

*A Life in*

# SPAIN

*.COM*

*Lifestyle magazine and property portal*

ISSUE 7  
OCT 2022  
**FREE**

**inside...**

**South  
Town**

Lorca

**North  
Town**

La Marina

**4 Must Do**

**Weekends in Spain**

Cover photo by 2Let2Sell2Buy. See ad on page 33

**Wine  
Article**

**Let's Talk Wine**



**FIND YOUR DREAM PROPERTY AT  
WWW.ALIFEINSPAIN.COM**



**insureSpain**

**PAGE 18**

**BACK PAGE**

# The Spa Superstore

by Piscinas Escribano

Wellis®

Wellness  
at home

40  
YEARS  
experience

from  
4.995€



965 711 136 · Avda. Cortes Valencianas, 11 · TORREVIEJA · [wellis-spain.com](http://wellis-spain.com)

**NOW** is the perfect time to start to enjoy the benefits that we offer you through Hydrotherapy, recommended not just for fun but also for improving flexibility, arthritis, diabetes, sport injuries, blood pressure and much more. We at "The Spa Superstore" are here to guide you with your new health investment, finding the Spa which is right for you with the best warranties given from the largest Spa and Wellness manufacturer in Europe—WELLIS. As the official distributor for them—we offer **Wellness at Home** throughout Spain with next day delivery on models in stock. At our Showroom with easy access and parking open from 09.30hrs—18.30hrs Monday—Friday and 10.00hrs—13.30hrs Saturdays or by appointment, you can see and try the wide selection of the latest models available or we can come and give you a free home inspection without obligation. We also offer Part Exchange and Technical Service.



We also offer Made to Measure Thermal Covers for your Spa, Free Maintenance Steps, Hand Rails, Cover Lifters, Spa Trays, Towel Rails, Spa Parasols, Cartridge Filters, Spa Sanitizers, Spare Parts and Technical Service on ALL SPAS.

Before you buy—give us a try! [info@wellisonline.com](mailto:info@wellisonline.com)

Wellis®



**TUNE IN  
LOCALLY TO:  
106.3 fm  
spectrum**  
ON AIR - ONLINE



**MORE LOCAL NEWS, MORE LOCAL EVENTS  
AND MORE OF THE MUSIC YOU LOVE**

**LET US PROMOTE YOUR BUSINESS** 



To advertise at surprisingly affordable prices  
Tel: **634 051 595** Email: **[guy@spectrumfm.net](mailto:guy@spectrumfm.net)**

**[www.spectrumfm.net](http://www.spectrumfm.net)**

# A Life in Spain.com

#Edition 7 • October 2022

Contents...

**Top 10  
Attractions**

**The Sagrada  
Familia**

**44 & 45**



**4 Great**

*Weekend Trips  
In Spain*



**23-26**

Wine Article:

**Let's  
Talk  
Wine**

**36 & 37**



**Architect's Angle**

**40 & 41**



## Let's Learn Spanish



8

## The Journey



46-47

### EMERGENCY TEL. NUMBERS

ALL EMERGENCIES	112
GUARDIA CIVIL	062
POLICIA NACIONAL	091
POLICIA LOCAL	092
FIRE BRIGADE	080
MEDICAL EMERGENCY	061
POLICE (IN ENGLISH)	902 102 112
COASTGUARD	900 202 202
RED CROSS	902 222 292

**contact *A Life in* SPAIN :**  
**enquiries@alifeinspain.com**  
**peter.clarke@alifeinspain.com**

**TEL: 660 170 355**

deposito legal: MU 1390-2016

# *A Life in* SPAIN

## Welcome to the October edition of ALIS.

The summer sizzler has now subsided, and normality is being resumed. Friends and neighbours are coming back from their summer escape back to the UK. AND dare I say it, the shops are full of Christmas cheer.

So what's in this edition....

There is a great article covering 4 great weekend trips in Spain. There are some interesting towns that are well worth a sneaky weekend away.

The feature, top 10 Spanish Beaches as voted for in a holiday survey last year concludes this month.

Whilst the Architect's Angle is very topical and covers energy saving devices. A must read

Enjoy this month's magazine

**Remember – all of our articles and over 10,000 properties for sale and rent are available online at:**

**[www.alifeinspain.com](http://www.alifeinspain.com)**

ALIS is not responsible for the accuracy or content of any articles published in the magazine or online and professional advice is recommended. ALIS does not endorse any company advert or article herein. We try to make sure the content is accurate but cannot be held responsible for inaccuracy.

**ESTATE AGENTS!!** FOR ONLY  
**€50**  
List unlimited properties on  
**[www.alifeinspain.com](http://www.alifeinspain.com)**  
Contact [ask@alifeinspain.com](mailto:ask@alifeinspain.com) PER MONTH



# Top 10 Spanish Beaches

Spain has over 5,000 miles of coastline, much of which is graced with beautiful beaches. Though the tourists flock to the Costa Blanca and the Costa del Sol, there are gorgeous beaches all over Spain (well, where there's coastline, anyway!). over the next few months we will discover the top 10 voted beaches.

## 9. Playa de los Peligros & Playa de la Magdalena, Santander

Playa de los Peligros literally translates to the Beach of Hazards, but the name is definitely not representative of the beach itself. It is a beach with calm waters, and at low tide it is ideal for families with young children. It measures 200 metres long and 70 metres wide. This beach receives a Blue flag for quality every year because of its nearby parking, wooden waterfront promenade, as well as all the services and facilities that surround it. It can be very crowded in the summer.

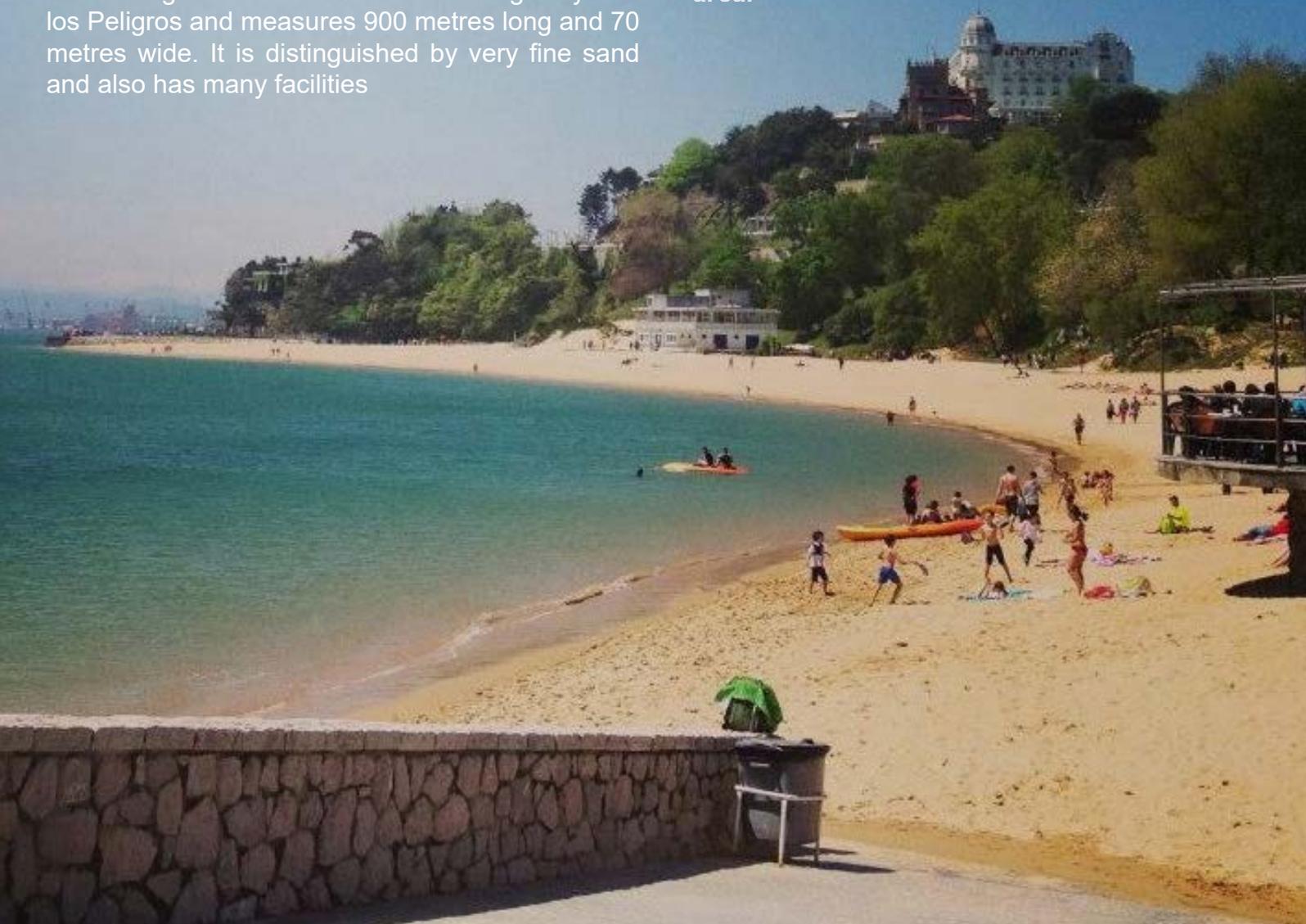
Playa de la Magdalena takes its name from the peninsula on the left dominated by the Royal Palace of the Magdalena. It is located following Playa de los Peligros and measures 900 metres long and 70 metres wide. It is distinguished by very fine sand and also has many facilities

## 10. Playa de Percheles,

*Percheles beach can be found to the west of Puerto De Mazarrón, and to the east of Aguilas. This gem of beach boasts crystal clear waters and soft golden sands.*

*With a total length of 290 meters and an average width of 80 meters pecheles beach is not the largest of beaches in Spain. It is therefore recommended to arrive early, especially in high season.*

*This secluded beach forms part of the Mediterranean coast line and is a must visit whilst in mazarrón and the surrounding area.*



LIBERTYCASHBACK



Simple things that can make customers feel great

Until  
NOVEMBER  
24th  
2022

**€60 CASH BACK**

on each new car, home and life policy  
FOR EXISTING CUSTOMERS

**€30 CASH BACK**

on the 1st policy & €60 onwards  
FOR NEW CUSTOMERS

+ And many extra benefits, such as:



No need to declare your vehicle accessories with cover as standard



Unblocking of pipes and cover for unexpected water loss in case of a claim



Option of Level Term Life Insurance with no premium increase for 10 years



**Liberty Seguros**

**#1 preferred expat insurer**

Visit your agent or call 91 342 25 49

Cashback promotion valid for policies issued and in force between 28th of September and 24th November 2022 inclusive. Policies must be paid by direct debit. Applies to new car, home and life policies only. Not for renewals or replacements. Conditions and minimum premiums will be applied in all cases. Visit our website [libertyexpatriates.es](http://libertyexpatriates.es) or ask your broker/agent for full details.

*A Life in*  
**SPAIN 07**

# Let's Learn Spanish

## Shopping

### Phrases

How can I help you?	¿En qué puedo ayudarte?	Enn <b>kay</b> pw- <b>eh</b> -doh eye-you- <b>dar</b> -te
How much does this cost?	¿Esto, cuánto cuesta?	<b>Ess</b> -toe, <b>kwan</b> -toe <b>kwes</b> -ta
It's too expensive.	Es demasiado caro.	<b>Ess</b> day-mahs-see- <b>ah</b> -doh <b>cah</b> -ro
Do you have something cheaper?	¿Tienes algo más barato?	Tea- <b>yen</b> -ace <b>al</b> -go mahs bah- <b>rah</b> -toe
How much does this weigh?	¿Esto, cuánto pesa?	<b>Ess</b> -toe, <b>kwan</b> -toe <b>pes</b> -sah
Give me half a kilo.	Ponme medio kilo.	<b>Pohn</b> -me <b>mey</b> -dee-oh <b>key</b> -lo
Give me half a dozen	Ponme media docena	<b>Pohn</b> -me <b>mey</b> -dee-ya doh- <b>ther</b> -nah
Anything else?	¿Algo más?	<b>Al</b> -go mahs
No, that's all thank you.	No, eso es todo gracias.	No <b>ess</b> -so es <b>toe</b> -doe <b>grah</b> -see-ass

### Vocab

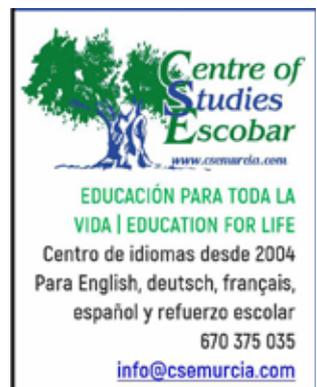
Fresh	Fresco / a	<b>Frey</b> -ess-ko / <b>frey</b> -ess-ka
Ripe	Maduro / a	Mah- <b>dur</b> -ro / mah- <b>dur</b> -ra
Seasonal	De la temporada	Day lah tem-pour- <b>ra</b> -dah
A discount	Un descuento	Oon des- <b>kwen</b> -toe
A bank note	Un billete	Oon bee- <b>yet</b> -tay
A coin	Una moneda	<b>Oo</b> -nah mon- <b>eh</b> -dah
The change	El cambio	Ell <b>cam</b> -bee-o
A tip	Una propina	<b>Oo</b> -nah pro- <b>pee</b> -nah
A receipt	Un recibo	Oon rey- <b>see</b> -boh
An invoice	Una factura	<b>Oo</b> -nah fak- <b>tur</b> -ra



### Now try our wordsearch:

A Z F A R U T C A F G L M V B O  
 S Q P O F Q A X L P T U L U I V  
 Q U W B B G W V K F E Z C Z L Q  
 F P D H U L D M K M M T Q K L T  
 R L L S M A D U R O P A W V E M  
 E D E S C U E N T O O H N M T O  
 S X P R O P I N A S R J P B E N  
 C J Y E L P W B G W A L H W T E  
 O C Z C C F R J A N D V M T R D  
 M Z K C G H H C S C A M B I O A

Fresco  
 Factura  
 Recibo  
 Propina  
 Temporada  
 Descuento  
 Moneda  
 Billete  
 Maduro  
 Cambio



# Oceans Outdoor Furniture



Stores in: Cartagena, San Javier Finestrat and Denia  
[oceansoutdoor.es](http://oceansoutdoor.es)

Fully legal & registered in Spain

**MB  
Services**

*Michael Bowins*  
Air conditioning install & service

**615 356 289**  
[bowinsmichael@gmail.com](mailto:bowinsmichael@gmail.com)

*South Town...*

# LORCA

Lorca, was declared a Town of Historical and Artistic Interest in 1964 and is described as “the baroque city” due to the important baroque heritage of its historical centre. One of the most important in the Region, and the historical events that have shaped modern Lorca from the Iron Age to our time





Mention must be made of the numerous archaeological sites, the Columna Miliaris dating from Roman times, the Espolón Tower and the Alfonsina Tower, a Christian construction dating from after the Reconquest; the “Porche de San Antonio”, the gate through the old wall that surrounded the city (in the 10th century), the numerous churches and convents dating from different periods and built in different styles (15th century to the 18th century), the baroque palaces and stately homes, such as the Guevara Palace, the Palace of the Counts of San Julián or Casa de la Mula, the military fortress that restructures the medieval castle on an inexpugnable site, or the paved streets around Plaza de España, with popular architectural buildings imbued with strong traditional character, such as La Zapatería y La Cava.

The people of Lorca are the protagonists of, and the driving force behind, the changes that are taking place in the town, and aimed at designing a strategy that will help to interpret, establish themes and communicate its rich heritage, and with which will help to bring visitors to the historical, cultural, architectonic and artistic values of Lorca, in an attractive, interesting and unique way.

If you want adventure then Lorca “Workshop of Time” will give you as a visitor what you are looking for: the adventure of immersing yourself in everything that Lorca signifies. Its streets, its wealth of monuments and its urban atmosphere can all be appreciated via the following four Cultural Itineraries which when finally completed reveal a multiple, diverse and historical world;

“Entre el cielo y el suelo” (Between Heaven and Earth)

“Tiempo de contratiempos” (Timed and mistimed)  
La ciudad de los cien escudos” (The city of the one hundred coats of arms)

“Tiempo de devoción” (A Time for Devotion).

  
**Helping Hands**  
Caring since 1989

**Work as a live-in carer in the UK  
whilst living in Spain**

earn up to £675 a week

**FREE ASSESSMENT WEEK**

To find out more email  
[spanishrecruitment@helpinghands.co.uk](mailto:spanishrecruitment@helpinghands.co.uk)

or email [spanishrecruitment@helpinghands.co.uk](mailto:spanishrecruitment@helpinghands.co.uk)

Your visit to the Archaeological Museum will bring to fulfillment your knowledge and enjoyment of the rich history of this city.

Lorca, "Workshop of Time" is also proposing a new Visitor Activity Centre in the recently restored Convent of Lorca building. The abundant historical evidence which remains from Lorca's frontier times and from the time of the Moors and Christians has made Lorca .

One of the most important historical centres in the whole of Eastern Spain. It's castle with its imposing appearance is being converted into a theme to be known as Fortress of the Sun. Here the visitor will be able to live out "an experience through the periods of History".

You will also find centuries worth of craft traditions still being enjoyed; expert hands which can transform nature into hand-produced rugs, embroidery and pottery. In addition to all of this, Lorca, "Workshop of Time" savours and learns things from Easter week and other examples from its full annual calendar of traditional festivities:

The Feria Chica (Small Fair), in September, which pays homage to the Virgin of the Huertas (the agricultural country around Lorca)

The Day and Night Fairs, which greet the end of the summer and fill the streets with local snacks, wine and folklore.

The Moors and Christians festival during San Clemente, with it's horses, troops, armies and medieval markets.

Visitors are always made more than welcome in Lorca, and its year-round good weather, restaurants, hotels and first-class tourist infrastructures, all combine to add to the rural tourism on offer in the largest district in the Region of Murcia. The city and its proximity to its many mountain chains and areas of great natural beauty make Lorca a place to really have a good time.



## PLANE PARKING SL

P  
24hr

LONG AND SHORT TERM PARKING  
ALICANTE & MURCIA AIRPORT

Our family run business is a professional and secure Airport Parking company based at Alicante & Murcia Airports, catering for both Short term and Long term clients. We provide a 'Meet & Greet' service at both airports and all vehicles receive a complimentary external clean. We also provide a complete Car Care Service which includes ITV's, services, mechanical work, tyres, body work, valets and lots more.

<p><b>FULL ALARM SYSTEM CCTV FULLY INSURED</b></p> <p>You are welcome to visit our premises to view before parking.</p>	<p><b>24HR PARKING AT BOTH ALICANTE &amp; MURCIA AIRPORTS</b></p> <p>THE FIRST parking company to have facilities at both airports with over 50,000 square meters of secure parking.</p>	<p><b>WE ALSO HAVE DUAL AIRPORT CONTRACTS</b></p> <p>Fly into Alicante and out of Murcia, or vice versa</p> <p><small>(Also available for short term clients. Small fee applies)</small></p>
---	--	--

**LONG & SHORT TERM PARKING SERVICES INCLUDE:**

Meet and Greet service when you drop of your vehicle and also when you return at both Alicante and Murcia airports.

All Vehicles receive a complimentary external clean every time they are collected.

For your peace of mind, on arrival all vehicles are inspected for damage and the kilometres are recorded.

**12 MONTH FIXED AIRPORT CONTRACT: 325€**

**12 MONTH DUAL AIRPORT CONTRACT: 425€**

(Unlimited pick-ups & drop-offs. Dual contract also includes unlimited transfers between airports)

www.planeparking.com      info@planeparking.com

Reservations/Enquiries: 966 840 289 / 656 532 490

24hrs Alicante: 656 532 725      Murcia: 656 532 724

# Solo Travel

## What's Stopping You?

*Solo travel is on the rise. In particular, bookings by female travelers are up by a whopping 88% as reported by HostelWorld. However, many people still experience anxiety at the thought of exploring the world independently. In fact, more than a third of the people we surveyed told us that they had never travelled alone, and felt apprehensive to do so. At Happy Retreats, we believe in the multitude of benefits which solo travel offers, and we'd encourage you to try it for yourself.*

### Sharing rooms

Many solo travellers frequently opt for shared accommodation styles in order to reduce costs, meet new people, and ultimately, to forge lifelong friendships with like-minded individuals. However, when asked what would make solo travel easier, the second most common response was a single room.

### So, what are the fears surrounding sharing a room?

Common worries revolve around sharing a room with another person. Remember, your roommate is in the same boat as you! For starters, you can find common ground with your experience as a solo traveller. Remember, shared rooms normally have safety facilities to store your valuables. Still, if you're struggling to overcome this fear, the solution is to pay a supplement for single occupancy.

### Getting around

Travelling in other countries, especially where there's a language barrier, has its difficulties. Our survey respondents confessed, overwhelmingly, that the most significant factor to make solo travel easier for them, would be an airport transfer. We suggest that the best way to combat travel anxiety is to be prepared. You may also find it helpful to look on forums of people who made that journey before you, as they could offer you some valuable advice.



### Safety

The biggest fear, when it comes to solo travel, seems to be safety. The likelihood of being a victim of crime is incredibly rare, but we'd suggest it's better to practice caution and thoroughly research the places you wish to travel to remove the worry.

### Eating alone

Surprisingly, according to forums, eating alone can be a big issue for solo travelers. At Happy Retreats, we value eating together for breakfast, lunch, and dinner, so you can look forward to great conversations whilst sharing delicious and nutritious food.

So now you've acknowledged these common fears, you know what you need to do. Why not spend some time with us, on your first-ever solo adventure, you won't regret it.



# SAVE MONEY ON YOUR ELECTRICITY BILLS

Join the Iberdrola Feed In Tariff

Making *Solar* Affordable for Everyone!

## WHY US?

QUALITY AND PUNCTUALITY.  
WE SPEAK YOUR LANGUAGE.

WORKING WITH THE BEST BRANDS ON THE MARKET.

Different options for solar panels, inverter systems, mounting systems and more.

**TURNKEY INSTALLATION.**

We will do all the work, from obtaining all permits and legalisation to installing and connecting the solar system.

**RELIABILITY AND GUARANTEES.**

Our warranty covers both the components of the solar system and all work.

SAVE 70%  
OFF YOUR  
ELECTRICITY  
BILLS!

ON GRID SYSTEMS  
HYBRID SYSTEMS  
OFF GRID SYSTEMS

We will beat any like for like genuine quotation. Costa Blanca's N°1 Solar Installation Company



### CONTACT US FOR A FREE QUOTE:

634 344 270 info@solarsolutionsspain.com

Catral 03158

Fully Legal Installations. Registered with Generalitat Valenciana. Fully Insured



## alida Print

All your promotional needs:

- Flyers
- Business Cards
- Calendars
- Posters
- And much more...

### Business Cards

500 - 28€ +IVA

5000 - 89€ +IVA

### A5 Flyers

500 - 45€ +IVA

5000 - 85€ +IVA

Embroidery and screen printing

Graphic design service from 20€

Printed both sides same price

call: (0034) 687 42 23 05  
email: sales@calidaprint.com  
www.calidaprint.com

Miss out the middleman  
Great quality at affordable prices





## A Culinary Guide To Torre Vieja.

Torre Vieja offers a truly gastronomic experience, where you can not only taste the wonderful flavours of the Mediterranean, but also enjoy authentic dishes from all four corners of the globe.

*By Heidi Wardman*



## Fresh Ingredients

Torre Vieja's gastronomy is famous for its freshness, quality and diversity, which are reflected in its thriving hotel and catering sector. It relies on Mediterranean cooking methods, and takes advantage of the close proximity to the sea, often using fish and seafood as the core ingredients, with the addition of the basic trilogy "wheat, oil, wine"- a formula reported to be one of the healthiest in the world! In the preparation of Spanish meals, most will use olive oil as their principal source of vegetable fat, which is a tradition that originated through Arabic influence and proved fruitful due to the abundance of olive trees growing locally.

To this, Spanish cooking will typically add cheese and yogurt; fish, meat and eggs; rice, pulses, garlic and herbs; and various types of fruits and vegetables, freshly harvested from the irrigated Vega Baja region or "market garden of Europe".

## Meat and Fish

The climate in Torre Vieja lends itself to open air cooking, and the locals love nothing more than throwing a selection of meats on a barbeque or open fire to produce an authentic chargrilled platter. Pork is a very popular meat, which is typically served as chops, steaks or in a stew; as well as being

used to produce a wide variety of sausages and cold meats, which are either cured or generously flavoured with herbs and spices. "Caldero" is a typical dish of Torre Vieja, which is cheap and easy to prepare, with basic ingredients comprising of rock fish, such as Yellow Eye Rockfish, Grouper and "Morralla" (small fish), combined with rice and good quality fish stock.

Abundant in the waters off the Costa Blanca, these fish species eat specific foods, giving them a very distinctive taste that is retained in their stock, resulting in the delicious rice dish. Meat alternatives are also popular and you will find them both served with crusty bread, in a number of eateries throughout the city. In spite of the mild climate, Torre Viejenses really enjoy a hearty stew, with recipes such as "Olla Churra" which combines various meats, vegetables, legumes, boiled bones, and occasionally rice or potatoes; and "Cocido con Pelotas", which is a stock liquid with meatballs added being prepared and eaten in most households and restaurants.



**VNBenny.com**

**WEB & VIDEO  
DESIGN**

**GRAPHIC  
DESIGN**

**ONLINE  
MARKETING**

**info@vnbenny.com**

## Rice and Bread

Rice is of course another firm favourite and part of the staple diet, with most good restaurants serving freshly prepared Paella Valenciana, which is heated over a wood fire and combines rice, chicken, rabbit, snail, tomatoes, bajoqueta (green beans) and garrofón (butter beans), with olive oil, salt, saffron, red pepper and water. It is quite a dry rice dish, containing no real sauce although brimming with flavour, and usually served with a squeeze of lemon and plenty of bread and alioli. Other popular rice dishes which you can expect to find in Torrevieja include “Arroz al horno” (oven-baked rice), “Arroz a banda” (rice with seafood), “Arroz negro” (black rice with squid in inky sauce) and “Arroz y costra” (rice cooked with sausage and beaten eggs then baked in the oven).

The Alicante province is also famous for its pizza-like turnovers called “empanadas” or “empanadillas”, which also form part of Torrevieja’s select gastronomic line up. These might be folded over like a pastry and stuffed with different meats, tuna fish or vegetables; or served flat and covered with dried meats, sausages or salted and dried fish, to create a delicious pizza creation.

## International Flavours

With literally hundreds of bars and restaurants to choose from, it is fairly easy to eat and drink your way around Torrevieja; and with its international footprint now having a huge impact on the local cuisine, you can expect to sample dishes from around the world here too. There are a plethora of extremely good Chinese, Cantonese, Thai, Indian and Japanese Sushi restaurants scattered around the city, which normally offer a Menu of the Day, and set menus for up to five diners, at incredibly good value for money. If you are a fan of Mexican cuisine, the city has various popular venues to choose from, such as “El Charro Negro” located in the centre, close to the fountains.

If you want to go Greek, or eat Italian, Turkish, Russian, Moroccan, Korean, Scandinavian, Austrian, Dutch, French, German, Belgian, Jamaican or dishes from a multitude of other lands, you won’t have to look far to find something to satisfy your craving. And if you are missing your home comforts, you will be spoiled for choice by the number of British and Irish Restaurants serving all of your favourite dishes from back home, from a full cooked breakfast to traditional Sunday lunch.

## Dining Out Spanish Style

As you are in Spain, it would be rude not to sample some authentic local cuisine, and you certainly will not be disappointed with what Torrevieja has to offer, with Mediterranean cooking being some of the finest in the world! There are numerous excellent Spanish eateries here to cater for every appetite, budget and occasion, from bustling tapas bars to fine dining restaurants. The city is incredibly proud of its tapas, which are guaranteed to provide a real taste of Spanish culture, fighting back against the international invasion of pizzas and kebabs!

Heading out for tapas is an important part of Spanish culture, and usually a casual arrangement between friends rather than a planned night out. It is an ideal opportunity for those who are not so familiar with Spanish cuisine to sample a selection of small dishes which you may wish to order as a main meal in the future. Those with smaller appetites, such as children and elderly people may also prefer to snack on a few tapas rather than be faced with a large meal. If you edge away from the seafront, you will find a plethora of great venues to choose from, usually serving a tapa and caña (small beer) for around €2.50. Following Spanish custom, there are also certain bars that will automatically give you a free tapa with every drink, although this ritual is less common these days.



## **Tapas Route**

It is difficult to pick a good tapas bar as there are so many, but a useful tip is to follow the locals and opt for one which is always bustling with Spaniards! The Town Hall has helped to highlight and promote a selection of the best, through its popular "Ruta de la Tapa" contest. The initiative takes place twice per year, usually in April and November, inviting local bars to create four signature tapas which are available to sample from Thursday through Sunday during two given time periods, for two consecutive weeks. The nibbles must be available with a drink, with prices starting at a very reasonable €2.00. Tapas Route participants are given a results card where they can record where they went and vote for their favourite venue, giving them as well as the bar owner the opportunity to scoop a very nice cash prize! This is an exciting opportunity for visitors and residents of Torrevieja to discover some new locations, and sample a selection of authentic Spanish foods, which as many as 75 bars participated in during one year, offering clients a combined choice of over 300 different tapas!

## **Top Tapas Venues**

A Life in Spain has compiled a list of some of our favourite tapas bars and restaurants to whet the appetite ahead of the next tapas route contest.

### **Catalina II**

In a prime location, close to the fountains and cultural casino of Torrevieja, Catalina II has been owned by the same family since 1942. Its success can be attributed to the friendly service, great value for money and delicious cuisine. Along side of a full A La Carte menu and affordable Menu of the Day, the restaurant serves a wide selection of tapas, which are an ideal choice for a light snack, or several plates will provide a satisfying meal to share. Seafood lovers will be quite spoilt for choice, with offerings of boquerones (anchovies), calamari (squid rings), salmon, anchovies, prawns and mussels, to name but a few. If you are not too sure what you fancy, this is a great place to pick and mix, maybe opting for a couple of meat dishes such as magra (pork in tomato sauce) and chorizo, along with sardines or squid, a salad such as Russian or Murcian salad, all served with plenty of bread and ali oli. Enjoy!

### **Tasca Nueva Bahia**

Boasting a central location, Tasca Nueva Bahia has been awarded several prizes during the tapas route contest, so you can expect to find something special here! It has an extensive tapas list, serving fish, shellfish, meat, cheese and sausage dishes, as well as a tempting sweet selection. Again, it is the perfect venue for sharing a selection of dishes, with recommendations including the prawn or ham croquettes, black pudding, garlic prawns, grilled cuttle fish and Serrano ham.

### **Bar Taperia Los Zamoranos**

Situated on the Paseo Libertad, this friendly tapas bar offers great quality, value and service. The menu is available in English, which is a huge help as it can be difficult to know what you are ordering if you are not too confident with the language, particularly where the obscure tapas combinations are concerned! Each dish is available as a small taster, or a larger dish, "racion", and there is something available to suit every palate, from the delicious pinxcos (toasted mini baguettes with various toppings) to sirloin steak!

### **El Rincon de las Jarras**

This is another centrally located bar, serving a selection of tempting tapas at very competitive prices. The bar is well known locally and tends to be busy at all times of the day, as people nip in for a drink and nibble as they go about their business. The tapas are all displayed in chillers across the bar so you can see what you are getting before you order, but if you are unsure then the staff are always happy to give you a brief description and recommendation if required. If you are feeling spoiled for choice, El Rincon is THE place to go to sample some of the best hams and meatballs in town; and if that doesn't help then order it anyway, giving yourself the perfect excuse to come back and try something else soon! ¡Buen provecho!



**TERRA NATURA**  
Murcia

 Ayuntamiento de Murcia

**A FULL DAY OF FUN,  
FOR ALL THE FAMILY...**

**SPAIN 21**

# Luces

restaurante

Boutique restaurant in the  
historic city of Cartagena

[www.luces.me](http://www.luces.me) | [info@luces.me](mailto:info@luces.me)  
968 08 06 47 | 675 33 67 01



## Luces restaurant

Enjoy a unique dining experience in the heart of cartagena. With quality sourced ingredients, exquisite presentations and an exclusive wine list chosen by top sommelier Javier Zapata



**Open**  
**20.00 - 23.30**  
**Monday - Sunday**  
**Booking recommended**

Calle Villamartín, 13  
Cartagena, Murcia  
30201

# 4 Great

## Weekend Trips In Spain

### Toledo

Toledo is known for being a melting pot of cultures, and that is evident in everything from the cuisine to the architecture. A guided day trip to Toledo will start right in the incredible Old Quarter, where you'll be able to admire Arabic, Gothic and Renaissance architecture right next to each other. A short walk from the Santa Maria La Blanca Synagogue, which is one of the oldest in Europe, you can see Mezquita Cristo de la Luz, a church that was constructed as a mosque more than one thousand years ago. In the Church of Santo Tome, you'll discover "The Burial of the Count of Orgaz", one of El Greco's most influential artworks.

The Cathedral of Toledo will undoubtedly be the focal point to which your eye is drawn, thanks to towering position on a hill overlooking the city. Once inside, you can admire works by the likes of Goya, Rubens and El Greco. Built in the 13th century, the cathedral is also home to the portraits of all the cardinals from the church dating back for more than 500 years.

Meal time at Toledo will include, items like veal, roasted lamb, traditional tapas, truffle cake and even some local Spanish wine.



## FOGOFF MURCIA MOSQUITO & PEST CONTROL



Spain's no.1 mosquito control company since 2016

GARDEN MOSQUITO TREATMENTS

ALL PESTS COVERED



634 355 319

WWW.FOGOFFMURCIA.COM



## Montserrat

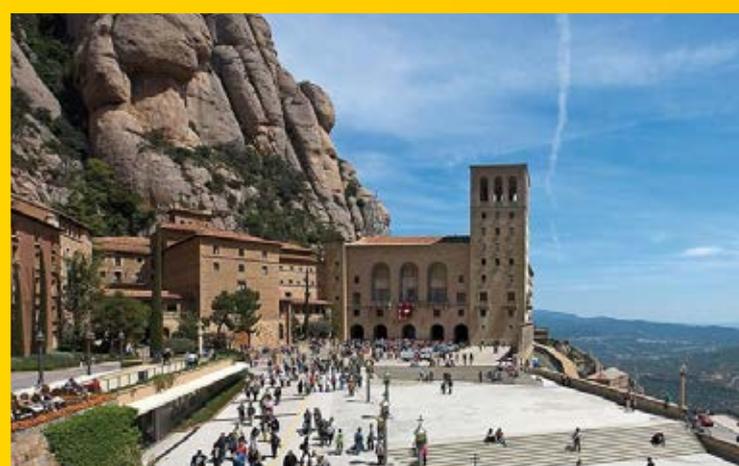
You don't have to travel far from Barcelona to escape the city and explore a completely different side of Spain. On a 10-hour guided tour excursion, you can leave Barcelona and visit an ancient monastery in the mountain tops and then sip local vintages in unparalleled settings.

Montserrat is a mountain overlooking Catalonia, but it is best known for being home to the Santa Maria de Montserrat. This Benedictine Abbey dates back to the 10th century, and it still serves as the home to more than 100 monks.

When you arrive in Montserrat, you'll have the chance to visit the Royal Basilica, admire the 12th century statue known as the Black Virgin, tour the Museum of Montserrat or even ride a cable car to maximize the already incredible view from the mountain tops. Weekdays you get the opportunity to hear the angelic voices of the La Escolania de Montserrat, one of the oldest children's choirs in Europe. There are also ample hiking opportunities for those who want to get away from it all and explore on their own two feet.

After Montserrat, why not take the coach to Sant Sadurni d'Anoia, what many consider to be the cava capital of the world. Cava is a sparkling, bubbling version of champagne local to Spain, and Sant Sadurni d'Anoia is home to some incredible underground wine storage cellars. You'll have to chance to visit a winery or 2 and see how cava is made, from pressing the grapes to bottling it up. Of course,

this is also the time when you'll have opportunities to taste the local cava, revelling in the light and delicious flavour of this iconic Spanish sparkling wine.



# Ávila and Segovia

These 2 great cities will allow you to see everything from Roman aqueducts to Gothic cathedrals. Why not stay in Segovia, and visit Ávila for a day trip.

Ávila is known for its religious significance and its role as the birthplace of iconic female mystic, Saint Teresa. Once you arrive in Ávila, soak in the incredible views from the vantage point of Cuatro Postes. Then, make your way to the most popular religious structures in the city: The Gothic Ávila Cathedral and the Romanesque San Vicente Basilica. Amble along cobblestone streets, snapping as many pictures as possible of the famous medieval walls and the towers dating back to the 11th century.

Segovia. learn about this medieval city, its Roman history and its magnificent location between the Clamores and Eresma Rivers. When you arrive, start by basking in the sheer engineering skill and beauty of the Roman aqueduct, which boasts two tiers and is one of the best preserved landmarks left by the ancient Romans in Spain.



Next up is the Alcazar, a brilliant castle dating from the 11th century that served as inspiration for today's Cinderella Castle at Walt Disney World. A guided tour through Alcazar lets you get close to the stunning turrets and see the exact spot where Queen Isabella herself was crowned in the 15th century.



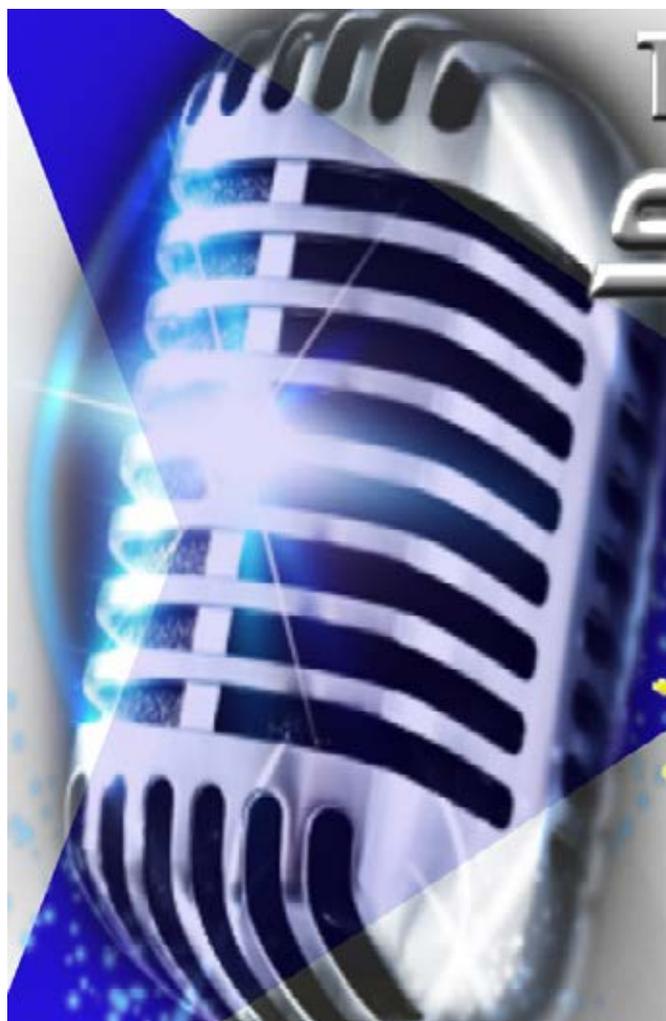


## Girona

The city of Girona is Just 100 km (60 miles) from Barcelona, Girona is filled with medieval architecture. A few miles further away is Figueres, home to the iconic painted Salvador Dali.

As you approach the banks of the Onyar River, you'll see the medieval walled city of Girona ahead. As you follow your guide along cobblestone streets, don't forget to snap plenty of pictures of the Jewish Quarter, which has been in place since the Middle Ages, the incredible facade of the 11th century Girona Cathedral or the panoramic views over the colourful houses on the Onyar.

Why not drive to Figueres. Once you arrive, prepare to see the breathtaking collection of modern works at the Dali Theatre Museum. As you browse through the countless pieces by Dali, you'll gain insight into his creative genius and cultural influences. End the day with a walk through Figueres, and admire the charming city and take some photos to remember the trip



**THE GOOD TIMES  
SOUND  
LIKE  
THIS**

 **Costa Calida Radio**  
90.00 - 100.00 fm

Listen all day.....every day  
on line [www.costacalidaradio.com](http://www.costacalidaradio.com)

Normal Bra Straps are not the most attractive feature of your fashion statement.

Glamstraps adjustable, decorative, replacement bra straps are the answer. Especially when you want to wear that glamorous little off the shoulder number, strappy top or dress!



# GLAMSTRAPS

# 3 X 2

+ FREE SHIPPING  
USE CODE SUMMER 3

[www.glamstraps.com](http://www.glamstraps.com)

**La Romana Self Storage**



UNITS 11m<sup>3</sup> to 44m<sup>3</sup> **FROM €25** PER MONTH

**SELF STORAGE UNITS**

**Contact**

**Colin Crabb**

**Tel: +34 965 075 122**

**+34 633 125 889**



Email: [colin@laromanaselfstorage.com](mailto:colin@laromanaselfstorage.com)  
Web: [www.laromanaselfstorage.com](http://www.laromanaselfstorage.com)

**CYCLOGICAL**



Calle Los Arcos 7, QUESADA 03170  
Cycle Sales, Repairs, Hires, Accessories & Clothing

## e-bike centre

**LARGE SELECTION OF E-BIKES IN STOCK  
OVER 250 CYCLES IN STOCK  
NEW AND USED**

The Costa Blanca's No.1 Pinarello Road Bike Hire Centre  
[www.roadbikehirespain.com](http://www.roadbikehirespain.com)

**COMPLETE RANGE NOW AVAILABLE**

**PINARELLO**  
ROAD BIKES

Opening Hours:

Monday to Friday 09.30 - 17.30 - Saturday 10.00 - 14.00

**FOR MORE INFORMATION CALL  
GARY OR LYNN ON : 637 487 377**



[www.cyclogicalcostablanca.com](http://www.cyclogicalcostablanca.com)

# What is Matcha Tea?

Matcha Tea is basically a very high grade Green tea ground down in to a fine powder. It comes from the Camellia sinensis plant. Yet it is farmed in a totally different way to regular Green tea.

The Green tea plants are grown under shade for around four weeks before they are harvested. This shading controls the amount of light the plant receives, which boosts the plants Chlorophyll. Giving the leaves that deep vibrant green colour. By controlling the plants exposure to the sun this in turn naturally alters the whole chemical balance of the plant itself. During the shaded growth period the tea plant produces more Amino acids in particular Theanine and Caffeine.

When the leaves are picked they are laid out flat to dry. Once dried they are then stripped of the stems and veins which run through them. At this point they are carefully ground to a very fine powder, which resembles a green talcum powder. The grinding procedure has to be a slow one. It is very important not to raise the temperature of the leaves whilst being ground, as doing so the quality of the Matcha can be affected.

Once fully processed and ground into powder we are left with a very potent drink.

In our opinion Matcha is more like a health supplement or super food.

**So don't be confused it's definitely 100% TEA.**

This Iced Matcha Tea recipe keeps us going on these hot summer days. We call it Matcha Cha-Cha.

## INGREDIENTS

1/2 Teaspoon of [teaandinfusions](http://www.teaandinfusions.com) Organic Matcha tea.

White sugar to taste –1/2 teaspoon (optional)

Gaseosa 300ml

Fresh mint leaves

Lime wedge

Ice cubes

## PREPARATION

Add the sugar and Matcha to a jug and mix with a dash of hot water

Add a generous amount of fresh mint and a squeezed wedge of lime to the mix.

Strain into a glass with desired amount of ice cubes

Top glass up with Gaseosa.

Alcohol Free and refreshing

Or if you want to be cheeky add

A dash of Vodka, or Bacardi.

But NO plastic straws Please!



[www.teaandinfusions.com](http://www.teaandinfusions.com)



# Megarsa

ES/FR 602 10 39 80

EN/ES 643 27 47 35

Email megarsapiscinas@gmail.com

Fb Megarsa swimming pool specialists

Web megarsapools.com



Megarsa Specialists is a business with over 30 years experience in pool construction. Gradually through the years we have done bathrooms, kitchens, outdoor bbqs etc. Making us a fully qualified and legal company to do all your jobs!

**FREE**  
no obligation  
**QUOTE**

Location  
Calle Jara 23, Comercial Center  
Sector B, Camposol.



## Car Registrations Spain

# Need to import your UK registered vehicle into Spain?

We are specialists in all aspects of vehicle importation and can provide you with a low cost, professional and quick service

*Free Quotation Available*

Spain: 711 001 721

[info@car-registrations-spain.com](mailto:info@car-registrations-spain.com)

**We'll provide you with:**

- Spanish Registration Document
- ITV card (similar to UK MOT cert)
- ITV Window Sticker
- Receipt for Import Tax
- Receipt for Road Tax
- New Spanish Registration Plates

UK: 02380 200 706

[www.car-registrations-spain.com](http://www.car-registrations-spain.com)

**SPAIN** 29



SPAIN idealista.com

**Prime Property Murcia**  
*'the key to real estate in southern Murcia'*

kyero.com A Place in Sun

Office: +34 868 580 320  
 Mobile: +34 666 819 697  
 Mobile: +34 646 692 471  
 info@primepropertymurcia.com  
 www.primepropertymurcia.com

**Please visit our website to find 360° virtual walkthrough tours with interactive floorplans for most of our properties**



Bolnuevo. ref. 1972. 3 bed 3 bath detached villa, 400m2 build, private pool, amazing sea views. **545,000€**



Puerto de Mazarron. ref. 1975. 5 bed, 4 bath detached Villa, 200m2 build, private pool, sea views. **299,000€**

Mazarron Country Club. ref. 1941. 2 bed 1 bath semi-detached villa, 257m2 plot, private parking. **129,000€**

Mazarron Country Club. ref. 1974. 2 bed, 2 bath terraced villa, 175m2 plot, private parking, **119,500€**

Isla Plana. ref. 1965. 3 bed, 3 bath, 298m2 build detached villa, 851m2 plot, pool, ample parking. **425,000€**

**insureSpain**

**CAR  
 ACCIDENT  
 BUSINESS  
 TRAVEL  
 HOUSE  
 MEDICAL  
 DENTAL  
 LIFE**

**Get a quote TODAY...**  
 tel: 660 170 355  
 info@insurespain.com

Part of the group:

**EXPAT INSURANCE S.L.**

Exclusive agent for:



**Funeral Insurance  
 Full funeral cover  
 From 75euros a year  
 Full cover from day 1  
 No catch - why pay more?**

*North Town...*



# LA MARINA

La Marina is located on the Costa Blanca South between Santa Pola and Guardamar del Segura. La Marina is basically split into two distinct parts, the old coastal town and beach area, and the purpose built residential development (urbanisation La Marina), a short distance inland on the other side of the main coastal road the N-332.

The coastal part of the town has some fantastic sandy beaches, which even in the peak season are so big that they never get packed, and you can always find a spot away from the crowds to enjoy the sunny weather.

La Marina is a small town in an area of protected pine forests and it comes alive during the summer months when people fill the town to enjoy the small but busy beach tourist resort. Clearly, La Marina is a great location for a beach holiday, if that is all you want from a holiday then you won't need to go anywhere else, as everything you need for a great family holiday in the sun is right here in La Marina.

Enjoy a traditional Spanish experience by visiting the street markets which are held every Thursday and Sunday from 8am to 2pm. Here you will find stalls selling local produce including fruits, vegetables, leather goods such as handbags, shoes, belts and purses.

To the south of La Marina are urbanisation Bella Vista and urbanisation Las Pesqueras, then comes Guardamar del Segura, a much larger coastal town with great beaches. To the north of La Marina is Santa Pola with its miles of sandy beaches and a large town centre. Also just north of La Marina are lots of salt lakes such as Salinas del Brac del Port which create a very healthy atmosphere for people suffering from health problems such as allergies or arthritis.

### **La Marina Urbanisation**

La Marina is a popular place where many people live all year round especially in the growing La Marina urbanisation which is slightly inland off the coast (and separate from the actual town of La Marina) and just off the N-322. It has plenty of shops, bars and restaurants so you have plenty of facilities on your doorstep that you can easily walk to. There are four supermarkets including SuperValue (the tourist office is opposite here). There is also a newsagent, optician, bank and an ice-cream parlour.

La Marina is broken down into three main areas: La Marina, La Escuera and El Oasis. You may also see it referred to as Marina Oasis and smaller parts include the blocks of Marina Sol, Marina del Mar 1, Urb. Jazmin, Urb. Oasis, Isla Christina, Lo Grane and Residencial Oasis. It is well-designed with plenty of parks and green zones where you can play football or walk dogs.

The La Marina urbanization has all its own amenities, making it pretty much self sufficient, and of course there are a glut of rental properties in the area. There is a local bus service which will take you to the shops, bars and restaurants on the urbanisation. The Vega bus goes to the beach 2km away. A good option is to rent a villa with pool. This means that for most days you can simply laze by the pool, cook on the barbeque and make the most of the superb weather conditions that are enjoyed here throughout the year.

With a car you will be able to get out and about and visit the numerous coastal resorts, as well as attractions like the Rio Safari park between Santa Pola and Elche. You can also get to local golf courses, of which there are plenty in the area. Don't forget a trip into the city of Alicante where the best shopping area can be found. Likewise for culture, maybe a visit to the Santa Barbara Castle is also ideal.

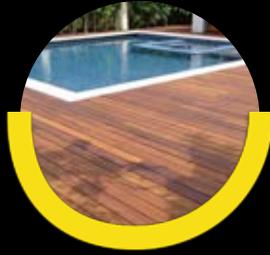
La Marina is surrounded by some charming little towns and villages such as Daya Vieja, Daya Nueva, Almoradi, Algorfa, Rojales, Formentera del Segura, San Fulgencio and Catral. All have been developed to a degree. If you are looking to buy property, there are plenty of villas and apartments for sale.

### **Beaches**

La Marina's major attraction is clearly its 11 kilometers of golden sandy beaches backed with sand dunes. The main beach at La Marina is Playa La Marina and is a Blue Flag awarded beach.



**DECKING**



**SUMMER HOUSE**



**PERGOLA**



**LAMINATE FLOORING**



**AIR CON COVERS**



**GENERAL CARPENTRY**



✉ [evolutionwithwood@outlook.com](mailto:evolutionwithwood@outlook.com) 🌐 [www.evolutionwithwood.es](http://www.evolutionwithwood.es) ☎ **656 531 503**



**SELLING FEES 2.5%  
WITH A MINIMUM FEE**

**MORE PROPERTIES  
NEEDED URGENTLY**

Our sales success means we urgently need more properties in & around Camposol to sell

**Struggling to sell your property?  
contact us today!**

Calle Jara,  
Camposol B,  
30875 Mazarrón  
Tel: 968 979 876

Opening Hours:  
Mon-Fri: 9am till 6pm  
Sat: 9am till 2pm  
Sun: Closed

[www.2let2sell2buy.com](http://www.2let2sell2buy.com)



YouTube  
Costa.Calida.Expats



**CAC1332**

A well-presented Neptuno Deluxe Style Villa, 3 bed, 3.5 bath, walking distance to golf club, solar water, gated entrances, electric gate vehicle access, private pool, hot tub, low maintenance gardens, outside bar/kitchen, glazed terrace, under build for storage. Being sold fully furnished.



**CAC1250**

Unique 4bed, 4bath south-facing Detached Spanish Villa, 620M2 corner plot, walking distance to the golf club, gated entrances, off road parking, Private pool 10x5, mature gardens, wrap around terrace, contemporary living, modern kitchen, log burner, oil central heating, dual A.C. Being sold fully furnished.



**CAC1173**

This quad semi-detached 2 bed, 1 bath Fiesta style villa which has low level steps, decorative balustrades, off road parking a tiled driveway, front terrace, rooftop solarium, small rear terrace, internet TV, tv & telephone socket, new windows and blinds, new external doors.

# Spain

*Did you know?*

## 1. The Kingdom of Spain, as it's officially known, is the second largest country in the EU

With an area of 505,955 square kilometres, Spain covers about 85% of the Iberian Peninsula, which it shares with Portugal.

## 2. Spain was once a number of separate kingdoms with different languages

They were unified in the 15th century after the marriage of two Catholic monarchs Ferdinand of Aragon and Isabella of Castile. These kingdoms became the basis for many of the different regions in modern Spain. Today, there are 17 autonomous regions (15 on the mainland and the Balearic and Canary Islands), and two autonomous enclaves of Ceuta and Melilla in North Africa.

## 3. Spanish is the second most widely spoken language in the world

There are an estimated 437 million people native speakers of Spanish, it comes only after Chinese. While Castilian Spanish is the official language, in Catalonia, the Basque country and Galicia, the regional languages of Catalan, Basque and Galician all have official status.

## 4. Nudity is legal in Spain

Some say all the better to enjoy the country's mainly Mediterranean-temperate climate with its hot dry summers, mild, rainy winters and more than 3,000 hours of sunlight a year. Spain also had the youngest marrying age in Europe before it changed the legal age from 14 to 16 years in 2015.

## 5. The population of 49 million is the fifth largest in Europe

With more than three-quarters living in urban areas. Around 6.5 million people live in Madrid and 5.5 million in Barcelona, both cities have more inhabitants than the entire populations of Ireland or New Zealand.

## 6. Spain has the second highest life expectancy of all the OECD countries

With a life expectancy of 83 years, Spain comes second only after Japan. Spanish women live longer than men: 85 compared to 79 years.

## 7. The United Nations projects that Spain will be among the world's oldest countries by 2050

With over 30% of the population aged aged 60 and above.

## 8. Only 13.6% of Spain's population actually goes to church on Sundays

Yet some 70% of the population are Roman Catholic, according to a 2012 study by the Centre for Sociological Studies in Spain.

## 9. Spain is a constitutional monarchy

Former king Juan Carlos I came to the throne after the right-wing dictator General Franco died in 1975. Once one of Europe's most beloved monarchs, Juan Carlos fell from favour in recent years and abdicated in favour of his son, King Felipe VI, in 2014.

## 10. There is only one tax inspector for every 1,928 taxpayers

Compared to one per 729 people in France. So while Spain's economy ranked 13th in the world, with a GDP of 1,356 billion USD (€989 billion) in the 2013 Centre for Economic Research (Cebr) World Economic League Table, the Spanish Inland Revenue says a quarter of the GDP comes from the 'black' economy.



# Personalised products and great offers to meet customers' real needs!



**When it comes to choosing an insurance policy that's right for you, it's important to take into consideration a number of things. Price will (of course) be a significant factor, but you really need to consider what you're going to get for your money.**

Are you paying for what you actually need? Will you have the backing of a reputable company that really understands your requirements – and can they offer the right advice on the right product(s) for you? Moreover, do you have the chance to discuss, personally, your insurance needs with a professional insurance advisor in your own language?

The insurance market is now more competitive than ever before, so it's not surprising that consumers are increasingly looking for more competitive and innovative packages that can be tailored to their own circumstances. Leading expat insurance provider, LIBERTY SEGUROS understands this, which is why it continues to innovate its range to be able to offer products that can be personalised to suit customers' real needs.

LIBERTY SEGUROS also understands that in this current climate, price is without a doubt a mitigating factor; and it is proud to be a competitive player in the expat insurance marketplace.

Furthermore, it regularly offers fantastic deals to not only to new customers but also existing customers to reward their continual loyalty. (This is not something that every insurance provider out there does!).

For example, from now up until 24th November 2022, with LIBERTY SEGUROS existing clients will receive €60 Cashback on each new policy that they take out. New clients can make great savings too, with €30 Cashback on their first Life, Home or Car policies and €60 Cashback on subsequent new policies thereafter\*.

This means that if you take out more than one product with LIBERTY SEGUROS, apart from having the peace of mind of having it all under one company, you will always save more!

Best of all though, their competitive products now come with more benefits and advantages than ever before!

As an example, you don't need to declare your vehicle accessories with LIBERTY SEGUROS Car policies. All your car's extras are covered as standard, for free, if they have been fitted by the vehicle's manufacturer. Car policies also include a courtesy car for up to 45 days or €35/day for taxi. You can also choose your own repair garage and, in the case of total loss of theft, you can get up to 30% compensation on top of the list price.

When it comes to Home policies, customers can now add Optional Packs to suit their individual requirements too. For example, you can get compensation for additional water costs due to a broken pipe up to the value of €1,000; and up to €600 per claim/year to help with the unblocking of pipes. Surveillance can also be provided for up to 72 hours for a home that has been left unprotected after a robbery and you can have cover for garden furniture even when it has been damaged by adverse weather conditions.

With regard to Life policies, the covers and optional extras are extensive as well. For example, you have the option of taking out Level Term Life Insurance with no premium increase for 10 years, guaranteeing the same death benefit and the same level of payments for the full length of the term.

Amongst others, optional extras for Life policies include: extended cover for repatriation to any country; and, if you have children under the age of 18, beneficiaries can receive double the insured capital in the event of the death of both spouses in the same accident without having to take out an additional policy.

LIBERTY SEGUROS really does have you covered and always has your real needs in mind, so it's not surprising that it is still the expat's preferred insurer in Spain. It offers peace of mind with its wide range of products and provides you with all the necessary tools to keep you, your loved ones and your assets safe and secure.

To find out more, why not speak to one of the more than 300 qualified expatriate brokers and agents and explain your individual needs. They are available to provide friendly, tailored and expert advice about the best covers and options to suit your specific circumstances in Spain.

**For the location of your nearest broker/agent, visit [www.libertyexpatriates.es](http://www.libertyexpatriates.es) or call 91 342 25 49.**



**Liberty  
Seguros®**

**#1  
preferred  
expat  
insurer**

\* Conditions and minimum premiums will be applied.

## *The wine Decanter*

The wine decanter is a glass vessel whose base is wider than the mouth whose purpose is to air the wine. The decanting process of a wine consists in the separation of two substances (liquid and solid) in order to taste completely optimal wines without sediments. The wine takes colour, tempers and oxygenates. For example, in aged wines, the utility of the wine decanter allows the grounds to remain at the base of the container.

### **Why use a wine decanter:**

- To be able to enjoy the whole bouquet of wine. After the ageing process in a bottle, the aromas are rested, "closed", so if we decant these wines we replay their original aromas. Recommended for wines of at least 2 years.

- Because the tannins are integrated, thus achieving a very pleasant taste. Some wines are of slight roughness consumed freshly opened, once the wine has decanted it manages to release hidden aromas with fruity touches. This occurs especially with structured and fleshy wines.

### **Decanter use:**

Keep in mind that depending on the wine, it will need to be decanted or not. In case it is necessary to use it, it will not always have the same result:

In young wines, the decantation manages to enhance the aromas since it helps their oxidation. In aged wines on the other hand, it is done to separate them from their sediment and accelerate their oxygenation.

### **How to decant a wine:**

1-. We pour the wine gently through the decanter walls. If it is a young wine, we will directly pour the content into the decanter. In the case of aged wines, we will try to carry out the process slowly and preventing the sediment from passing into the container, keeping it inside the bottle. So if the wine is over 10 years old, we will leave a part without pouring into the decanter.

2-. Let it air for at least 5 minutes so that the wine is oxygenated and reproduces all its aromas and flavours.

Differences between the wine decanter and the wine aerator, which is another element that also oxygenates the wine. However, there are subtle differences between the two. The main difference is that with the wine aerator the wine remains less time oxygenating. On the other hand, the surface of exposed wine is greater with the decanter, since here we pour the entire contents into the container. Both the wine decanter and the wine aerator are products that everyone who enjoys the pleasure of tasting a good wine will be surprised and pleased with, and you can find them in the Wine Accessories section of La Diligente online store .

In any case, the important thing is that the wine embellishes the moment in which the tasting takes place. It can be a special occasion, sitting around the table, with our partner, the most special friends ... or even enjoying it individually on the sofa in our house. A moment with a glass of wine is a moment that we live full of flavor and magic.



*Wine of the month*

## **Reserva Especial Chardonnay RIMARTS**

**Grape variety: Chardonnay 100%, DO Cava**

**The best Chardonnay in the winery. indigenous traditional fermentation with more than 50 months ageing.**

Bright pale lemon, Intense nasal, with roasted apple notes, water pear, pastry notes, angel hair caramel, toasted almonds, orange blossom water and balsamic. Tasty and very well integrated. Carbonic with sensations of loquat in the mouth with papaya flavours, lemon yogurt, nuts, toasted bread, herbs and fennel. Persistent and pleasant citrus and smoked finish.

**Pairing:** Suitable for a whole meal or snack especially cheeses, rice, fish, oysters, seafood in general.



You can find and buy this wine in LA DILIGENTE.

Wine tasting from 8€ pp. Min. 8 people. Contact for details.

Located in Avenida Murcia, 9 - El Jimenado 30708 - MURCIA

[www.ladiligente.es](http://www.ladiligente.es)

Opening Time Monday to Friday 10h - 14h and 17h -20h

Saturday 10h - 14h

Also delivery contact [ladiligente@ladiligente.es](mailto:ladiligente@ladiligente.es)

## **LA DILIGENTE**

Compañía de Vinos

A PLACE TO FIND YOUR WINE  
& THE PERFECT EXPERIENCE

WINE TASTING  
PAIRINGS  
EVENTS  
FUN



MON TO FRI 10h -14h and 17h - 20h  
SATURDAY 10h - 14h

Find us in Avenida Murcia, 9 El Jimenado 30708

[www.ladiligente.es](http://www.ladiligente.es)



# ABC Solicitors



**CONVEYANCING**



**FAMILY LAW**



**INHERITANCE**



**OTHER SERVICES**



**TAX LAW**

**WEB** [WWW.ABCSOLICITORS.COM](http://WWW.ABCSOLICITORS.COM)  
**EMAIL** [ABC2@ABCSOLICITORS.COM](mailto:ABC2@ABCSOLICITORS.COM)  
**TEL** +34 965 32 62 21

Centro Comercial La Mosca, Local 24  
Calle Santa Alodia 2  
Playa Flamenca, Orihuela Costa  
03189, Alicante, Spain

# B Casa Boquera

The Schalde family wine experience

info@casaboquera.com | +34 968 01 15 11

Paraje Boquera del Carche  
30510- Yecla – Murcia

Why not enjoy a luxurious day out this summer?

- Wine tasting
- Swimming pool area
- Tasting menu

With a menu inspired by the surroundings that changes according to the season, take the opportunity of dining in a vineyard, visit our wine cellar and choose the perfect wine for your meal or let one of our professionals recommend one for you. A special experience, perfect for friends and family as well as business relations.

## NEW OPENING

Wednesday to Saturday all day

Sunday lunch

Contact us for bookings



Visit our small family winery with guided tours and wine tasting



your partner to sell or buy  
your villa  
in Pinoso Yecla,  
the Hondon Valley,  
Abanilla & Fortuna



*Nous parlons votre langue et nous vous assistons dans la recherche de votre villa de rêve*

*Wij spreken uw taal en staan u dan ook voor 100% bij in het vinden van uw droomvilla*

*Wir sprechen Ihre Sprache und helfen Ihnen Ihre Traumvilla zu finden*

*We speak your language and can assist you to find your dream villa in Spain*

**0034 685297802, e-mail: info.countryvillaspain@gmail.com (ask for Brigitte)**

www.countryvillaspain.com



country villa  
**spain**





# 4 appliances to save electricity at home ... or maybe not.

Home automation and gadgets such as smart plugs serve to lower the electricity bill, although the investment may not always compensate the savings achieved.

The goal is to reduce the electricity bill. But is there any way to control your consumption? Home automation and ingenuity come together to create new gadgets that promise to help you spending less energy such as electrical meters connected to your mobile to plugs that claim to be "smart." But do they really save that much electricity?

In this article we will try to solve this dilemma.

## 1. Electric meter: to control electricity consumption.

The arrival of the hourly rate has not been easy to understand for the average consumer. Having to check daily the different prices of electricity in the wholesale market has not settled among most users. Neither has the user been able to enjoy great benefits by adjusting their tasks to the most economical rates.

A solution has been the launch of electric meters that control the consumption at all times. Thus, the less active consumer can receive recommendations on his mobile phone to reduce his electric bill without great complications, while the more active user may even have a more precise vision of how much electricity certain appliances connected to the mains are actually using.

But do they really save money? The answer is not that simple, since it depends a lot on the use that is given to it. First, they promise to reduce the bill between 10% and 15%. However, it should be taken into account that this type of equipment cost about 120 Euros, so you have to apply well all recommendations to amortize their cost.

## 2. The Google thermostat

Google also wants a piece of the cake with the sale of their gadgets thanks to home automation. Thermostats that promise to control the temperature of our home to balance the well-being of the family and the cost of energy. You can remotely connect with your home from the smartphone to set the temperature before you arrive to your house.

Now, is this device worth the investment or not? Well, the version of this device is marketed in Spain for more than 225 Euros makes it possible and can have under control the boiler, central heating and the hot water. However, there is no air conditioning. Therefore, it is not the most interesting solution during the hot months and in this part of Spain we do tend to have long summers.

## 3. The smart plug.

Phantom consumption represents more than 10% of the total energy used in a home, according to data from the Institute for Energy Diversification and Saving (IDAE).

I wrote an article not long ago called "Appliances consume electricity even when you switch them off".





# MURCIA PROPERTY SERVICES

since 2008

A Place in the Sun

rightmove

ZOOPLA

kyero



Ref 52 89,000€

Hacienda Riquelme  
2 Bed Apartment



Ref 263 149,950€

Sucina  
3 Bed Link Detached Vila



Ref 258 115,000€

Sucina  
3 Bed Semi Detached Vila



Ref 250 140,000€

Sucina  
3 Bed Detached Villa

We have clients waiting to buy, Contact us to get your property listed.

+34 658 31 84 38

andyh.mps@gmail.com

www.murciapropertyservices.es

Plaza Arteaga No. 6  
Sucina  
Murcia 30590

The question is: can you avoid paying for leaving some devices in standby mode? This is the basis on which you can start saving with the new smart plug.

Its main function is to control the on and off of any device, either programming it or doing it from a mobile application. In this way, it is possible to turn on any device that is expected to need on arrival a few minutes before, such as the water heater, preventing it from consuming all day. It is also a good ally to create the illusion that there is someone at home when you are not, preventing any intruders from entering the home by programming the switching on and off during the day.

The question, once again is whether it compensates or not. In this case, the price of this plug is not much (less than 36 Euros), so amortizing it may take little time. So for savers, this is a good ally to start lowering the electricity bills without making a big initial outlay.

#### 4. The smart meter, the device that everyone has or will have soon.

Home automation can be a great companion in the war against oscillations in the price of electricity. However, it is important to get the most out of one that is already installed and allows you to have a lot of information on consumption.

The large electricity companies take advantage of the intelligent meter to give real data on the energy expenditure that is done in each home. This information serves to have a control of what is consumed compared

to previous months, as well as identify the hours in which more light is needed.

But, does it make savings possible or is it **pure marketing**?

First, it is a device that is compulsory, so its cost is already part of your receipt. However, it can be used for the benefit of the user. Thanks to this sneak, you can know if the rate is the most indicated. And, why keep a fixed price contract if the highest consumption is done at night? Moreover, if the situation were reversed, is there no company that offers a rate that fits our habits with lower rates? In short, this is the device that helps save the most if you pay attention and dedicate a bit of your time.

PACHECO &  
ASOCIADOS  
— Architects —

juan.pacheco@spanisharchitect.info  
www.spanisharchitect.info  
T. +34 868 042 442

C/ Molina de Segura Nº 5. Bloq. 8-3ºC. 30007 Murcia.

# What's next?

## By Taquilla Tickets

WOW!!! What a summer that was. We, at Taquilla Tickets, hope that you all enjoyed your time with family and friends, travelling around Spain, or even just lazing by the pool. Whatever you were doing, we hope you had a lovely time. Taquilla Tickets have been very busy taking hundreds of people to locations all over the region and far beyond. Now we must concentrate on Autumn and, sorry to say it, Winter !! We hope we can warm your hearts with some visits and events designed to "Take you away from it all".

So, let's start with a guided tour of Lorca on the 21st of October: This city is so underrated, but has such a lot to offer. We will start at the world-famous Lorca Castle. We have acquired the services of a professional tour guide to take us on this tour AND, the tour will be in English. Each guest will have the use of a headset, so no crowding around trying to understand what is being said! Have you ever seen the parades at Easter that the Spanish do so well? Such a lot of work goes into the design and embroidery of the clothing, pennants and costumes. Over 1,500 pieces to look at. Amazing !! We will have a tour of the old town, and we will have a three-course "Menu Del Dia" as well. This is well worth a visit.

On the 25th October we are going off (by popular demand) to the stunning city of Granada and the Alhambra Palace. This will be our third trip to this amazing place, and we will be there on the 25th, 26th, and 27th. Included in the price will be a tour of the Alhambra Palace and the Generalife Gardens. If you have never been, it really is a spectacular place to go, and we are offering you the chance to visit one of the most visited Palaces in the whole of Spain, if not the world. Designed as a military zone, in the beginning, the Alhambra became the court and official residence of the Nasrid Kings. We can't describe everything about the Alhambra in this article but you will not be disappointed when you see the architecture, the fountains, and the beauty of this magnificent structure. The Generalife Gardens became a leisure place for the Kings of Granada, STUNNING !!!! You can even take an open-top bus tour of the city itself if you fancy it. This one is a trip that you will never forget, promise !!

Our next trip will be to Zoco Market. Located in Alicante Province and the city of Torrevieja in particular, Zoco market has a lot to offer. On Sunday the 30th October, Taquilla Tickets will take you to this market where, if you want, you can get a pair of shoes made whilst you go about "having a good shop". YES REALLY !! Why not come and join us ?

Just a day later we will be taking guests to do a spot of wine tasting. On the 31st of October, we will be visiting the family-run Bodega Balcona. Set in the beautiful "Valley of the Aceniche", you will see how these wines are made. You can stroll through the vineyards before tasting 5 different wines (and a taste of tapas too !!). You will be able to buy wines of your choice as well. This is a very popular trip, and we invite you to book early. After the tour, we will take you to a local Restaurant for a three-course "Menu Del Dia" lunch. Enjoy!

Just north of Benidorm, and Guadalest in particular, sits the town of Concentaina. Almost 700 years ago King Pedro ceremoniously gave the residents permission to celebrate "The Day of the Dead" (1st November) to hold a market. Little did King

Pedro know that all those years later nearly 700 stalls would be erected selling just about anything and everything. This market covers nearly every street in the town and stallholders will be dressed in the Medieval style. So, on this first day of November 2022, Taquilla Tickets will take you to enjoy this market in all its glory. What a brilliant day out.

Are you a Celtic Fan ? Do you have tickets to see Celtic take on Madrid in the EUEFA CHAMPIONS LEAGUE but can't get there? Or would you like to get to Madrid and buy a ticket there? Taquilla Tickets is offering you the chance to travel to Madrid on the 2nd of November and return (Coach Only I'm afraid as we cannot provide you with a ticket). Please note: THIS IS A ONE-DAY TRIP. Get in touch soon !!

Do you remember the days when Mini Skirts and the Beehive hair were all the rage ??

The 1960s gave birth to a lot, including some of the best music ever. Taquilla Tickets has a 2-day package (6th and 7th of November) available to take you to the wonderful "Benidorm Palace" to see "Twist and Shout". Come and sing and dance to the sounds of The Beatles, Hermans Hermits, Gerry and the Pacemakers, The Rolling Stones, and many many more. A professional cast takes you on this 60s extravaganza with a live band and a brilliant cast of dancers and singers. You will even get a meal too. Now that's not bad !! Our Hotel is just across the road from Benidorm Palace. Now that's even better, right?

On the 12th of November, we are taking you shopping once again. This time to La Zenia Boulevard.

On Friday the 18th of November we are taking guests to the beautiful Algar Water Falls and Guadalest. 2 visits in one day ladies and gentlemen! The Algar Waterfalls are really beautiful. Stunning scenery, beautiful mountains, and waterfalls that are completely natural. After a couple of hours, we will then take you to the picturesque village of Guadalest. This has to be Alicante's most visited village. The official name is: El Castell de Guadalest, but Guadalest will do ! This small medieval village is located in one of the most stunning valleys of the Costa Blanca, The Guadalest Valley. This trip is another "Cracker".

As always, you can find us on Condado de Alhama (Inside the office of Sparkles) or at Cats Bar on Camposol A. You can contact us on: Sally-0034 657346445. Nigel on 0034 642501568. You can email us at: taquillaticketscondado@gmail.com. Happy travels everyone.

All information can be found on our website [www.taquillaticketscondado.com](http://www.taquillaticketscondado.com) or why not come and see us in one of our offices  
Camposol A - Cats Bar  
Condado de Alhama - Al Kasar  
Looking forward to Seeing everyone

For more details call:  
Sally: 657346445

# Taquilla



**Your one stop ticket shop**

**[www.taquillaticketscondado.com](http://www.taquillaticketscondado.com)**

**Discount Waterpark Tickets \* Quad Biking \* Boat trips**

**Concert Tickets \* Coach Trips \* Private Hire Transfers**

**.... and More**

**Visit our Offices on Condado De Alhama or  
Camposol**

## Contact us

Call 657346445 or 605180894

Available on WhatsApp

Email [taquillaticketscondado@gmail.com](mailto:taquillaticketscondado@gmail.com)

visit [www.taquillaticketscondado.com](http://www.taquillaticketscondado.com)

Follow us on Facebook

Fully Legal, Reliable, Honest Family run business.



**If you plan to visit the Catalan capital, the Sagrada Familia should be at the top of your list of things to see and do during your stay in Barcelona. This church will surprise you, not only because of its massive size, but especially because of its avant-garde architecture, which perfectly shows off the genius of its architect, Antoni Gaudí. Let's go and discover the most visited monument in Spain**

### History of the Sagrada Familia

This monumental basilica is known in Spanish as "el Templo Expiatorio de la Sagrada Familia", which literally translates to the "Expiatory Temple of the Sacred Family". Although the official starting date of work on the basilica is March 19, 1882, construction truly began over a year later on August 25, 1883.

Originally, it was architect Francisco de Paula del Villar who was in charge of the project, which he envisioned in a classic Gothic style. His plans consisted of a three-nave church with elements such as blister windows, exterior buttresses and a high needle-like spire, all typical to Gothic architecture. But eventually, the work was entrusted to Antoni Gaudí in 1883, aged just 31 years old. Gaudí completely changed the original project and began building his most famous work.

The Sagrada Familia is an expiatory temple, that is to say, a place made to commemorate the reparation of sins made against God or the laws of the Church. The work is directly financed by donations made by visitors and the public, which explains its slow construction progress. Gaudí even once said "the Expiatory Temple of the Sagrada Familia is made by the people and this is reflected in it. It is a work that is in the hands of God and the will of the people".

### The work

Gaudí was aware that the construction of the Sagrada Familia would last for centuries, which is why he proposed to focus on the front of the church; he wanted the generation that had begun the work to be able to enjoy a form of completion, as well as inspire future generations to continue the construction of a project that had begun before their time.

Gaudí tried to define the Sagrada Familia's construction, but he only completed detailed plans for the three of the most important parts: the central nave, the sacristy and the facade of Glory. These three plans have been used to inspire further construction, including that of other naves and central towers.

### The Nativity Facade

The Nativity facade symbolizes, as its name suggests, the birth of Jesus. Built between 1894 and 1930, it is the only facade to be built almost to completion while Gaudí was alive. Gaudí saw the facade as a representation of nativity, a symbol of life and creation. That is why he introduced its exuberant ornamentation, including animals and tools mixed with symbols, such as the Tree of Life.

Facing the east (north-east to be precise), the facade has three entries that represent the theological virtues: Hope to the left, Faith to the right and Charity at the centre, along with the Door of Jesus and the Tree of Life. The facade culminates with four bell towers dedicated to St. Matthew, St. Jude, St. Simon and St. Barnabas.

### The Passion Facade

Work on the Passion Facade began in 1954 and it was completed in 1976, its construction guided by drawings made by Gaudí. Decorative work was carried out after its initial completion.

Gaudí described his design of the Passion Facade as follows: "Some will find this door too extravagant; I wanted it to impose fear. To achieve this, I did not avoid shadows, motifs coming in and out, and everything to gain a dark effect. I am ready to sacrifice this construction, to cut the columns to give an idea of the cruelty of sacrifice."

### The Facade of Glory

The Facade of Glory will be the largest and most important of the three facades, because it is the one that will give access to the basilica's central nave. Work on this facade began in 2002 and it is therefore not very far along. This facade is dedicated to the heavenly glory of Jesus and represents his rise to heaven. Knowing that he would not see the beginning of this facade in his lifetime, Gaudí drew only a few sketches showing his general ideas and plans: representations of Death, Final Judgment, and Glory, as well as Hell for anyone that deviates from God's path.

### The Sagrada Familia in numbers:

14,000 people can fit inside the Sagrada Familia

4500 m<sup>2</sup>

170 metre high central tower dedicated to Jesus (the tallest religious building in the world)

12 bells to represent the 12 apostles of Jesus

120 metres long and 90 metres wide

More than 2.5 million visitors a year



### Do you need health insurance?

- Accepted for residencia
- No co payments
- No limits
- Policy in English
- Paperwork in English

# insureSpain

Get a quote **TODAY...**

tel: 660 170 355

[info@insurespain.com](mailto:info@insurespain.com)



## AUTOHOUSE LA MANGA



New & Used car sales, we can also source a car to your requirements

Visit our showroom just off the RM12 Exit 7 - Los Belones

Call (+34) 654 013 833

[www.autohouselamanga.com](http://www.autohouselamanga.com)

# The Journey - Vintage Pilgrim by Carol Hughes, owner of Legs & Co.

**2nd Feb 2019**

Whoop, Whoop! Great news, we are picking up the keys for our new home today. The lady we are meeting works for the seller's solicitors, good old Google Maps to the rescue again. I really do not understand how we used to manage with paper maps. I know when I needed to go somewhere new, I used to print off directions and memorise them before I left the house. Although I also remember being sat next to my Hubby when we were first married, reading a map and getting us lost! A Lot.

Ok! So, I have the keys now we need to find the house! Yeah, it's in the middle of nowhere and doesn't show on google maps, well we have never had the address as such. This will be an adventure; we are setting off in the direction we think the house is from memory. Heading towards the nearest town. Ooh, we found it, without too much hassle. For once in his life my dearest hubby has actually retained a memory! Once we had found the restaurant where we met the estate agent, when we originally viewed the property, we had a rough idea where to go.

Oh dear! It looks like we need to stay in Bolnuevo for time being. Good job we are booked in for tonight, reason you ask? Well number one the house is freezing. We have no hot water, and wait till you hear the best bit, No Bed! Duh, yeah didn't think of that. Furniture is all in transit, we will have to buy a bed. I have Googled furniture shops near us in Google maps and we are off to Mazarron to find a bed.

Phew we have bought a bed it is being delivered Monday; they were really helpful in the shop. I have been into the Chinese shop bought some bedding. (The Chinese shops sell everything) So we are setting off back to Bolnuevo for food and sleep we are both shattered. Think poor Charlie is

wondering what is going on he is so good; he just sits looking out of the window taking it all in.

**3rd Feb 2019**

Urgh! Cleaning all day today the house is damp, Freezing and filthy. It has been empty for 2 years, so certainly needs airing out. I really need to get someone out to look at this boiler it looks ancient, and its gas along with cooker. Not gas like in the UK, oh no! gas like you have with your BBQ, they all run off gas bottles! Don't like that idea, Gas Bottle in my house! It might blow up!

The people who bought our house in the UK called us this evening! To see if we had forgotten something? well probably, I forgot a lot of things including my Make-Up. But that's not what they are talking about. They think we have forgotten our Cat! I can be dim but not that dim. The cat belongs to next door, but it's been sitting on their windowsill trying to get in, so they thought it was ours. lol

**4th Feb 2019**

Big day we are moving into the house eek! The bed is being delivered this afternoon and we need heaters the house is so cold. I advertised on local Social media pages yesterday to find an electrician. I need someone to have a look at a few of these sockets and need a new electric boiler. The electrician is coming tomorrow and is bringing a plumber with him. They will have a look see if they can get the boiler going, so we can at least have some hot water. He will also give us a price for doing the work that needs doing around the house.

Charlie has just looked at me as much as to say, "I preferred last night accommodation not thinking much to this mum!" poor soul is shivering good job he has a basket and blanket.

**LEGS AND CO.**  
Established in Spain Since 2003  
Avenida Tierno Galvan, 19, Puerto de Mazarron  
**711 023 232**  
Your local clothing Store for U.K. Sized Clothing & Lingerie

Free Bra fitting Service

Open 10.30 to 14.30 Tue to Sat

# Arrived!!!

Oh my god it is so cold.

## 5th Feb 2019

What a night think I have hypothermia! so cold all night could see my breath even with the heater on all night. This is Spain it's not supposed to be cold, obviously Murcia did not get the memo, advising that temperatures cannot go below 24deg! I blame the weatherman.

The plumber and electrician have been. The house needs rewiring which I suspected it would, and we need a new boiler.

Will the plumber has come back with an electric boiler and plumbed it in, he is a superstar we have hot water, well so long as nothing else is on while water heater is! The House definitely needs rewiring, if you put kettle on with boiler on everything trips.

The plumber Wull is starting the bathroom (which

is Green at the moment) on the 11th (Monday) and the electrician Paul is starting on the 13th (Wednesday) both of them are English but qualified in Spain so Spanish spec and UK safety! Win win.

You cannot get into loft space, so I have no idea how they will rewire it. Good job they know what they are doing, the plumber has explained to us the ceilings are moulded and suspended! I had no idea I thought they were polystyrene like the ones you used to get in the 70's / 80's but no ceilings are old, they feel like ceramic. I learn something about this house every day.

**UK:**  
**(0044) 7709 557109**



**Murcia Camposol:**  
**(0034) 608 061 872**

**SPECIALISTS IN UK AND SPANISH REMOVALS & STORAGE**  
Removals at affordable prices with over 20 years combined experience.

**YOU WON'T FIND A BETTER PRICE OFFERING  
THE SAME COVER AND INCLUSIONS**

From single items to full loads,  
delivered throughout Europe and the UK  
Full and part packaging service available.  
Storage facilities including free storage period  
Goods in transit insurance included in all deliveries



**LET US TAKE THE STRESS OUT OF YOUR MOVE.**  
**The price we quote is the price you pay.**  
**CONTACT US FOR NO OBLIGATION QUOTE**

[lordsremovals@hotmail.com](mailto:lordsremovals@hotmail.com)  
Ask about special UK-Spain discounts.

[www.lordsremovals.com](http://www.lordsremovals.com)  
Trips to and from Spain every week.

**insureSpain**

**CAR**

**ACCIDENT**

**BUSINESS**

**TRAVEL**

**HOUSE**

**MEDICAL**

**DENTAL**

**LIFE**



Part of the group:

**EXPAT INSURANCE** S.L.

**Service centres  
now open in:**

Condado de Alhama  
Camposol  
Murcia  
Fuente Álamo  
Mallorca

**Call for details**

**Special health insurance for  
residencia now available**

**Get a quote TODAY...**

tel: 660 170 355

info@insurespain.com