500g)
 2 tbsp vegetable oil or sunflower oil
 2 tsp cumin seeds
 1 onion, chopped
 Bunch coriander, leaves picked and stalks very finely chopped
 3 tbsp curry paste (we used balti)
 2 x 400g cans chickpeas, drained
 400ml coconut milk
 2 limes, 1 juiced and 1 cut into wedges
 Yogurt, rice or naan bread, to serve

Heat oven to 200C/180C fan/gas 6. Put the parsnips in a roasting tin and toss with half the oil, cumin seeds and seasoning. Roast for 25-30 mins until softened.



Heat the remaining oil in a pan. Cook the onion and coriander stalks for 15 mins, or until really soft and caramelising. Stir in the curry paste and cook for 1 min, then add the chickpeas and coconut milk. Simmer for 10 mins until the sauce reduces and clings to the chickpeas. Add the lime juice and season again to taste, if necessary.

Top with the parsnips, coriander leaves and lime wedges and serve with yogurt, rice or naan bread.

Smoked Haddock & Artichoke Gratin

800g artichoke
 Squeeze lemon juice
 25g unsalted butter, plus extra for dotting
 5 shallots, finely sliced
 2 bay leaves

1 large thyme sprig, leaves picked
 250ml double cream
 350g smoked haddock, skinned and cut into 2cm cubes
 25g white breadcrumbs

Peel the artichokes carefully with a sharp knife or peeler, cut them into 2cm chunks, then place into a bowl of cold water with the lemon juice to prevent discolouring.

Place a large saucepan over a medium heat and add the butter. When it begins to sizzle, add the shallots and a pinch of salt. Stir the shallots to coat them with the butter and cook for 5 mins until they begin to soften. Add the bay and thyme leaves and drained artichokes, then stir to mix them all together.



Add 200ml water to the pan, bring the mixture to a simmer, then reduce the heat and cover so that the artichokes cook gently for about 10-12 mins. When they are beginning to soften, add the cream, bring to a simmer again and cook until the sauce is reduced slightly and the artichokes are tender. Season the mixture with a little pepper, then remove from the heat and discard the bay leaves. At this point, you can chill the mixture, and finish the dish when you are ready. It will keep happily in the fridge for a few hours.

Heat oven to 200C/180C fan/gas 6. Place the smoked haddock cubes in a gratin dish big enough to hold them in a single layer. Pour over the artichokes and sauce, spreading the mixture out evenly. Top with breadcrumbs and a few small dots of butter. Place the gratin dish on a baking sheet and bake for 30 mins, until the top is

golden brown and bubbling.



Cauliflower Soup

1 large cauliflower (1.5kg), cut into florets
 ½ tbsp ground cumin
 2 tbsp olive oil, plus extra for drizzling
 4 thyme sprigs
 1 onion, finely chopped
 1 celery stick, finely chopped
 1 garlic clove, crushed
 750-850ml veg or chicken stock
 100ml single cream
 ½ small bunch of parsley, finely chopped

Heat the oven to 220C/200C fan/gas 7. Toss the cauliflower florets in a roasting tin with 1 tbsp olive oil, cumin and thyme. Roast for 15 mins or until golden and tender. Discard the thyme.

Heat the remaining oil in a saucepan with the onion and celery and fry over a medium heat for 10 mins or until softened. Add the garlic and cook for 1 min. Stir through most of the cauliflower, reserving some to top the soup with later. Add 750ml of the stock to the pan and bring to a simmer. Cook for 10 mins.

Blitz the soup until smooth using a hand blender or food processor. Stir through the cream and season to taste. Add extra stock if you like your soup a little thinner. Ladle into bowls and top with the parsley, reserved cauliflower and an extra drizzle of olive oil.



CHARITY

Samaritans in Spain



Samaritans in Spain



www.samaritansinspain.com



Happy 2024. We hope that this will be a great year for everyone. However, please remember that if you are struggling and wish to talk to somebody a **Samaritans in Spain** Listener is available from 10am – 10pm, every day of the year. Our listeners are all fully trained volunteers who are there to listen to you in your time of need. **Samaritans in Spain** is a listening **charity** for any English speaker regardless of their nationality. Please do not hesitate to call our fully confidential **FREEPHONE** number **900 525 100**.



26th November saw us holding our **Christmas Fayre** at the shop in Punta Prima. The day was a huge success, raising €1060. A huge thank you to all our loyal customers and to all the volunteers that made this day possible.

At the **Fayre**, the Levante Veterans and Friends Association presented our Vice President, Les Holloway, with a donation of €500 which was raised during a collection at the recent **Remembrance Service** in Mil Palmeras. The photograph shows a Certificate of Appreciation being presented by Les to members of the Association.

November was the second busiest month of 2023 for our Listeners, taking over 230 calls during the calendar month, an increase on last year of over 20 calls. We would like to take this opportunity to thank all our Listeners and all our shop volunteers, as without you all the work we do and the people we help just would not be possible.

Are you able to help Samaritans in Spain to help

others?

If you would like to hold an event for us, then please do not hesitate to contact our President on president.spainsams@gmail.com

If you would like to donate to us, you can do so on PayPal – our PayPal account is [paypal@samaritansinspain.com](https://www.paypal.com/smaritansinspain)

If you are a business owner and you feel that you would be able to sponsor us in any way, then please contact our Treasurer on treasurer.spainsams@gmail.com

Follow us on Facebook or visit our website for further information about our Organisation and how you can support us.

Samaritans in Spain

If you would like to join us as a volunteer, as either a Listener, a shop volunteer or as a Trustee then please do not hesitate to contact our Secretary on listenerdelivery.spainsams@gmail.com for more information check out our website www.samaritansinspain.com/



Amapola Restaurant

ST VALENTINE'S MENU ON THE 16TH FEBRUARY

A superb five course dinner

Red, Rose & White wine
Music & Dance

Dinner & Dancing: 45€ per person
With Bed & Breakfast: 170€ per couple

AVAILABLE FOR EVENTS

PARTIES, BALLS, WEDDINGS

Good food and friendly staff together with a lovely ambience ensuring a perfect dining experience.

BOOK NOW: ☎ 631 414 626 (WhatsApp) ☎ 968 156 503

✉ reservas@hotelplayasoLes

LOUD NINE DRAMA PRESENTS

JACK AND THE BEANSTALK

"A Giant of a Panto"

Only 7€ per ticket

Performance Dates and Times
Even Thursday 25th January
Even Friday 26th January
Even Saturday 27th January
Even Sunday 28th January
To reserve tickets for collection email c9dramas@gmail.com

Venue La Molata Social Centre
(Take the turn off signed Venta Aledo off the RM23 and follow signs for LA Molata)





SPORTS & LEISURE SECTION



SPORTS

Fuente Old Guard Golf Society

Email: info@fuenteoldguardgolf society.com

Our game for November was on the 30th and was a return trip to Altorreal Golf in Murcia which was still in good condition although very wet underfoot in some places. It was as if the sprinklers had been left on all night and the effect on ball distances was remarkable.

That is our excuse anyway for some of the very low scores achieved by even some of the best players, but not so for **IAN BETHAL** coming with 34 points to win overall and top division one just ahead of **MICK DALY** with 29 points. In division two **PHIL LEEMING** was ahead of the



Ian and Richard with captain Malcolm Archibald

rest with 32 points with **PAUL LIVINGSTONE** in second place with 28 points. In division three **LAURENCE WILLEY** took the top prize on countback with 29 points closely followed by **DES LOCKE** also with 29 points.

All of the prizes were sponsored by our new vice captain **RICHARD DIXON** celebrating his 78th birthday who had a great day and won nothing.

Nearest the pin winners were **ANDY, PAUL, STUART** and **BRIAN** who also won the 40€ twos pot.

Our next game is to Condado de Alhama on January 25th.

If you wish to know more about **FOGGS** please contact us by email

DAVE MAY

SPORTS

Drone Seekers International

<https://www.facebook.com/groups/1980281998867305>



26th November took us to **Mazarrón Mines** and whilst the **Mines** have been flown at before, it is a popular place to fly as it has nice open spaces with amazing views and buildings to fly around and through!

8 flyers and a dog sitter were joined by 2 UK visitors, Caroline and Steve. Caroline builds & fly's her own Drones. This is a link to her channel: https://www.youtube.com/watch?v=A3gM_F1bOc

Steve hosts the **DSI** Sunday night YT show. A spectator for most of the morning, Bo from Germany emerged from his camper van and loved the Drones. He didn't realise their capabilities or speed and was in awe of the flyers to keep them in the air. The weather was with us all the way with sunshine and hardly any wind. Following a good morning flying, Harvey took us to one of his 'Coffee and Tostada'



bike stop offs for lunch where paella, burger, seafood platter, ribs, chicken and beef were all sampled - the tortilla and alioli were especially tasty. Brasas Milán Magaña is where to go.

29th November flying day was at the **Black Caves** in Fortuna. Not an easy place to find, but a car park and picnic with a BBQ area are there to use. This day was the **DSI** Spain's **Christmas** picnic and as usual we had Terry on catering duties with Rick on mulled wine, mince pies and custard supplier.

We had some **Christmas songs** to make it feel **Christmassy**, whilst Linda provided the **Christmas**

headgear for the obligatory photo. The caves are set into the rock overlooking the flat lands around Fortuna and the views from there are stunning.

After the mornings flying we set the picnic area up to eat. We had bacon & tomato



rolls and to follow the mince pies. Caroline was still with us on this fly day so in the mix of our **Christmas songs**, Sweet Caroline was played and we all did the usual arm waving thing. Another great day to end the year. See **Drone Seekers International** Facebook page for details and links to videos from around the world. Here's the link: [https://www.youtube.com/@DroneSeekersInternational-](https://www.youtube.com/@DroneSeekersInternational)



SPORTS

Straight Down the Middle Golf Society

sdtmsec@gmail.com



Straight Down the Middle Golf Society set off equipped with blow up rubber rings, armbands and even the odd blow up flamingo for our November competition at La Serena, all of which were needed at some stage in the hours ahead. Mostly to enable ball retrieval from the plethora of water hazards, what the others were used for I will leave to your imagination.

However, we had a great days golf. The course was in great condition with the greens providing plenty of extra strokes due to the glass like tendencies and our thanks must go to all the staff at La Serena for making our visit so enjoyable.

In December we held our year end competition at Marina Golf in M o j á c a r followed by our prize-g i v i n g dinner, a day that is always e n j o y e d by all who attend.

Results:



Roy Alderslde Winner Section B

Section A Winner: Ian Stewart
Runner Up: Ian Frost (on count back)

Section B Winner: R o y Alderslde
Runner Up: Gary Greenfield (on count back)



Ian Stewart Winner Section A

SPORTS

www.sailingmarmenor.com

SAMM
Sailing Association Mar Menor



sammracing@yahoo.co.uk

Final Day Disaster

The **SAMM (Sailing Association Mar Menor)** autumn 2023 racing season has been the worst on record for cancellations. Out of the planned 26 races only 9 actually went ahead, the remainder having to be cancelled for a variety of reasons.

Boat	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Points	Rank	Drop	Drop	Drop
Cuatro	3	4	0.75	0.75	3	0.75	2	0.75	0.75	5.75	1		3	4
Dos	5	6	3	2	0.75	3	3	2	2	12.75	2		5	6
Ginetta	4	2	12	12	5	4	4	3	3	20	3		12	12
Tres	0.75	0.75	4	4	2	12	12	12	12	23.5	4		12	12
Radial Down	2	3	5	3	12	12	12	12	12	37	5		12	12
Vision	12	12	12	12	12	2	0.75	5	12	43.75	6		12	12
Sireoca	7	12	12	12	12	5	5	12	12	53	7		12	12
Uno	12	12	2	5	12	12	12	12	12	55	8		12	12

December 3rd was a disaster because all the access roads in Los Narejos were closed to traffic for a cycle race and many of the organisers and competitors were unable to reach the **SAMM** base at CTD, some after driving for 80 kilometers. There appears to have been no prior notification and even the CTD management seemed not to have known as they had given the OK for the racing to go ahead. Of the nine races, the worst three results for each boat were discarded and although many of the individual races were very closely fought, the outright seasons winner had a big lead over the other boats.

just 5.75 points on the low score system. A fantastic performance by all the crews. The second place boat, **Shoestring Dos**, a Laser 2000, mainly sailed by the same crew, was 7 points behind but still did extremely well with one first, three second and two third places. The full results were as per the table. A score of 12 indicates that a boat didn't race.

We all hope for a better 2024 racing season.

For full information on **SAMM** and it's boat share groups visit www.sailingmarmenor.com



Then, to cap it all, the final day,

Cuatro, a Gamba dinghy of the Shoestring Group and sailed by a number of different crews, scored five firsts and a second in the six counting races to finish, with

Costa Cálida Chronicle
Contact Sales on **619 199 407**
Web: www.costacalidachronicle.com
Email: costacalidachronicle@gmail.com
Remember deadline 15th of the month!!!



SPORTS

Camposol Golf Association



Email: bettyloyd1560@hotmail.com

Willetts

Camposol Golf Association Men's Wednesday Group

Wednesday 29th November

24 **C.G.A.** Players took to the course in chilly conditions. The format was 3 Stableford scores to count off yellow tees.

Results:

- 1st A. Rae, D. Deegan, J. Layland and E. Toye 117 points
- 2nd D. Watts, R. Lawrenson, D. Bunn and T. Andrew 115
- 3rd K. Halliwell, B. McClusky, D. Jones 110

There was only one 2 A. Rae Thanks to Derek and Alastair for the presentation

C.G.A. Christmas Competition 13th December

The **C.G.A.** played its **Christmas** Competition. The weather was overcast but conditions were perfect for scoring. A few players wore their **Christmas** sweaters which looked very smart. After the competition, it was down to Trevi Bar for an enjoyable **Christmas Buffet Lunch** organised by John Layland with Eugene organising the golf as usual, resulting in a fantastic day which was enjoyed by all. Thanks to Sue and her staff at Trevi.

Results:

- 1st H. Pearson 40 points.
- 2nd P. Coulstock 38
- 3rd D. Jones 37
- 4th E. Toye 35
- 5th T. Andrew 35
- 6th K. Halliwell 34

Thanks to D. Freer, R. Lawrenson & J. Layland for checking the results and raffle prizes.

Eugene Toye C.G.A.



Competition Secretary

service and hospitality

The C.G.A. Ladies Tuesday Group

On the 12th December the Lady Golfers held their **Christmas** competition. It was a sunny and warm day, the game was a Texas Scramble. Many thanks to our sponsors, **The C.G.A.**, The Golf Club, **The Salon, Quicksave Supermarket**, Maura Parsons, Bernie & Irene and Steve & Chris Parsons.

The winning team with a great score of 66.85 was Debbie Murray, Sue Brew, Vron Porter and Maura Parsons. This team scored a 3 on the 17th, a terrific feat not often achieved!!

Afterwards, we had a truly fantastic **Christmas Dinner** at Black Bull and sincerely thank Aaron and Michelle for their

Camposol Golf Association Christmas Dinner Dance

This was held at Spice Villa with Piccolo's Mediterranean Menu, the food and service were excellent and thoroughly enjoyed by the 88 people who attended. Carla was in great voice entertaining us and keeping the dance floor busy. It was a super night with great vibes and not one complaint!!

Club de Golf Champions

Martyn Lewis is the 2023 Men's Club Champion with an overall score of 78 points.

The 2023 Ladies Club Champion is Pam Andrew with a score of 60 points.

Betty Roberts



SPORTS

Los Amigos de Mazarrón FC

www.fb.me/Mazarrón2016
www.mazarronfc.es/introgen


Mazarrón continue to show good form in the league and stand 5 points ahead of the second placed team in the league and 9 points ahead of the third and fourth placed teams, only having dropped four points since the start of the season, all of them away from home with the latest coming at Pinatarense when they drew 1-1. This is the best start to a season that I can remember for many years and maybe the best start in all the 20 years I have been supporting the Club. There is a long way to go in the season, but provided the squad remain injury free and free from too many bookings, I am optimistic they can gain promotion back to the third tier of Spanish football where the Club belong in my opinion.

It appears that the change in manager after the resignation of Juan Andreo to their credit has not affected the players at all with the new manager Roberto Carlos Lucas (aka Keny) settling into his role with a good deal of credit. This seems to have quietened any grumbles amongst supporters about the reason behind the change of manager for the present.

The Club's home games are normally played on Sunday's, with varying kick-off times. However these times are not normally known until the Tuesday before the day of the game. Full details of all games, date and kick-off times are advertised in the local media and on our own **Los Amigos de Mazarrón FC** face book page (fb.me/mazarron2016) and will be shown on posters at various points throughout Camposol and Mazarrón, if these are available.

Forthcoming fixtures for January and early February 2024 are:

7 th	January Away Calasparra
14 th	January Home Algezares
21 st	January Away Churra
28 th	January Home El Raal



4th February Away Minerva

Match day admission prices at home games are: 10€ for adults and 5€ for juveniles, with under 12's free at present.

The Los Amigos bar at the ground will be open an hour before each home game and at half time for the sale of tea, coffee and soft drinks and some snacks. Please keep using it, because unless it continues to be used, the Committee will consider closing it. I should also remind you that no alcohol is allowed at the ground at present.

It would be good to see more people using the coach to support the team at away matches. They deserve more support away from home because of the way they are playing at the moment. The charge for the coach to an away game is 12€ for members and 15€ for non members and on some visits we will be hoping to fill the match day by arranging a pre-match meal before the game. These occasions will be advertised beforehand on our Facebook page and at the Los

Amigos weekly meetings.

These weekly meetings are held each Thursday at 4pm at Mariano's, Camposol A. Member's business meetings are held on the last Thursday of each month, also at Mariano's, which only members are allowed to attend.

Please contact: bill.camposol@gmail.com for more information.

ADVERTISE
HERE!



IF YOU ARE READING THIS
SO ARE THOUSANDS OF YOUR
POTENTIAL CUSTOMERS!

CONTACT SALES - 619 199 407

Email: costacalidachronicle@gmail.com
yourspanishlife.com



GROUPS

Los Bandidos

Email: ironmankev08@gmail.com



Los Bandidos runners travelled further afield recently to participate in the **Benidorm Half Marathon** and 10k on Saturday 25th November and the **Lorca Half Marathon** and 10k on Sunday 26th November. Reports from Benidorm say it was a very well organized event with a great goody bag, which included chocolate! In Lorca Jan and Paul won trophies and a box of vegetables!

Los Bandidos results (position, name, times and age group prizes)

Benidorm

Half Marathon

Winner: 1:08:53

2260 Finishers

1291 David Looker 2:00:06

10k

Winner: 30:15

2384 Finishers

2022 John Davidge 1:30:18

2024 Lesley Davidge 1:30:19

Full results: <https://www.chiplevante.com/es/prueba/media-maraton-y-10k-de-benidorm-673-2023>

Lorca

Half Marathon

Winner: 1:06:30

233 Finishers



116 David Jones 1:38:28

10k

Winner: 30:43

290 Finishers

152 Paul Darcy 48:00

(3rd M60M)

154 Jan Murton 48:01

(1st M60F)

198 Patrica Mulcahy 51:24

233 Jackie Darcy 53:21

Full results: <https://www.alcanzatumeta.es/xxxv-medio-maraton-ciudad-de-lorca-y-xiii-carrera-saludable/>

Los Bandidos was set up in June 2018 with a small group running the 5k Mojácar Paseo and now has **road cycling, sea swimming and triathlon groups**. All ages, nationalities and speeds are welcome, whether permanent residents or holiday makers. **Los Bandidos** are keen to integrate and support the local community and were recently collecting donations, toys, books and games for the **Red Cross Christmas** Toy Appeal.

We are very sociable and most sessions are followed by a post-



activity coffee, cake or breakfast, depending on the time of day.

Follow us on Facebook to keep up-to-date with our latest activities (<https://www.facebook.com/groups/490933409244200>).

We look forward to seeing you soon.

ADVERTISE HERE!

IF YOU ARE READING THIS SO ARE THOUSANDS OF YOUR POTENTIAL CUSTOMERS!

CONTACT SALES - 619 199 407
Email: costalidachronicle@gmail.com
yourspanishlife.com



RELIGION

DID YOU KNOW?

Tel: 602 466 534



Discovering Truth and Prayer (Part 3)

Did you know that **discovering truth and prayer** is crucial to all believers, they go hand in hand. In a world of uncertainty and chaos, prayer is a quiet relief to those who follow the words of Yehovah (Jehovah or God). The Scripture declares to the believer the beginning of all things and the end of all things. These words would be a comfort and give assurance that the 'God of Creation' is still in control of everything. In 2nd Corinthians chapter 1 and verses 3 and 4 it reminds the believer "Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort. Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith

we ourselves are comforted of God". Let's now continue to look at the theme of prayer.

If prayer is so important to the believer, why are there unanswered prayers? Some have given up their faith because of this. It is true to say that when one becomes sick, whether a christian or a non-christian prayer becomes a necessity whatever the form. Prayer for the christian is a dialogue or conversation with the creator. It's a two way conversation. Through the holy spirit (or spirit of holiness) the believer is guided in prayer. Remember prayer is a gift from the Creator.

To fear (fear here means reverence or respect) Yehovah (Jehovah or God) is the beginning of wisdom. This can be found in Psalms chapter 111 and verse 10 **"The fear of**

the Lord is the beginning of wisdom, a good understanding have all they that do his commandments". Also in Proverbs chapter 1 and verse 7 it states "The fear of the Lord is the beginning of knowledge...". In Proverbs chapter 9 and verse 10 it talks about understanding **"The fear of the Lord is the beginning of wisdom and the knowledge of the holy is understanding"**.

To continue reading scan Qr Code:
If you would like to know more, contact Sandra on 602 466 534.



Charity

Cruz Azul Murcia Para Mascotas

Phone: 693 017 617 www.cruzazulmurcia.com



CRUZ AZUL RECEIVES GENEROUS DONATION

Cruz Azul celebrates its 10th birthday in 2023. Founded by Lyn Baines and Sue Thomason during a 'crisis' in Spain. Pets were abandoned because people couldn't afford vet fees. Lyn and Sue wanted to ensure no animal suffered because of lack of funds.

Cruz Azul assistance includes vaccination, microchipping and sterilisation. This helps responsible ownership and discourages unlicensed breeding.

Cruz Azul also promotes the management of cat colonies including advice and cat traps. Cats are territorial, won't allow other cats, keeps down the vermin and with sterilisation the colony naturally reduces.

President, Lyn Baines, was happy

when she spoke to us about a donation of 1,000€ from Worshipful Brother, George Noden, of the Luz de Murcia Lodge.



"It means so much to us" said Lyn. "The only way we raise money for animals usually is through our donation centre in San Javier. Thank you George, and the Lodge, for your generosity".

Luz de Murcia Lodge has existed for 28 years and has been based in Las Claras for the last 4 years. It's part of the Masonic Province of Murcia, comprising 6 Masonic Lodges who designate charities that they will support.

Recent donations have included **Afacmur**, (Asociación de

familiares de niños con cáncer de la Región de Murcia), **AECG** (Spanish Association Against Cancer), **Los Arcos Hospital**, **MABS Respite Home**, and recently **Cruz Azul**.

Cruz Azul Murcia is a registered charity (No. 11.720/1a) and exists to



provide veterinary care for the sick and injured pets of people in need and to promote responsible pet ownership.

If you or someone you know needs help, or you would like to volunteer, fundraise or donate, please call Lyn Baines on **693 017 616**, email at info@cruzazulmurcia.com or visit their website: www.cruzazulmurcia.com

Photographer: Keith Willis



INFORMATION

Advertisers' Business Directory



Page numbers are in black

Accountants:

Corral Associates (37)
968 078 754
Legal View (27) 968 332 058
Xerxes Tax & Law Firm (13)
968 006 087

Airport Parking:

Airpark Murcia & Alicante (11)
618 806 989

Architects:

Martinez de la Casa (17)
665 810 411

Bars, Cafés & Restaurants:

Amapola (69) 968 156 503
CasaFlor(41) 623 438 926
Golf Delux (29) 968 584 221
Restaurante La Herradura (19)
656 264 514
The Old Market Tavern (64)
968 154 330
Viggos (64) 968 154 544

Blinds - Repairs/Made to Measure

Brian Jones (26) 646 705 021
Curtain Call (27) 616 240 171

Builders/Building Services:

Aluminium Camposol (17)
635 997 964
Brian Jones (26) 646 705 021
C & G Fabrications (11)
966 764 730
Handyman Builder (41)
602 643 436
Kevin's Flyscreens (19)
650 662 579
The Red Square Group (15)
868 081 686
Woodworks Direct (14)
684 410 324

Cars Sales/Mechanics/ Services/Spares:

Automociones Ureña (Renault) (29) 968 153 838
Car Registrations Spain (5)
711 001 721
Car Solutions Mar Menor (5)
868 990 576
El Valle Autodesguace (14)
968 630 600

Ken Sherwood Mechanic (15)
679 646 859

Kwik Fix (30) 634 317 310

Chimney Sweep: Sooty & Son (28) 660 478 881

Computer Repairs/Sales/ Servicing: Alex Woods (40) 696 667 182

Electricians & Electricals Multiservicios (6)
618 783 709

TJ Electricals (11)
868 181 121

Entertainment/Leisure: Harlequin Rock Choir (65)
654 411 974

Helping Hands Charity (42)
634 456 701

Spangles (65)
info@spangleschorus.com

Finance: Blacktower Financial Management (7)

Office 968 187 331
Keith 657 684 094

Currencies Direct Camposol (25) 968 976 383

Funeral Plans: Ibex Insurance (34)
968 595 945

Gardening: Anchor Landscapes (14)
622 648 038

Jardineria El Milagro (6)
610 949 595

Watermaid (21) 646 705 088

Hairdressers & Barbers: The Salon & Salon 2 (35)
691 916 717

Top2Toe Unisex Hair & Beauty Salon (34) 711 025 016

Health & Beauty: Consultus (33) 711 060 615
Healthy H20(27) 666 302 987
San Pedro del Pinatar:

968 186 660
Fuente Alamo: 968 596 306

The Salon & Salon 2 (35)
691 916 717

Top2Toe Unisex Hair & Beauty Salon (34) 711 025 016

Heating & Aircon: Camposol Heating & Maintenance (15)

968 199 184
Multiservicios (6)

618 783 709
TJ Electricals (11)

868 181 121
Workking (21) 658 302 689

Home Furnishings: Curtain Call (27) 616 240 171

Hotels: PlayaSol (69) 968 156 503

Insurance: Bryan White Insurance (31)
950 472 098

Ibex Insurance (34)
968 595 945

Natalia Filbee Insurance (35)
669 075 157

Internet Services/Internet Cafés:

Excom/Telecable (23)
966 196 000

Kitchens/Bathrooms: Workking (21) 658 302 689

Legal Services: Car Solutions Mar Menor SL (5) 868 990 576

Corral Associates (37)
968 078 754

Costa Cálida Property Services (15) 968 199 251

Gestoria Carvajal (18)
968 154 045

Legal View (27) 968 332 058

Natalia Filbee (35)
669 075 157

Professional & Legal Solutions (7)

Pto de Mazarrón 968 595 826
La Manga 968 175 552

Spanish Number Plates (8)
966 753 375



Xerxes Tax & Law Firm (13)
968 006 087

Outdoor Living:

Aluminium Camposol (17)
635 997 964
Curtain Call (27) 616 240 171
Woodworks Direct (14)
684 410 324

Painting and Decorating:

A1 Painting & Decorating (15)
611 299 681
Pinturas Acosta (30)
626 960 354

Plumbers:

Brian Jones (26)
646 705 021
Camposol Heating & Maintenance (15)
968 199 184
Multiservicios (6)
618 783 709

Printing & Design:

Entorno Grafico (63)
968 653 424

Property Rentals/ Management/Maintenance:
Mojácar Estates (79)
950 478 935

OwnersAway (30)
691 977 107

Price Brown (80) 950 478 915
Spaindinavia Rentals (36,37)
643 414 664

The Property Group ()
868 081 687

The Red Square Group (15)

634 959 183

Property Sales/Purchases:

Camposol Property Sales (2)
631 484 511
Filbees Real Estate (35)
868 058 750
Mojácar Estates (79)
950 478 935
Price Brown (80) 950 478 915
Prime Property Murcia (40)
868 053 149
Spaindinavia Real Estate (36,37)
643 414 664
The Property Group (27)
868 081 687

Removals & Storage:

Lord's Removals (77)
608 061 872
Retail Outlets:
TJ Electricals (11)
868 181 121

Security:

Aluminium Camposol (17)
635 997 964
C & G Fabrications (11)
966 764 730
Erik's Metal Works (25)
636 050 008

Solar Power:

Ecocorp Solar (35)
950 096 166
Go Solar (39) 654 596 247
Solar Directa (18)
659 315 130
Workking (21) 658 302 689

Spas & Hot Tubs:

Eurospas (3) 650 722 905

Sport & Leisure:

Golf Delux (29) 968 584 221
Helping Hands Charity (42)
634 456 701
Sunflight Aviation (17)
688 705 540

Swimming Pool Cleaning/ Construction/Maintenance/ Repairs:

Köhn Pool Service (8)
626 684 979
The Red Square Group (15)
634 959 183
Watermaid (21) 646 705 088

Telephone/Mobile/Providers/ Repairs

Excom/Telecable (23)
966 196 000

Translation / Hospital Appointments

Alex Woods (40) 696 667 182
Costa Cálida Property Services (15)
968 199 251

TV & Satellite:

Rainbow Satellites (56)
686 358 475
Excom/Telecable (23)
966 196 000

Veterinary Clinics:

Clinica Veterinaria Sur Este, Pilar de la Horadada (28)
965 352 438



Gestoría Carvajal
SOLICITORS

Avenida Dr Meca, nº38,
Pto de Mazarrón

Tel: (+34)968 154 045 or (+34) 619 173 626
info@gestoriacarvajal.com

We are specialists in legal services, conveyancing & immigration

- * Legal services and conveyancing
- * Property conveyancing
- * All traffic matters (vehicle transfer, Spanish plates, driving licenses)
- * NIE

- * Spanish wills and inheritance
- * Residency,VISAS, Nacionalidad
- * Insurance exclusive agent for Patria Hispana

We have personnel that can assist you in English and Spanish

Office hours: 9am - 2pm and 4.30pm - 7.30pm

LORDS REMOVALS

UK: Eurospas Murcia Camposol

(0044) 7709 557109 (0034) 608 061 872

- * From single items to full loads throughout UK & Europe *
- * Full & Part Packing service available *
- * Goods in Transit Insurance Inc *
- * Over 30 years experience *

FLEXIBLE STORAGE TO SUIT ALL YOUR NEEDS. COLLECTION AND DELIVERY AVAILABLE

- * Fully secure and alarmed storage facilities
- * On site security
- * 7 cubic metre storage containers
- * Storage for vehicles and boats
- * Free storage periods



lordsremovals@hotmail.com
www.lordsremovals.com

YOU WON'T FIND A BETTER PRICE OFFERING THE SAME COVER AND INCLUSIONS



RELIGION

Mass in English

Tel: 676 219 445 or email: ocarpena@slsonline.org



Roman Catholic Church: we have Mass in English at St. Joseph's Church (El Saladillo) every Saturday at 4.30pm, near Camposol and Mazarrón Country Club urbanizations (exit 17, RM 3 motorway),

H a p p y New Year!

From Saint Thérèse of Lisieux (The Little Flower), a Carmelite sister:
Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest



right and doing it all for love. For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy. Without love, deeds, even the most brilliant, count as nothing. When one loves, one does not calculate.

A word or a smile is often enough to put fresh life in a despondent soul.

My whole strength lies in prayer and sacrifice, these are my invincible arms; they can move hearts far better than words, I know it by experience.

Schedule of Masses:

St. Joseph's, El Saladillo, Mazarrón (Murcia)
Saturday: Mass at 4:30 PM (in English).

Schedule of Confessions: One hour before Mass. Also on request.

CHARITY



Noah's A.R.C. Animal Rescue

Registered Animal Charity N° 9.971/1

Helping the animals of Mazarrón for a better future for all!

Email: info@noahsarcmurcia.com

Rehoming and adoption: 602 653 639

Rescue and emergency:

603 206 363 and 604 346 163

Port shop: 602 624 521

Camposol shop: 711 016 236

MASON was found alone and abandoned at 7 years old and is one of the nicest dogs you could wish to meet. He has recently been neutered and will now mix with the other dogs at the kennels. **Mason** is also fully vaccinated. Please consider this lovely boy because he really shouldn't be in kennels.

PEDRO. This boy who is such a sweetheart was found on Camposol Urbanisation. Born February 2021, he has been in kennels far too long. **Pedro** is good with other dogs and walks well on a lead. He is neutered and fully vaccinated. You will not be disappointed if you give this boy a chance.

All adoptions and fosters will be home checked. * Part of the adoption agreement is that puppies will be spayed or neutered when they are old enough.

If you would like to meet any of these lovely dogs, please contact Jane either by phone 602 653 639 or email janenahoming150@gmail.com

For donations our PayPal address is: NA1Treasurer@gmail.com



Pedro



Mason

Please check out our Facebook page [NoahsArc Mazarron](#) to see more videos of our lovely dogs looking for their forever homes.

The **Christmas Fayre** was a great success. Thank you to everyone who attended, to Carolyn May for her donation, our bakers who

provided some beautiful cakes and Jay at the Diner for hosting a **quiz** for **NoahsArc**. Always gratefully received.

THANK YOU AGAIN FOR ALL YOUR SUPPORT, WE WISH YOU ALL A HAPPY AND HEALTHY NEW YEAR.





The puppies were born on 7th June 2023. Their Mum Coco is small to medium size, is very smart and full of energy. The puppies have had all their vaccinations. They have not yet been chipped as they are waiting for their new Mummy/Daddy. They are all very loving and easy going. They enjoy all foods, including pasta, rice, potatoes and even like a bowl of porridge.
Please call 642668843



RIO is a slimline, black short haired boy. So loveable and very gentle, he just goes with the flow of life.



BEAR is a black fluffy haired boy. He is soft, cuddly and gentle. An adorable boy who enjoys having fun.



HARRY is a tri colour boy. Happy, handsome and very cute. Harry enjoys everything, especially playing with and hiding from his siblings.



REY is a black and tan colour boy. The king of the pack. He has a natural calmness about him. A really happy, affectionate, content boy.



DAVE is a white and black boy. Dashing Dave, very handsome, loves having fun with his siblings and the older dogs. He is full of energy and love.



MILLIE is a black and white little girl. The smallest of the pack but with the biggest heart. Such a cute, gentle, loving little girl.

If you would like more information please call or whatsapp Caroline on the number above and she can provide further photos/videos of the puppies

ADVERTISE HERE!



IF YOU ARE READING THIS
SO ARE YOUR POTENTIAL CUSTOMERS!

For only 85€ plus IVA

For a colour advert this size 93mm X 131mm

Your business details will be seen by over

20,000 readers every month

CONTACT SALES 619 199 407

Email: costacalidachronicle@gmail.com

yourspanishlife.com



INTRODUCING...

MOJÁCAR Life

YOUR GUIDE TO LIFE IN MOJÁCAR!

Discover Mojácar Your Way



What are you looking for? ↑



'Tapas' Search Results ↑

From the best bars, tapas and exquisite Paella to unforgettable family adventures!

www.mojacarlif.com



THINK PROPERTY...

THINK PRICE BROWN

PROPERTY SALES, MANAGEMENT & RENTALS

**PRICE
BROWN**
PARTNERSHIP

ESTABLISHED 1987



Garrucha

NEW LISTING

Penthouse. Super Huge Terrace (90m²). 3 Beds. 2 Baths. Lift Access. Close to Amenities. Allocated parking. Storeroom.

A1484

249'950€



Mojácar

NEW LISTING

Mirador de Mojácar. Penthouse. Sea, Mountain and Village views. 2 Beds. 2 Baths. Huge Terrace. Huge solarium. Swimming Pool. Kids Splash Pool. Great Location. Easy walk to amenities.

A1495

199'000€



Vera Playa

NEW LISTING

El Faro. Super Sunny Ground Floor Apartment. South Facing. 400m From The Beach. 2 Beds. 2 Baths. Lots of Outdoor Space. 2 x Communal Pools. AC/H. 2 New Bathrooms. Solid Furnished.

A1503

140'000€



Mojácar

NEW LISTING

Residencial INTL. Corner Property. Semi-detached. 3 Beds. 2 Baths. Conservatory. Sea, Mountain and Village Views. Numerous terraces. OSP. Communal Pool. Close to amenities.

LV827

275'000€



Vera

NEW LISTING

Totally Modernized Ground Floor Apartment. High quality kitchen. Utility rooms. 2 Beds. 2 Baths. Outdoor Pool. Indoor Pool. Allocated covered parking. Terrace with winter sun.

A1499

139'500€



Mojácar

NEW LISTING

Puerto Marina. Detached end property. 2 Beds. 2 Baths. Closed garage. Fully refurbished kitchen & bathrooms. 39m² private terrace with sea & mountain views. South facing. Awnings & more.

A1500

182'000€



Mojácar

NEW LISTING

Large Detached Villa. Stunning Sea, Mountain & Countryside Views. 9 x 4 Heated Pool. Oil Fired Central Heating. 4 Beds. 360° Views from Solarium. Lots of usable outside space.

DV1563

499'950€



Mojácar

NEW LISTING

Vista de los Angeles. Stylish, modern, well presented detached Villa. 3 Beds. 3 Baths. Private Pool. Integral garage. Sea & Mountain views. Electric gates. Numerous sunny & shady terraces.

DV1557

450'000€



Mojácar

NEW LISTING

Brand new EPC A rated Eco Home designed with privacy in mind. 4 Beds. Solar Power. Beautiful Views. Huge Underbuild. Private Pool. Glass fronted balcony. Garage. Electric Gates.

DV1564

799'999€

WE ARE LOOKING FOR PROPERTIES OF ALL TYPES TO MEET HIGH DEMAND!

Call us today +34 950 478 915 / +34 678 315 638

Email: sales@pricebrown.com Website: www.pricebrown.com

Paseo del Mediterraneo 171, Mojácar 04638, Almería, España

